

February

2019

FRIENDSHIP CENTER HOURS & ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 12 pm-4 pm	28 1 pm-5 pm	29 1 pm-8 pm	30 1 pm-5 pm	31 1 pm-8 pm	1 1 pm-8 pm 6 pm pool	2 12 pm-4 pm
3 Super Bowl Party 12 pm - 8 pm	4 1 pm-5 pm 5:30 pm - 7:30 pm Peer Support Group	5 1 pm-8 pm WII Games	6 1 pm-5 pm	7 Kat's Kraft's (1 -4) 1 pm-8 pm	8 1 pm-8 pm WII Bowling 6 pm	9 12 pm-4 pm
10 12 pm-4-pm SUNDAY BINGO 1 pm-3 pm	11 1 pm-5 pm	12 1 pm-8 pm WII Games	13 1 pm-5 pm	14 1 pm-8 pm	15 1 pm-8 pm WII Games (Mature) 6 pm	16 12 pm-4 pm
17 12 pm-4-pm	18 1 pm-5 pm Chili Feed 1 -4 5:30-7:30 Peer Support Group	19 1 pm-8 pm WII Games	20 1 pm-5 pm	21 Kat's Kraft's (1 -4) 1 pm-8 pm	22 1 pm-8 pm BINGO 6 pm	23 12 pm-4 pm
24 12 pm-4-pm	25 1 pm-5 pm	26 1 pm-8 pm WII Games	27 1 pm-5 pm	28 1 pm-8 pm	1 1 pm-8 pm	2 12 pm-4 pm

February

2019

Title

ARMHS GROUPS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30 Woman's group 5-7 "Beat The Winter Blues"	31 "Talk Zone" 2:00 pm	1	2
3	4 11:00 am- Building Social Supports 12:00 pm- Medication Management 5:30pm Peer Recovery Support	5	6 Woman's group 5-7 "Step out of your Circle of Doubt"	7 "Talk Zone" 2:00 pm	8	9
10	11 11:00 am- Building Social Supports 12:00 pm- Medication Management	12	13 Woman's group 5-7 "Making Gratitude Valentines"	14 "Talk Zone" 2:00 pm	15	16
17	18 11:00 am- Building Social Supports 12:00 pm- Medication Management 5:30pm Peer Recovery Support	19	20 Woman's group 5-7 "Boundaries"	21 "Talk Zone" 2:00 pm	22	23
24	25 11:00 am- Building Social Supports 12:00 pm- Medication Management	26	27 Woman's group 5-7 "Women's Night Out"	28 "Talk Zone" 2:00 pm	1	2