

# October 2023 Activities/Events

Call Cherie at (320) 422-7777 if you have any questions and to sign up for an event.

Events are weather permitting and will be canceled if less than 5 people sign up for them. Related meal and activity costs for an event are covered by grant funds. Socialization participants must be 18 years of age or older, have a mental health related diagnosis and must live in Traverse County.

**Note: For the well-being of all of our socialization participants, be a good friend and stay home if you are not feeling well. Thank you.** 😊 Cherie

## Trip to the Movies: Tuesday, Oct. 3<sup>rd</sup>, departing from SS at 2:45 p.m.

- ✚ We will depart from Social Services at 2:45 p.m. for the drive to Midway 9 Theatre in Alexandria to see a movie of your choice. Following the movie, we will stop for burgers Fat Daddy's. You must call to sign up by Monday, Oct. 2<sup>nd</sup>, and let me know if you would like a ride.

## WROC Fall Dinner Trip: Tuesday, Oct. 10<sup>th</sup>, departing from TCSS at 3:15 p.m.

- ✚ Join us for a stroll through the WCROC Horticulture Display Garden at the U of M – Morris. We will depart from the Social Services building at 3:15 p.m., tour the gardens upon our arrival and then stop for dinner at Mi Mexico before we return home. You must call to sign up for the trip by Friday, Oct. 6<sup>th</sup>, and let me know if you would like to ride in the van.

## AMH Day at Home Event - Alexandria: Friday, Oct. 13<sup>th</sup> – departing from SS at 7:15 a.m.

- ✚ This event is hosted by Region 4 South AMH Consortium for the purpose of discussing issues related to adult mental health services in our area and the state of Minnesota. A light breakfast will be provided and booths for AMH service providers will be on-site with information regarding the services they provide. If you would like to attend this event, you must sign up by 12 noon on Wednesday, Oct 11<sup>th</sup>, and let me know if you would like to ride in the van.

## Game Night: Tuesday, Oct. 17<sup>th</sup>, 7:00 - 8:30 p.m. in the Traverse County SS Board Room

- ✚ Come enjoy an evening playing favorite board and/or card games with friends while enjoying some great Mexican appetizers. To ensure there are enough appetizers for all, you must call to sign up by noon on Monday, Oct. 16<sup>th</sup>.

## Halloween Bowling Party @ Don's Alleys: Tuesday, Oct. 24<sup>th</sup>, departing from SS @ 5 p.m.

- ✚ Throw a costume together (nothing offensive) that will still allow you to move and join us for our annual Halloween Bowling Party at Don's Alleys in Graceville. You must call by 12 noon on Monday, Oct. 23<sup>rd</sup>, to sign up to attend the party and let me know if you would like a ride. If you don't bowl, come anyway and celebrate Halloween with us – enjoying pizza, Halloween trivia, treats and prizes, good music and a great time.

