

March 2024 Activities

Call Cherie at (320) 422-4777 if you have any questions and to **sign up** for an event.

Events are **weather permitting** and will be canceled if less than 5 people sign up for them. Related meal and activity costs for an event are covered by grant funds. Socialization participants must be 18 years of age or older, have a mental health related diagnosis and must live in Traverse County.

Note: For the well-being of all of our socialization participants, be a good friend and stay home if you are not feeling well. Thank you. 😊 Cherie

National Cheese Doodle Day: 5:00 p.m. on Tuesday, Mar. 5th, at the American Legion

- ✚ Come celebrate National Cheese Doodle Day with trivia and prizes and a “cheesy” supper at the American Legion. **You must call to sign up for this “doodle celebration” by noon on Tuesday, Mar. 5th.**

Region 4 South AMH Conversations Meeting: Tuesday, Mar. 12th, departing from Social Services at 8:30 a.m.

- ✚ If you are interested in attending the Region 4 South Adult Mental Health Conversations meeting in Hoffman, MN, **please call to sign up for a ride in the van by Monday, Mar. 11th.** This meeting – a gathering of providers, consumers and family members – allows for discussion and work on needs to improve the local mental health services in our communities. Coffee, juice and a morning snack is usually provided and the meeting typically concludes around 10:30 a.m.

“Shamrock” BINGO: Tuesday, Mar. 12th, 3:00 – 4:30 p.m. at Social Services

- ✚ It’s likely to still be a bit chilly outside... so, come on in where it’s warm and enjoy an afternoon of “Shamrock” BINGO for some great prizes. **Please call to sign up by Monday, Mar. 11th.**

Trip to the Movies: Tuesday, Mar. 19th, departing from Social Services at 2:45 p.m.

- ✚ We will depart from the Social Services building at 2:45 p.m. for the drive to Midway 9 Theatre in Alexandria to see a movie of your choice. Following the movie, we will stop for dinner at Fat Daddy’s. **You must call to sign up by Monday, Mar. 18th,** and let me know if you would like to ride in the van.

“Easter Bowl” at Don’s Alleys: Thursday, Mar. 28th, departing from Social Services at 3:30 p.m.

- ✚ Please join us for this season’s final bowling excursion to Don’s Alleys in Graceville – a sign of the changing seasons as Karl, once again, begins field work in preparation for spring planting. **Call to sign up for bowling by 12 noon on Thursday, Mar. 28th,** and let me know if you would like a ride. The van will leave Wheaton at 3:30 p.m. to arrive at Don’s about 4:00 p.m. Even if you don’t bowl, this is still a fun opportunity to get out and socialize while enjoying some great pizza, Easter treats and music.

