



Vikingland Community Support Program  
and the Douglas County Local Advisory  
Council invite you to join us for the  
annual:

# **MENTAL HEALTH AWARENESS WALK**

Music and a light lunch will be provided.  
Please help us raise awareness and  
stomp out stigma. Free shirts will be  
handed out until supplies last. We will be  
walking from VCSP office to City Hall and  
back.

**FRIDAY MAY 17TH FROM 11:30-1:00 PM  
1106 BROADWAY ST.  
ALEXANDRIA, MN 56308**