

**Summary of the August 12, 2014 "Conversations ..." Meeting of the Region 4- South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties**

**"A Conversation ..."
August 12, 2014 ~ Those Attending:**

*Carroll Anderson	Pope Co. LAC, Consumer	*Kesha Anderson	Reg 4-S AMHC Administrator
*William Barnes	Pope Co. Resident	*Fay Beman	PCS
*Sharon Booen	Pope Co. LAC-Consumer	*Randy Bouwman	Pope Co. Resident
*Laurie Burns	Stevens Co. Human Services	*Ann Challes	Primewest Health
*Mark Christensen	Pope Co. Resident	*Mary Christensen	Pope Co. Resident
*Lisa Fast	Pope Co. Consumer	*Cynde Gzrdzieleski	Stevens Co. Resident
*Jeanne Grenvik	Family Support Services, Inc.	*Lorri Ibach	Pope Co. Human Services
*Gloria Jahrman-Johnson	Pope Co. LAC & Western Com. Partners	*Carolyn Keller	
*Kim Kraemer	Pope Co. LAC	*Marilyn Kluver	PCS –Alderwood
*Kay Lagred	Pope Co. Public Health	*Shelly Leonard	Pope Co. Consumer, LAC, WCP, Cntr Coord.
*Carolyn Mallery	Douglas Co. Consumer	*Linda Matsler	Stevens Co. Resident, LAC, Drop In Cntr Board
*DeeAnn Miller	Pope Co. Human Services	*Joyce Moen	Pope County Resident
*Joanie Murphy	Stevens Co. Human Services	*Connie Olson	Pope Co. LAC
*Sandy Olson	Douglas Co. Social Services	*Dave Pearson	Pope Co. Lac
*Mary Petersen	Douglas Co. Social Services	*James Pew	Stevens Community Medical Center
*Anita Renstrom	Douglas Co. Consumer	*Megan Schmidt	Solutions
*Karen Schulz	Pope Co. LAC & Socialization-Consumer	*Danie St. John	PCS
*Jed Stump	Prairie Community Services	*Lucille Tullis	Pope Co. LAC – Consumer
*Gloria Wartner	Pope Co LAC	*Jackie Wollschlager	Region 4 South AMHC
*Deb Hengel	Facilitator		

ADDRESS ADDITIONS / CHANGES:

ADD: Mary Christensen
1400 2nd St NE Unit #126
Glenwood, MN 56334
320-766-1953

ADD: Mark Christensen
1400 2nd St NE Unit #126
Glenwood, MN 56334
320-766-1953

ADD: William Barnes
500 W Hagen St
Starbuck, MN 56381
320-334-1469

ADD: Sandy Olson
Douglas Co. Social Services
809 Elm St. Ste 1186
Alexandria, MN 56308

CHANGE: Gloria Jahrman-Johnson
~~646 6th Ave SE~~ 300 John St
~~Glenwood~~ Starbuck, MN 56381

ADD: Lorri Ibach
Pope Co. Human Services
211 E. Minnesota Ave.
Glenwood, MN 56334

NEW – NEW – NEW MAILING ADDRESS & Contacts for Region IV S Adult Mental Health Consortium

*Correspondence, bills or vouchers
should be mailed to:
Region 4 South AMHC
NEW- 507 N. Nokomis NE – Suite 203
NEW-Alexandria, MN 56308

*** Coordinator / Clinical Supervisor for R4S:**

Kesha Anderson LMFT
Kesha.anderson@r4south.org
PHONE: **320-335-5100**
Fax: **320-335-5115**
CELL: 218-401-0332

***ACT Team Leader:**

Jackie Wollschlager LICSW
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CELL: 320-815-4516

**Summary of the August 12, 2014 “Conversations ...” Meeting of the Region 4- South
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THE SUMMARY of August 12, 2014 “Conversations...” Meeting

Introductions... Name and role in the AMHI ...

1. Agenda Approval, Additions: Approved as presented.

2. Approval of June 10, 2014 “Conversations...” Summary: Approved as distributed.

3. Meeting Packet Information – Kesha Anderson,

Coordinator/Clinical Supervisor Region 4 South Adult Mental Health Initiative

A. Agenda for meeting

B. Reports:

- (1) Administrator’s Report
- (2) Financial Report for the Month ending July 31, 2014
- (3) Intensive Community Rehabilitation Services- Quarter 2
- (4) Adult Mental Health Crisis Program Responses – Quarter 2
- (5) Pre-Petition Screening statistics – 2014 Year to Date
- (6) Incentive Program – March – August 2014
- (7) Transitional Housing – Douglas Co. – Quarter 2
- (8) Douglas Co. Socialization/Drop-In Center –Quarter 2
- (9) Western Community Partners Drop In Center – Quarter 2
- (10) FUN Bunch – Quarter 2
- (11) Pope Co. Human Services: Transitional Housing Report & Transportation Funds – Quarter 2
- (12) Region IV South Consortium Housing Report – BRIDGES-YTD; Consortium-YTD; Section 8 Waiting List; Bridges/Bridges “like” Waiting List; Consortium –Security and Utility Deposit Program
- (13) Stevens Co. Adult Mental Health Drop-In Center, Inc.

C. Applications/Proposals (Action Needed) - NONE

4. Financial Report

4-A. Financial Review – Explanation of Peer Specialist Training with possibly Northern Pines for 12 to 20 individuals from Solutions and Region 4-South. Noted that there have not been any requests for Flex Funding LAC. Discussion on the use of funds from accounts that have underspent: (1) Discussed possible Health and Wellness screening; (2) Cookbook – money for printing and binding. Sharon was encouraged to get a small group together to discuss and bring proposal forth; (3) Increase monthly Conversation meetings. Noted the LAC questions about the changing rules about how they get and spend monies. It was stated that they should go to the counties first before requesting from the consortium.

4-B. Requests (ACTION NEEDED) - NONE

4-C- NONE

5. AMHC Administrator Report:

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1. One new office for ALL Region 4 South Offices (No Elbow Lake office and Alex office has moved). New address is 507 N Nokomis NE, Suite 203, Alexandria, MN 56308/ Note new phone number and fax for Kesha: Phone: 320-335-5100 Fax: 320-335-5115.
2. Project Applications due to Kesha Monday, August 19th. All projects are required to submit an application even if a renewal project. If applications are faxed, please call or e-mail Kesha to confirm receipt. As of 8/12/2014 only 3 applications had been received.
3. Reminder to turn in bills to Region 4 South. Noted that we are missing some quarter bills for programs. Noted that we need to review our budget. People were asked to look at their program’s budget and provide update if they are on track to spend down, overspend or underspend. This will allow us to be mindful of every lien item and utilize entire budget this year.
4. Pre-petition Program has signed a contract with LMHC to provide a staff member to perform the screenings, but the rest of the program/process will remain the same.
5. Crisis Response Program has hired Sarah Richter.
6. ACT/ICRS update Jackie (note hiring of new staff).
7. Noted that the Wellness in the Woods Conference location has changed: September 6, 2014, 9:00 a.m.– 4:30 p.m., “Diversity in Wellness-Recovery outside the Box,” Location: Grace Covenant Church, 17117 Riverwood Drive, Little Falls, and MN.

“Save the Date” – Day at Home will be Friday, October 10, 2014 at the Broadway Ballroom in Alexandria. All are welcome! Registration will start at 9:00 a.m.

Remainder of 2014 “Conversations...” Meeting Dates: September 9, December 9

Reminder to check out the website: www.r4sconversations.org or direct people to this website for updates. The other website reallifeconversations.com is another great resource for individuals.

6. Updates on the ICRS to ACT Transition- Provided as part of the Administrator’s Report

7. Updates on Pre-Petition Screening- Provided as part of the Administrator’s Report

8. State Advisory Council – Joanie Murphy - Report provided

9. State Liaison Report-Shelly White –DHS was unable to attend.

10. Personal Stories (preparing) for the October 10 “Day At Home” event

11. Region 4-S AMHC Governing Board Report – Nicole Names –None

12 Work Groups Meet:

*Education & Training

*Employment & Transportation

*Housing

*Project Evaluation & Measurement

*Community Services

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13. Work Groups REPORT BACK

[1] Housing Co-Chairs: Al Glaseman & Dawn Hartman Note taker: Linda Matsler Timekeeper: Reporter: MEMBERS PRESENT: Fay Beman, Lucille Tullis, Carroll Anderson, Randy Bouwman, Linda Mastler, Joyce Moen, Dave Pearson

DISCUSSION

1. Housing – how to apply and get assistance
2. West Central Programs

<u>Action Items</u>	<u>Person Responsible</u>	<u>Timeline</u>
1. Need housing list & survey from – Grant County		
2. Housing survey in general		
3. How many people housing with the money – percentages in counties.		

[2] Employment/Transportation Co-Chairs: Gloria Wartner & Danie St. John Note taker: Megan Schmidt MEMBERS PRESENT: Lisa Fast, Sharon Booen, Gloria Wartner, Leanne Harmsen, Mary Christensen, Mark Christensen William Barnes, Megan Schmidt, Laurie Burns

DISCUSSION: 1. Review of minutes from Transportation Advisory Committee from April. Meet again in October. 2. Work Incentive Group was present at last meeting.

<u>Action Items</u>	<u>Person Responsible</u>	<u>Timeline</u>
(1) Call Rainbow Rider about providing transportation from Drop In Centers to Conversations	Laurie	September
(2) Follow-up with Douglas County Care Car	Dani	September

[3] Education/ Training Co-chairs: Keith Lundsetter & Rosemarie Johnson Note taker: Connie Olson & Gloria Jahrman Johnson MEMBERS PRESENT: Keith Lundsetter, Anita Renstrom, Connie Olson, Jed Stump, Joanie Murphy, Cynde Grzadzieleski, Carolyn Keller,

DISCUSSION: Day At Home: October 10, 2014 – 9:00 a.m. – 3:00 p.m. in Alexandria at the Garden Ballroom.

1. "Day At Home" Updates: Ed Eide and Sue Abderholden will most likely be speakers. Gov. Dayton, Amy Klobuchar and Al Franken were invited. A follow-up e-mail will be sent.
2. Order of sequence discussed: - Panel, -Legislators, -Stories
3. Will most likely attend: Bill Ingebritsen, Mary Franzen, Jay McNamar, Torrey Westrom
4. Registration at 9:00 a.m.

<u>Action Items</u>	<u>Person Responsible</u>	<u>Timeline</u>
1 Follow-up phone calls and e-mails		

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[4] Community Services Co-chairs: Chad Meyer & Judith Fox Note taker: Marilyn Kluver MEMBERS
PRESENT: James Pew, Marilyn Kluver, DeeAnn Miller, Lorri Ibach

DISCUSSION:

- (1) Discussion of Drop-In Centers. They are a good resource.
- (2) The responsibility of pre-petition screening – who should have it?
- (3) ACT items have been assigned and those individuals were not present so they do not know what occurred.

<u>Action Items</u>	<u>Person Responsible</u>	<u>Timeline</u>
(1) Get a copy of the needs assessment summary. Jim to refer to areas which need improvement.		

[5] Project Evaluation and Measurement Group Co-chairs: Ann Challes & Rhonda Antrim Note taker: Ann Challes MEMBERS: Karen Schulz, Ann Challes, Carolyn Mallery, Jeanne Grenvik, Shelly Leonard, Kim Kraemer

1. DISCUSSION:

- (1) Discussed time / location of project review meeting.

<u>Action Items</u>	<u>Person Responsible</u>	<u>Timeline</u>
1. Meeting 9/3/2014 8:30 a.m. – 1:00 p.m. @ Dew Drop Inn – Hoffman		

14. Updates-Community Based Adult Mental Health Services: None

- | | | |
|---|---|--|
| A. Training and Education & Websites: "Day At Home," www.r4sconversations.org AND www.reallifeconversations.com | | |
| B. Pre-Petition Screening | C. Client Access Transportation | D. Flexible Funding (1) LAC (2) Counties |
| E. Socialization / Drop-In Centers: (1) Douglas Co. (2) Grant Co. (3) Pope Co. (4) Stevens Co. (5) Traverse Co. | | |
| F. Supportive Employment: | G. Transitional Housing: | H. Region 4 Housing |
| I. ICRS /ACT | J. D.B.T. Service | K. LMHC Supervision |
| L. Nursing Support | M. Milestones (IRTS-Intensive Residential Treatment Services) | N. Crisis Response |

15. Announcements

16. NEXT Agenda for September 9, 2014 "Conversations..."

2014 "Conversations..." Meeting Schedule

December 9, 2014