

# CONVERSATIONS

October 11, 2011

## ***LEFT SIDE***

### **INFORMATION – GREEN**

1. Cold Weather Rule Information – regulated utilities
2. Crisis Housing Fund

### **REPORTS – BLUE**

1. Administrators Report – October 2011
2. Adult Crisis Response Program – October 2011
3. ICRS Program – October 2011
4. Prepetition Screening – October 2011
5. Douglas County Transitional Housing – July-September, 2011
6. Douglas County Employment Grant – July-September, 2011
7. Douglas County Socialization/Drop In Center – July-September, 2011
8. Grant County Transitional Housing – July-September, 2011
9. Grant County Flexible Funding – July-September, 2011
10. Grant County Mental Health Club – July-September, 2011
11. Pope County Transitional Housing and Flexible Funding – July-September, 2011
12. Pope County FUN Bunch (Socialization) – July-September, 2011
13. Pope County Community Partners Drop In Center – July-September, 2011
14. Stevens County Transitional Housing – July-September, 2011
15. Stevens County Flexible Funding – July-September, 2011
16. Stevens County Social Club – July-September, 2011
17. Stevens County Adult Mental Health Drop In Center – July-September, 2011
18. Traverse County Transitional Housing and Flexible Funding – July-September, 2011
19. Traverse County Socialization – July-September, 2011
20. Douglas County HRA – R4 Housing Programs – October, 2011
21. Region 4 South WarmLine – July-September, 2011
22. PCS Supportive Employment – April-June, July-September, 2011
23. RealLifeConversations.com Statistics – April-September, 2011

## ***RIGHT SIDE***

### **DAILY AGENDA: WHITE**

### **FINANCIAL STATEMENTS: BLUE**

1. For period ending September 30, 2011

### **APPLICATIONS/PROPOSALS (ACTION NEEDED): PINK**

1. **Traverse County LAC** – flexible funding request for \$848.00
2. **Lakeland Mental Health** - \$5000.00 supervision cost for a new staff member working toward licensure as LICSW

### **PROGRAM OPENINGS – YELLOW**

1. Prairie Community Services

# *Conversations..*

Tuesday, October 11, 2011 ~ 9:00 a.m. – 1:00 p.m. (lunch provided)

Hoffman Community Center, 127 Main Ave, Hoffman, MN 56339

Please RSVP to [front@co.grant.mn.us](mailto:front@co.grant.mn.us) or -218-685-8206 by NOON on Friday, Oct. 7 2011

**SPECIAL NOTE: Meeting Packet materials are posted at [www.r4sconversations.org](http://www.r4sconversations.org) website PRIOR to the meeting for your review. You do NOT have to print these items—they will be included in the meeting folder.**

## AGENDA

- |   |   |
|---|---|
| Welcome & Introductions   | 9:00 – 9:20   |
| 1. Approval of Agenda*Additions, *Clarifications, *Changes  | 9:20—9:25   |
| 2. Approval of summary of September 13 2011 “Conversations...”  | 9:25—9:30   |
| 3. Meeting Packet Information – Joyce Pesch   | 9:30—9:35   |
| 4. “Day at Home” Report— Cheryl Starner   | 9:35—9:45   |
| 5. Financial Report—Joyce Pesch   | 9:45—9:55   |
| A. Monthly Report   |   |
| B. Applications/Proposals (ACTION NEEDED)   |   |
| 6. AMHI Administrator Report - Joyce Pesch  | 9:55—10:05  |
| 7. Region 4-S AMHC Governing Board Report – Joanie Murphy   | 10:05—10:10   |
| 8. State Advisory Council   |   |
| 9 State Liaison Report - Lorraine Pierce  | 10:10—10:25   |
|   | <b>Break</b>  |
|   | <b>10:25 - 10:40</b>  |
| 10. 2012 Budget & Work Plan   | 10:40—11:15   |
| 11. Work Teams and Task Forces Meet   | 11:15—Noon  |
| A. Transportation   | B. Training & Education   |
| D. Integrated Physical & Mental Health  | E. Housing  |
|   | C. Services for Hard to Serve   |
|   | F. Crisis Response  |
|   | <b>“Working” Lunch ~ Noon – 12:30</b>   |
| 12. Reports from Work Teams & Task Forces   | 12:30—12:45   |
| 13. Updates —Community-Based Adult Mental Health Services   | 12:45—12:50   |
| A. Socialization Projects: <i>Douglas, Pope, Stevens, Traverse</i>  | B. Employment – including <i>Douglas Co. Social Services, Prairie Community Service</i> |
| C. Housing – include <i>Bridges-like and Shelter Plus Care</i>  | D. Crisis Response  |
| E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse  | F. Milestones IRTS (Intensive Residential Treatment Services)                           |
| G. ICRS Team: (1) Program Report (2) Board Report   | H. Community Behavioral Health Hospitals  |
| I. Safety Net – including Flexible Funds  | J. Training and Education   |
| K. Day on the Hill  | L. Douglas County Saturday Transportation   |
| M. Warm Line  | N. Pope County Drop In Center   |
| O. Stevens Co Drop In Center  | P. Traverse Co Support Group  |
| Q. Web Site – <a href="http://www.r4sconversations.org">www.r4sconversations.org</a>  | R. Homeless to Housed Committee   |
| S. Public Relations - Anti-Stigma Campaign – <a href="http://www.reallifeconversations.com">www.reallifeconversations.com</a> | U. Grant County Socialization   |
| T. Transportation   |   |
| V. Health Screenings  |   |
| 14. Announcements   | 12:50—12:55   |
| 15. Agenda for November 8, 2011 “Conversations...”  | 12:55—1:00  |

**ADJOURN**

**1:00**

**PLEASE NOTE:** Cancellations for “Conversations...” meetings will be listed on the following: KSAX-TV, KIKFM(100.7 FM), KXRA(1490 AM), KMRS (1230 AM), KKOK (95.7 FM), [www.r4sconversations.org](http://www.r4sconversations.org), and at 218-685-8229

Category: BASE INITIATIVE FUNDING	2011 budget	Through September 2011 approved changes	Revised Budget	Subtotals/Totals	YTD Expenses paid as of September 30, 2011	Unpaid Balance	Per Cent of Planned Expense
Fun Bunch - Pope	\$ 13,680.04	\$ (2,000.00)	\$ 11,680.04		\$ 5,537.15	\$ 6,142.89	47.41%
Stevens County Socialization	\$ 10,465.68		\$ 10,465.68		\$ 4,463.68	\$ 6,002.00	42.65%
Traverse County Socialization	\$ 9,638.81	\$ 431.00	\$ 10,069.81		\$ 10,069.09	\$ 0.72	99.99%
Douglas County Socialization	\$ 14,678.88		\$ 14,678.88		\$ 11,009.16	\$ 3,669.72	75.00%
Pope County Drop In Center	\$ 15,928.00		\$ 15,928.00		\$ 11,946.00	\$ 3,982.00	75.00%
Stevens County Drop In Center	\$ 21,743.80		\$ 21,743.80		\$ 19,471.42	\$ 2,272.38	89.55%
Grant County Drop In Center & Socialization	\$ 13,192.00	\$ (4,000.00)	\$ 9,192.00		\$ 2,438.58	\$ 6,753.42	26.53%
Warm Line	\$ 13,447.00		\$ 13,447.00		\$ 11,005.21	\$ 2,441.79	81.84%
<b>Leisure time activities/Foster Social Support</b>				<b>\$ 107,205.21</b>		<b>\$ 31,264.92</b>	
CONVERSATIONS web site	\$ 2,000.00		\$ 2,000.00		\$ 572.45	\$ 1,427.55	28.62%
Public Relations	\$ 4,000.00		\$ 4,000.00		\$ 3,644.28	\$ 355.72	91.11%
Training Committee (including Day on the Hill)	\$ 13,900.00		\$ 13,900.00		\$ 964.80	\$ 12,935.20	6.94%
DBT Training	\$ 1.00		\$ 1.00		\$ -	\$ 1.00	0.00%
Employment WRAP Training	\$ 4,000.00		\$ 4,000.00		\$ 4,161.24	\$ (161.24)	104.03%
Dimensions of Wellness Series	\$ 1.00		\$ 1.00		\$ -	\$ 1.00	0.00%
<b>Educating about Mental Illness, Treat, Recovery</b>				<b>\$ 23,902.00</b>		<b>\$ 14,559.23</b>	
Douglas County Employment	\$ 15,000.00	\$ 4,918.00	\$ 19,918.00		\$ 5,213.02	\$ 14,704.98	26.17%
PCS Employment (Grant, Pope, Stevens, Traverse)	\$ 44,894.28		\$ 44,894.28		\$ 25,658.38	\$ 19,235.90	57.15%
<b>Supported Employment</b>				<b>\$ 64,812.28</b>		<b>\$ 33,940.88</b>	
Douglas County Saturday Transportation	\$ 20,000.00	\$ (10,000.00)	\$ 10,000.00		\$ 9,694.30	\$ 305.70	96.94%
Client Access SS Reimbursements	\$ 15,000.00	\$ (7,000.00)	\$ 8,000.00		\$ 3,307.40	\$ 4,692.60	41.34%
<b>Transportation</b>				<b>\$ 18,000.00</b>		<b>\$ 4,998.30</b>	
Flexible Funding/Consumer-through LAC	\$ 6,500.00	\$ (3,000.00)	\$ 3,500.00		\$ 2,200.00	\$ 1,300.00	62.86%
Transitional Housing/non housing portion	\$ 20,900.00	\$ 4,000.00	\$ 24,900.00		\$ 21,000.00	\$ 3,900.00	84.34%
<b>Connect people to resources, meet basic needs</b>				<b>\$ 28,400.00</b>		<b>\$ 5,200.00</b>	
ITV							
ARMHS Group Skills		\$ 100.00	\$ 100.00				
Incentive Funding (managed by PCS)	\$ 3,710.00	\$ (1,090.00)	\$ 2,620.00		\$ 920.00	\$ 1,700.00	35.11%
<b>Skill Development/Activities of Daily Living</b>				<b>\$ 2,620.00</b>		<b>\$ 1,700.00</b>	
Transitional Housing/Housing Portion	\$ 20,900.00	\$ 4,000.00	\$ 24,900.00		\$ 21,000.00	\$ 3,900.00	84.34%
R4South Housing Project #1	\$ 98,986.51	\$ (72,581.00)	\$ 26,405.51		\$ 2,428.00	\$ 23,977.51	9.20%
R4South Housing Project #2		\$ 34,500.00	\$ 34,500.00		\$ -	\$ -	
Deposit Assistance (Do. Co. HRA Managed)	\$ -		\$ -		\$ -	\$ -	
<b>Housing Supports</b>				<b>\$ 85,805.51</b>		<b>\$ 27,877.51</b>	
IRT - Intensive Residential Treatment	\$ 33,331.00	\$ 11,569.00	\$ 44,900.00		\$ 34,749.14	\$ 10,150.86	77.39%
IRT - Group Residential Housing/Non-PA Eligible	\$ 4,003.00		\$ 4,003.00		\$ 2,570.22	\$ 1,432.78	64.21%
<b>Intensive Residential Treatment</b>				<b>\$ 48,903.00</b>		<b>\$ 11,583.64</b>	



## Joyce Pesch

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**From:** Lee Hydeen-Niss [lee.hydeen-niss@co.traverse.mn.us]  
**Sent:** Tuesday, September 27, 2011 2:28 PM  
**To:** Joyce Pesch  
**Cc:** Rhonda Antrim  
**Subject:** Flex Fund Request

Traverse County LAC would like to request Flex Funds as our current budget is \$90.83 which would not be able to cover a maximum request of \$200.00 should it be requested. Our expenditures over the past 12 months have equaled \$848.00 which according to the AMHI's policy is the maximum that I can request. Thank you for your consideration in this matter.



Lee Hydeen-Niss, Social Worker

Traverse County Social Services  
Box 46  
Wheaton, MN 56296  
320-563-8255

## Joyce Pesch

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**From:** Bill Klein [bklein@lmhc.org]  
**Sent:** Friday, October 07, 2011 8:33 AM  
**To:** Joyce Pesch  
**Subject:** LMHC request from Region 4 South Adult MH Consortium

Hi Joyce ... I am writing to request assistance from Region 4 South in helping LMHC cover the supervision costs for a new staff member who is working toward licensure as a LICSW. Our annual supervision costs have significantly increased for staff who are in this situation due to changes stemming from the Rule 47, the Outpatient rule, and from additional Licensing Board requirements. We estimate our annual costs with this effort to be approximately \$15,000. This all went into effect in July of this year. I would like to request \$5,000 for the 2011 calendar year and when requests are submitted for 2012, I will submit another request at that time. Thanks so much for your consideration.

Prairie Community Services Inc  
Program Openings

Name	Location	Type of License	Current census Capacity	Current census in the home	Wheelchair Accessible	Contact Name	Number
<b>Residential</b>							
Beachwood	Spicer	203 - Adult Foster Care	4	3	no	Karen Rosman-Bangasser	320-894-9676
Driftwood	Morris	203 - Adult Foster Care	4	3	yes	Jeff Berger	320-287-0386
Lanewood	Badger	203 - Adult Foster Care	4	3	yes	Carmen Olson	218-463-0446
Runewood	Alexandria	203 - Adult Foster Care	4	3	no	Keith Lundsetter	320-763-6528
Sprucewood	Benson	203 - Adult Foster Care	4	3	no	Michele Bankord	320-760-5341
Valewood	Marshall	203 - Adult Foster Care	4	3	no	Claudia Cravens	320-287-0664
Brentwood	Marshall	Intensive Residential Treatment	10	7	yes	Claudia Cravens	320-287-0664
Deerwood	New London	203 AFC/Waivered	4	3	yes	Karen Rosman-Bangasser	320-894-9676
Starwood	Starbuck	203 AFC/Waivered	4	3	no	Keith Lundsetter	320-763-6528
Willow	Fairfax	203 AFC/Waivered	4	3	yes	Joyce Evenson	507-381-4727
Courtwood Apartment	Roseau	N/A	1	0	yes	Carmen Olson	218-463-0446
Otterwood Apartment	Fergus Falls	N/A	2	1	no	Nicolle Braaten-Toso	218-998-3048
Parkview Apartment	Hancock	N/A	2	1	no	Michele Bankord	320-760-5341
<b>Community Based Services</b>							
	Douglas, Stevens, Grant, Pope, Traverse	ARMHS, Supportive Employment, ILS, SILS, PCA, Respite, CSP, Residential Crisis Beds	N/A	N/A	N/A	Leanne Harmsen	320-585-6107

For more information about PCS programs or program availability please visit our website.  
[http://www.access.sfnh.org/Services\\_Page/Residential-PCS/DW/Topn\\_beds.asp](http://www.access.sfnh.org/Services_Page/Residential-PCS/DW/Topn_beds.asp)  
 or contact Chad Meyer (Administrator) at 320-589-4915

***Tipsinah Mounds  
Campground***

*Rt. 2, Box 52A  
Elbow Lake, Minnesota 56531*

*218-685-5114*

***City of  
Elbow Lake***

*Box 1079  
Elbow Lake, Minnesota 56531*

*218-685-4483 or 218-685-4484 Fax # 218-685-4948*

***Elbow Lake  
Municipal Power***

*Box 1079  
Elbow Lake, Minnesota 56531*

*218-685-4135*

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## **ANNUAL NOTICE TO ALL RESIDENTIAL CUSTOMERS**

Bills can pile up just like snow. But the Minnesota Cold Weather Rule is designed to help protect people who may have trouble paying their utility bills in winter. The Minnesota Cold Weather Rule Applies from October 15 to April 15. The rule, established by the Minnesota Public Utilities Commission, means that your utility cannot disconnect your residential electric service during the winter if the customer meets the following requirements:

- 1.) Utility disconnection would effect the customers heat source;**
- 2.) The customer has declared inability to pay on forms provided by the utility;**
- 3.) The household income of the customer is less than 185 percent of the federal poverty level, as documented by the customer to the utility; and**
- 4.) The customer's account is current for the billing period immediately prior to October 15 or the customer has entered into a payment schedule and is reasonably current with payments under the schedule.**

If you have trouble paying your utility bill, local agencies may be able to provide payment assistance. The State Department of Human Services recommends you call the county in which you live.

If you know you're going to have trouble paying your utility bills, please contact the Elbow Lake Municipal Utilities at 685-4483 to try and work out a payment schedule. We'll try to help.

# CRISIS HOUSING FUND

*for Persons with Serious and  
Persistent Mental Illness*

*Direct questions to:*  
**MINNESOTA HOUSING PARTNERSHIP**  
2446 University Ave. W, Ste 140, St. Paul MN 55114-1706  
(651)649-1710 or (800)728-8916  
[www.mhponline.org](http://www.mhponline.org) fax (651)649-1725

## WHAT IS IT?

The Crisis Housing Fund is a flexible pool of money to provide short-term housing assistance to persons with a serious and persistent mental illness whose income is being used to pay for an inpatient psychiatric treatment of 90 days or less. The program is currently administered by Minnesota Housing Partnership (MHP) under contract with Minnesota Department of Human Services and is funded through a grant from the Minnesota Department of Human Services Mental Health Division.

## WHO IS IT FOR?

Clients must meet the following criteria to be eligible for the Crisis Housing Fund:

- Persons with a serious and persistent mental illness
- Persons with community-based housing (rental or ownership) NOT state or federally funded
- Persons of low or moderate income, as determined by the Department of Housing and Urban Development, established for the location of the dwelling of the Program Beneficiary ([www.huduser.org](http://www.huduser.org))
- Persons admitted to a psychiatric facility (includes a facility for chemical dependency) and receiving psychiatric care for an estimated period of ninety days or less **AND**
- Persons applying from community hospitals must contact the county to request case management services

## WHAT DOES IT COVER?

A housing expense that the person was paying, but no longer can because their income is being used to pay for treatment. The expense must be related to **RETAINING** the community-based housing of the individual. Program funds are available on a first-come-first-served basis. Such expenses should include payments towards:

Rent ♦ Mortgage ♦ Utilities

Utilities include heating fuel, electricity, water, sewer, garbage disposal, and basic traditional telephone services. An individual receiving public housing assistance must first contact the appropriate public housing authority to obtain an income adjustment (which should lower or negate the individual's rent during the period of treatment). For more information, please contact the PHA or call Gary Travis of the Dept. of Human Services at (651) 431-2252.

## HOW DOES IT WORK?

**Crisis Housing funds may be requested by mailing a completed Payment Request Form (in an agency envelope) to Minnesota Housing Partnership, attention: Crisis Housing Fund. Within reason, all other means of paying the expense must be exhausted. Repeat users, after 2 times, need to have a county case management plan in place. The Payment Request Form must be completed by the Applicant Agency adult mental health targeted case manager and *not* the client.** Eligible Applicant Agencies are nonprofit corporations, governmental units, Indian tribes.

- Please note that Applicant Agencies must have offices in Minnesota.
- Please be sure to include all requested information, including the name and phone number of the Applicant Agency adult mental health targeted case manager.
- Payments will not be made without the client's **original** signature and all six "Certifications by Applicant Agency" initialed by the adult mental health targeted case manager.
- MHP will contact the adult mental health targeted case manager in the case of incomplete information or any questions regarding the request.

## HOW LONG DOES IT TAKE?

MHP will issue payment within five (5) working days of MHP receipt of the completed application. The payment will be mailed to the payee identified on the application form. Payment will be made to no more than one payee per application. Applicant Agencies may request a one-time per application \$40 fee for processing the assistance only when multiple expenses are requested (e.g., rent and utilities) *and* the Applicant Agency will be disbursing the funds. Applicant Agencies must maintain on file documentation for each requested use of program funds for three (3) years. This documentation may include copies of invoices, rental leases, mortgage-payment coupons. The Applicant Agency is responsible for accounting of all program dollars. Any unused dollars must be returned to MHP within 180 days of receipt of program funds.

revised 23 Jan 08

ADMINISTRATORS REPORT  
October, 2011

1. Just a reminder of these steps in our new registration policy:

*At the close of the meeting after being dismissed by the facilitator Deb Hengel, consumers and LAC members **who want to be paid a per diem and mileage** for attending the meeting will sign the voucher sheet.*

*Both the sign in and the sign out sites will be manned by Region 4 South staff. If you must leave before the meeting ends, see the Region 4 South staff person who checked you in. She will note the time and have you complete the voucher sheet.*

2. Did you know that the DHS funded, Minnesota Housing Partnership administered, Crisis Housing Fund did not spend all of its dollars last year. A possible explanation, less people are being hospitalized because of the array of community services. Another explanation might be – as County and Vendor staff change, we can lose information about resources available to our customers. If you do not know what the Crisis Housing Fund is, I have a summary in your CONVERSATIONS material. Also visit the Minnesota Housing Finance website for additional detail and applications.

The other reminder to staff working with consumers who are on Section 8 and/or Low Income Public Housing. It is federal policy to pay rent during medical and psychiatric crisis. The housing authority, if made aware of a renter being hospitalized, will recalculate the hospitalized person's income.

Renters usually pay 30% of their income toward their housing. When their incomes are used to pay for the hospitalization, they have less or no money left. Thirty percent of zero is zero. Make sure to let the landlord know if one of your clients in subsidized housing is hospitalized.

3. It is also the time of year when we are entering the heating season. I have enclosed a copy of the annual notice that I received as a City of Elbow Lake customer. The information on the cold weather rule it covers applies to ALL regulated utilities. Please note and take the steps to declare inability to pay as well as applying for energy assistance funding with West Central Minnesota Communities Action.

A reminder to Case Mangers, we still have funding available for the REACH OUT for WARMTH activities. Be sure to make the referrals to West Central Minnesota Communities Action when your client with a mental illness would be appropriate for these funds.

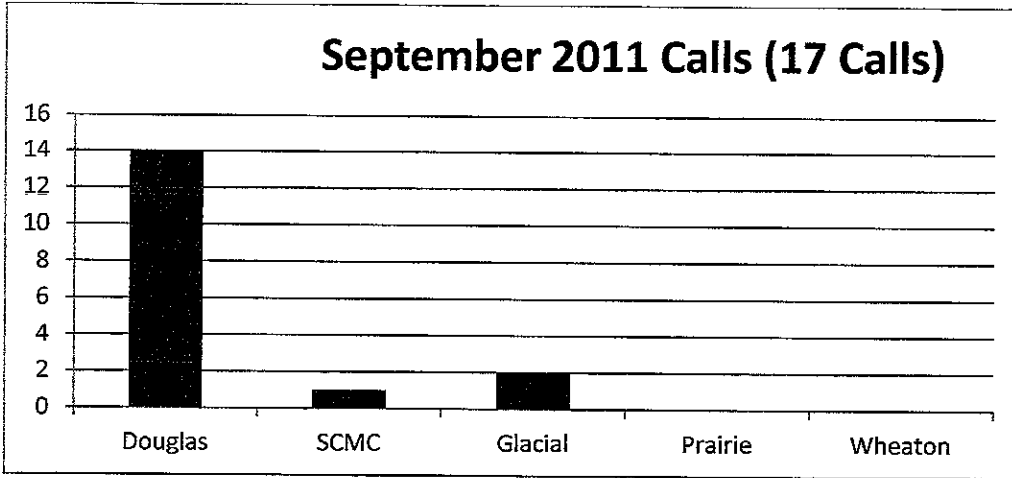
Joyce Pesch, Administrator, 218-685-8229, [joyce.pesch@r4south.org](mailto:joyce.pesch@r4south.org)

**Region 4 South Mental Health Crisis Teams**

PO Box 222 Elbow Lake, MN 56531  
 Phone: 218-685-8230 Fax: 218-685-6414

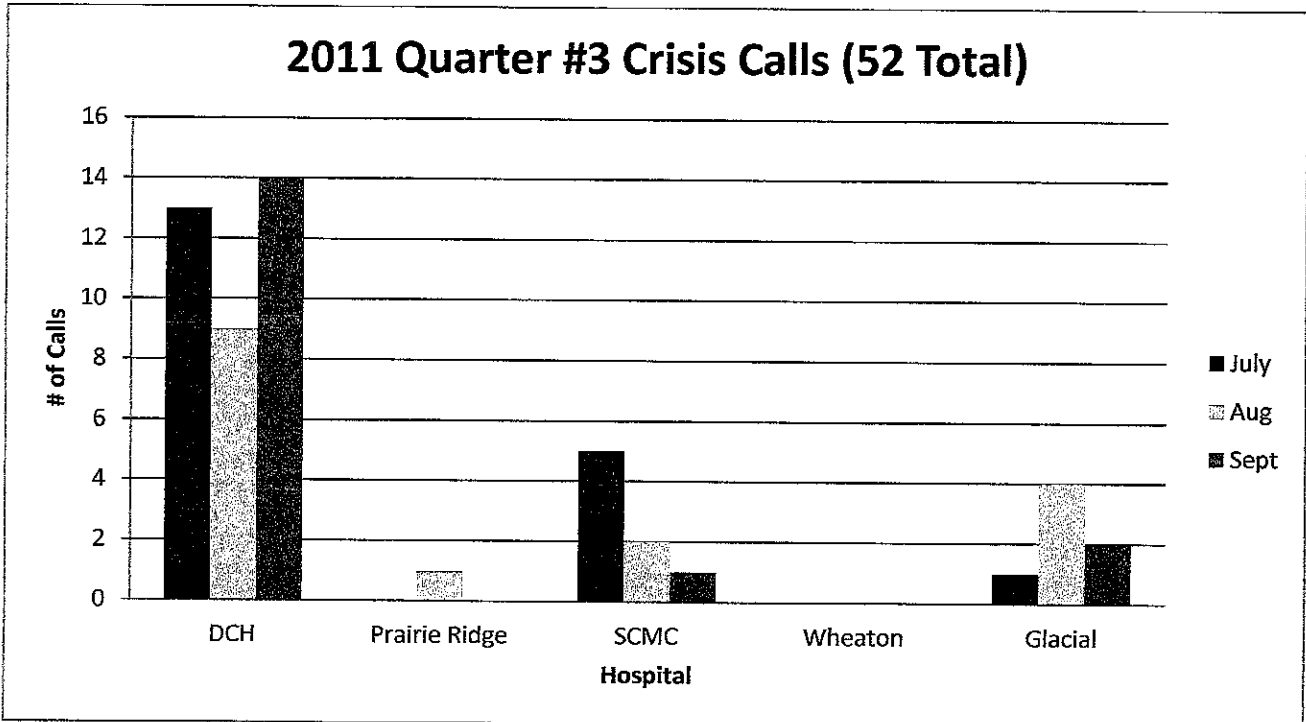
www.r4sconversations.org

**Region 4 South Adult Mental Health Consortium  
 Mobile Crisis Program  
 October 2011**



**REGION 4 SOUTH WARMLINE**  
 6pm-10pm 7 days a week  
 Local: 1-320-298-4404  
 Toll Free: 1-866-290-6333

Kesha Anderson LMFT  
 Crisis Program Manager  
 218-685-8230  
 Kesha.anderson@r4south.org





**REGION 4 SOUTH**  
**AN ADULT MENTAL HEALTH CONSORTIUM**

**Intensive Community Rehabilitation Services Team**  
**Quarterly report October 2011**

Greetings:

Just a quick note to update everyone on Intensive Community Rehabilitation Services. ICRS currently has 54 consumers and is continuing to accept new referrals, including those with an Axis II diagnosis.

Please feel free to contact me with any questions or concerns you may have.

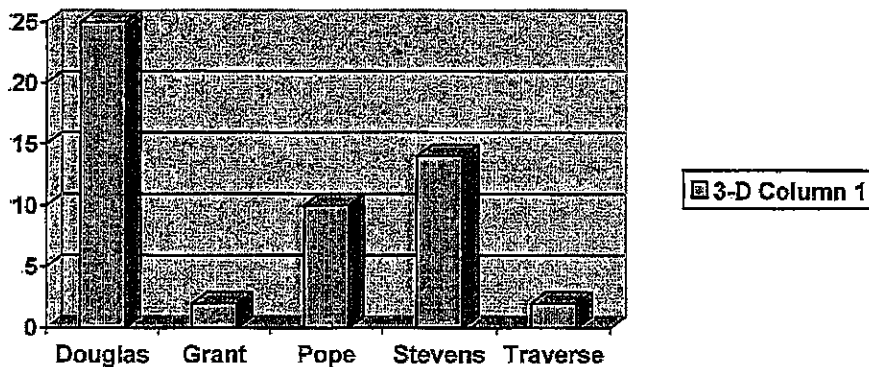
*Heather Danner, LSW*

Heather Danner, LSW  
 ICRS Team Leader  
 320-335-5100

**Client Admissions and Discharges for 3<sup>rd</sup> quarter:**

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Clients</u>
July 2011	1	3	49
August 2011	4	1	52
September 2011	1	0	53

**Consumers by Location**



ADMINISTRATIVE OFFICE	PO BOX 222, ELBOW LAKE, MN 56531	218.685.8229
CRISIS RESPONSE PROGRAM	PO BOX 222, ELBOW LAKE, MN 56531	218.685.8230
PREPETITION SCREENING PROGRAM	PO BOX 222, ELBOW LAKE, MN 56531	218.685.8228
INTENSIVE COMMUNITY REHABILITATIVE SERVICE	1103 BROADWAY, SUITE 101, ALEXANDRIA, MN 56308	320.335.5100

Region 4 South ~ Adult Mental Health Consortium

**PREPETITION SCREENING STATISTICS**

**AUGUST 2011 STATISTICS**

Total Petitions Filed: 3  
Total Hearings Attended: 5

	<b>Petition</b>	<b>Hearings</b>	<b>Stay Of Commitment</b>	<b>Dismissed</b>	<b>Commitment</b>	<b># With Case Management Prior To Screening</b>	<b># Without Case Mgmt Prior to Screening</b>
<b>Grant</b>	<b>1</b>	<b>2</b>			<b>1</b>	<b>1</b>	
<b>Pope</b>	<b>2</b>	<b>3</b>	<b>2</b>				<b>2</b>
<b>Stevens</b>							
<b>Traverse</b>							
<b>Total</b>	<b>3</b>	<b>5</b>	<b>2</b>	<b>n/a</b>	<b>1</b>	<b>1</b>	<b>2</b>

**2011 YEAR TO DATE STATISTICS**

(Note: Jan-March N/A)

Total Petitions Filed: 11  
Total Hearings Attended: 15

	<b>Petition</b>	<b>Hearings</b>	<b>Stay Of Commitment</b>	<b>Dismissed</b>	<b>Commitment</b>	<b># With Case Management Prior To Screening</b>	<b># Without Case Mgmt Prior to Screening</b>
<b>Grant</b>	<b>1</b>	<b>2</b>			<b>1</b>	<b>1</b>	
<b>Pope</b>	<b>6</b>	<b>7</b>	<b>3</b>	<b>1</b>	<b>2</b>	<b>1</b>	<b>5</b>
<b>Stevens</b>	<b>1</b>	<b>0</b>		<b>1</b>			<b>1</b>
<b>Traverse</b>	<b>3</b>	<b>6</b>	<b>2</b>		<b>1</b>		<b>3</b>
<b>Total</b>	<b>11</b>	<b>15</b>	<b>5</b>	<b>2</b>	<b>4</b>	<b>2</b>	<b>9</b>

Please feel free to contact Alicia Davidson if you have any comments, suggestions, or questions regarding these statistics and/or the Prepetition Screening program.

Respectfully Submitted,

Alicia Davidson, BSE, MHPractitioner  
Prepetition Screening Coordinator

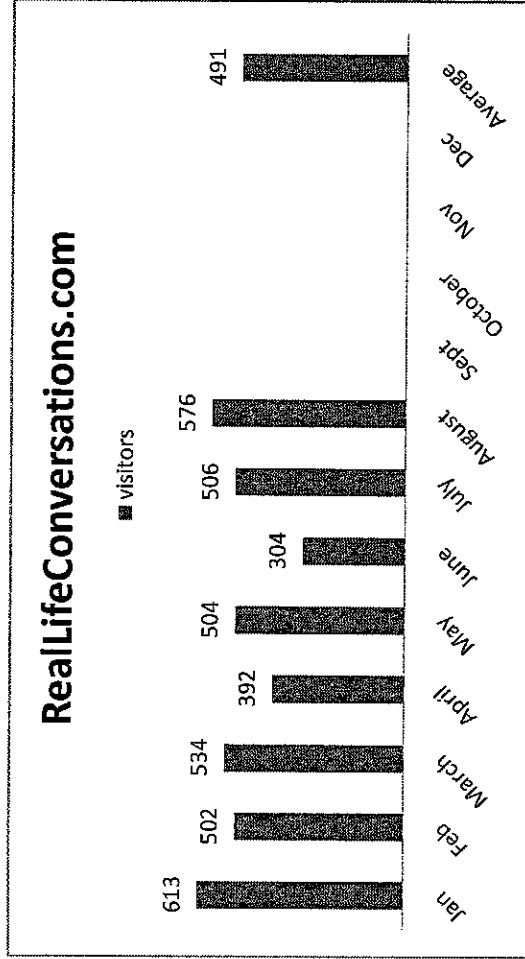
32 Central Ave S, Suite 8  
PO Box 222  
Elbow Lake, MN 56531  
Cell #~ (218) 401-0337  
Office #~ (218) 685-8228  
Fax #~ (218) 685-6414  
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# Region 4 South Adult Mental Health Consortium

January - September, 2011

## BREAK THE STIGMA - MENTAL ILLNESS IS TREATABLE

RealLifeConversations.com shares real life stories of people living with mental illness, provides ways to help adults in our 5 county service area engage in a conversations with someone with mental illness, educates consumers on mental illness and reduces the stigma of mental illness.



Mental illnesses are surprisingly common and affect almost every family in America. Anyone, regardless of age, race, gender, ethnicity, or economic background, can experience a mental illness.

But so is recovery (common). Studies show that many people with mental illnesses recover. More treatments and community supports are available than ever before. People with mental illnesses lead active, productive lives and contribute to their communities.

Stigma and discrimination stand in the way of recovery. Many people who do not understand illnesses think that there is something shameful about them. This "stigma" can lead to discrimination and stop people from getting an education, a home, a job. It also keeps people with mental illnesses from getting the help and treatment that they need.

Haven't signed on yet.....check it out. The stories being shared are moving and inspiring!!!!

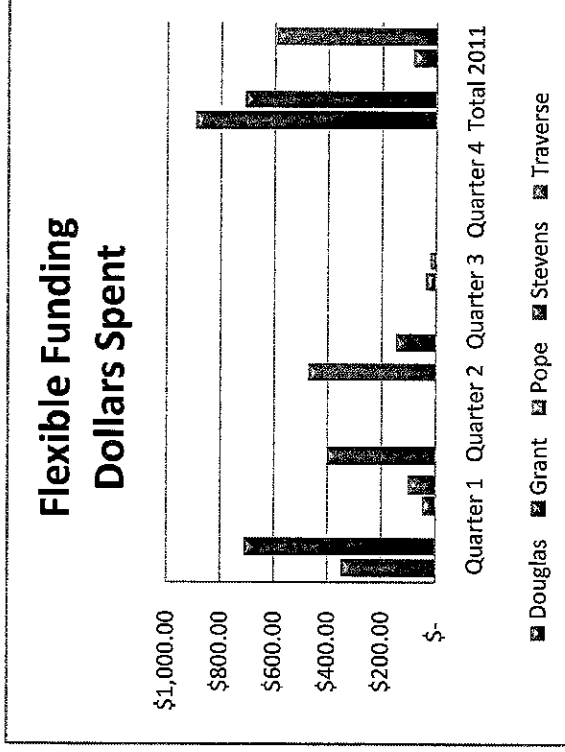
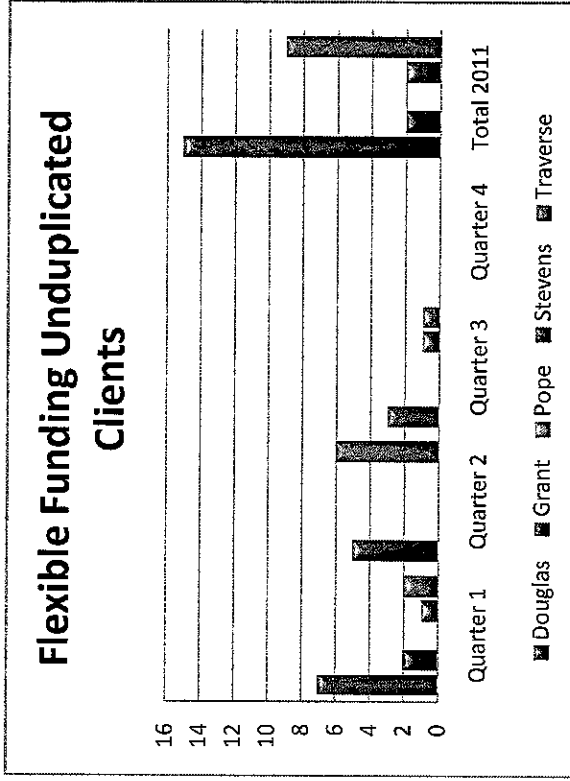
# Region 4 South Adult Mental Health Consortium

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## FLEXIBLE FUNDING

Flexible Funding are dollars made available to each of the 5 Local Advisory Councils for (Adult) Mental health. Clients who have a diagnosis of a serious or serious and persistent mental illness facing a crisis situation may request consideration of their need by the Local Advisory Council.

These funds are intended to be a way of responding to unique issues when no other funding source is available to meet the need. In addition, this activity develops and enhances the decision making authority of the consumers through a consumer to consumer response to needs.

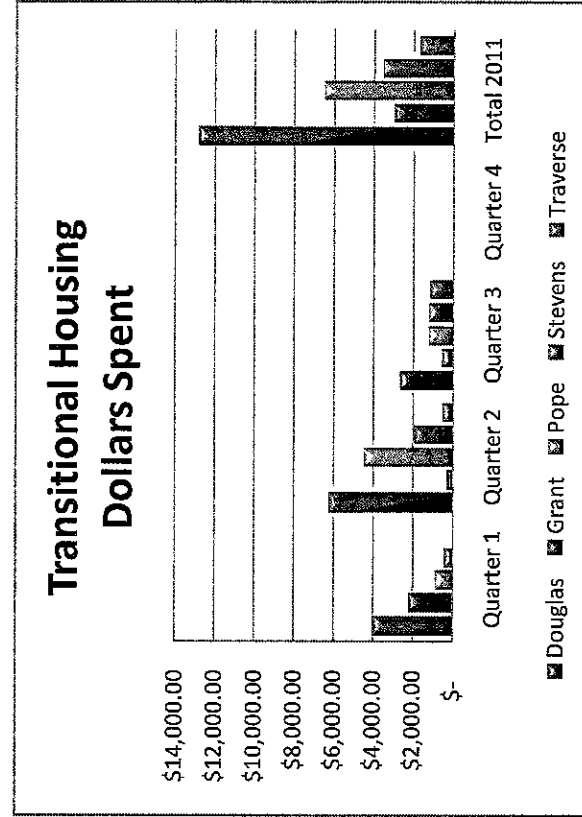
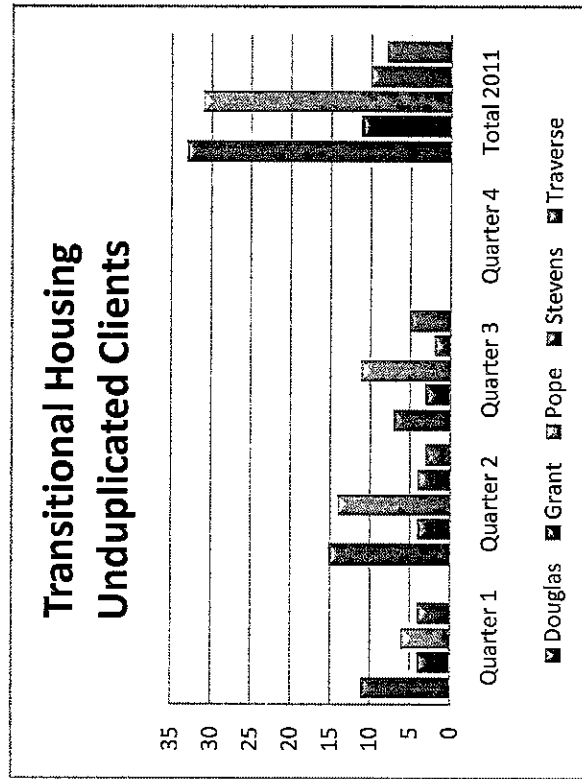


# Region 4 South Adult Mental Health Consortium

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## TRANSITIONAL HOUSING

Through these resources, each county social services/human services department is able to respond to the unique housing and other needs of consumers with a serious or serious and persistent mental illness who are at risk of a more restrictive treatment/living arrangement. These resources also meet the one time needs of consumers being discharged from a more restrictive setting, such as a psychiatric bed or an intensive residential treatment program.



# Region 4 South Adult Mental Health Consortium

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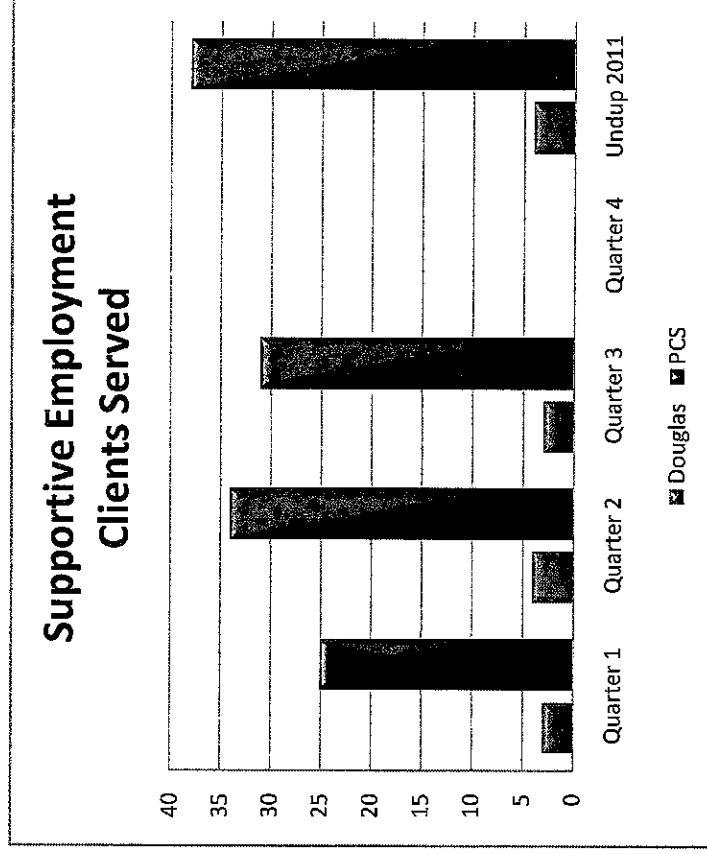
## SUPPORTIVE EMPLOYMENT

The two employment projects each use a different approach to providing services to consumers with serious/serious and persistent mental illnesses. The Douglas County project will serve 10 enrollees. Rural Minnesota CEP provides staff to perform initial intake and individual service strategy planning with each client, client follow up, working with local employers to develop work training sites and/or on the job training positions as well as monitoring each active worksite.

The project pays the work training wages and/or the on the job training wages.

Vikingland CSP provides resume writing training, interviewing skills, and other job seeking skills using ARMHS and Job Club access, as well as job coaching when needed.

The Grant, Pope, Stevens, and Traverse County project is operated by Prairie Community Services. It helps consumers get ready to work, find jobs that they want and offers support to help them keep their job. The staff use a variety of ways to accomplish that. They train consumers how to take care of themselves including hygiene, social skills, benefit assistance and symptom management. They offer training in resume writing and job interest and job search skills. Some jobs are developed specifically for certain individuals. On site job coaching and in home supportive counseling have helped consumers be successful while they work. Coordination of support services and working with employers is also added when needed to help a consumer be successful at their place of work. No project funds are used for client wages.



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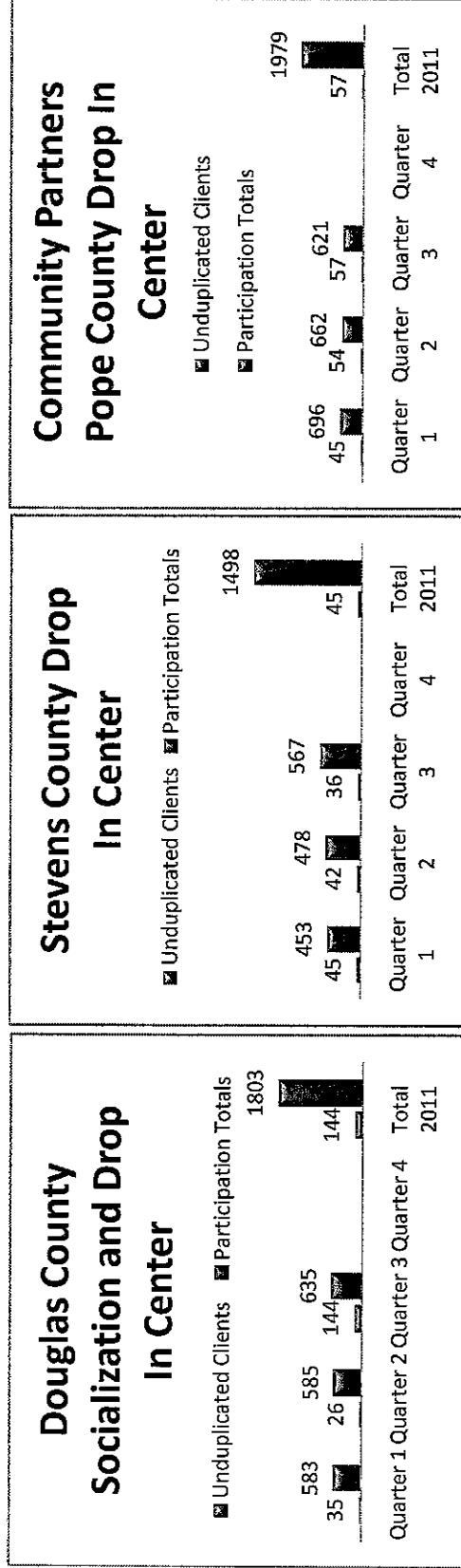
## DROP IN CENTERS

Drop In Centers are funded in Douglas, Pope, and Stevens Counties. Community Partners (Pope County Drop In Center) is a stand alone project. It is a multi-purpose facility where adults with mental illnesses may socialize and learn skills to manage their lives in a safe, supportive environment.

The Douglas County Drop In Center is combined with their socialization program and in 2012 The Stevens County Drop In Center will be combined as well. Douglas County describes their program as activities and opportunities for consumers with a serious and/or serious and persistent mental illness to practice and develop social skills. Community interactions and interpersonal communication are practiced in a safe environment. The project reduces isolation, addresses symptom management and improves overall quality of life.

The Stevens County Drop In Center is a social gathering place for persons with a mental illness residing in Stevens County and their guests. The mission of the project is to provide social and community support for people with a mental illness. It provides the companionship of peers. Both are very important to improve social functioning and reduce isolation, improving the consumer's mental health.

Three (3) consumers are employed part time in these projects.



# Region 4 South Adult Mental Health Consortium

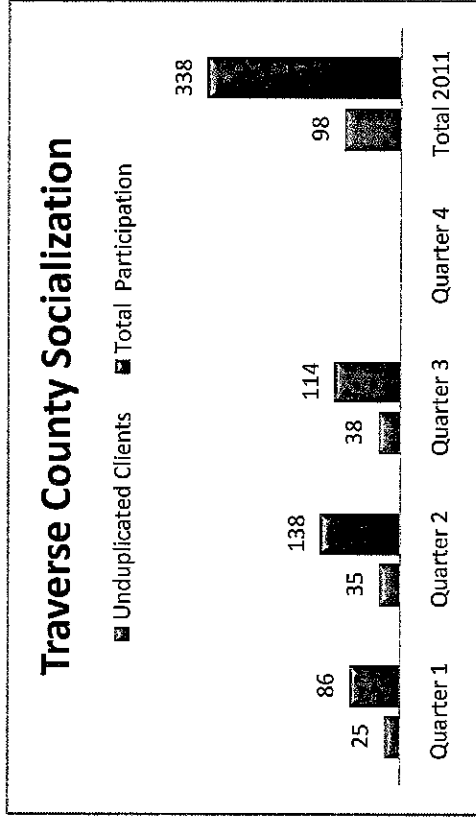
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## SOCIALIZATION PROJECTS

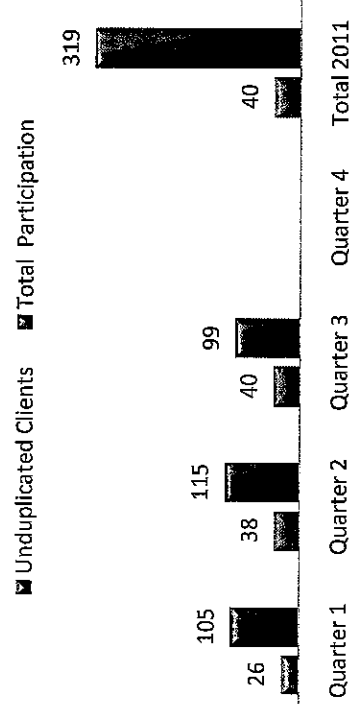
There are socialization projects in all counties - Douglas, Grant, Pope, Stevens, and Traverse. The Douglas County Project is combined with their Drop In Center and is described with that project on previous page.

The Traverse County Socialization Group provides for their members to come together as a group of friends who do not judge them. The activities provide their members with a sense of security by attending community activities in a group. The funding provides necessary funding to try new activities, meet new people, and form lasting friendships in a secure and financially stress free environment.

One consumer is employed part-time with this program.



### Pope County F.U.N. Bunch



The Friend United Network (FUN Bunch) is a social group which holds monthly lunches at the Drop In Center and monthly social events for Pope County residents with severe mental illness. The goals

The goals of the F.U.N. Bunch are to reduce the isolation of individuals who have severe mental illness, to increase their involvement in community activities, help them make new friends, and give them a chance to spend time with old friends. The F.U.N. Bunch provides opportunities to people of low income to become involved in community activities they otherwise could not afford.

One consumer is employed part-time with this program.

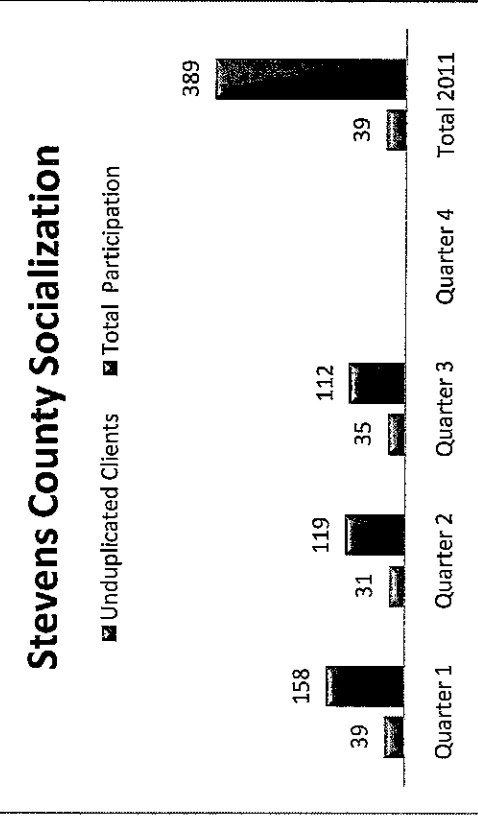
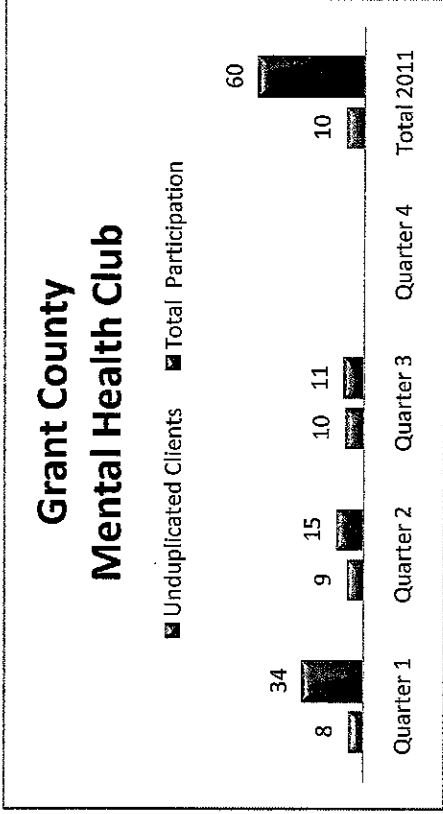
# Region 4 South Adult Mental Health Consortium

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## SOCIALIZATION PROJECTS

In Grant County the Grant County Mental Health Club provides opportunities for consumers with a mental illness to gather together to do activities and participate in interacting with their peers.

Two consumers are employed part-time with this project.



The Stevens County Socialization Project provides opportunities for social interaction to adults who have a mental illness. By presenting people with a chance to get out and enjoy fun and/or educational activities. It improves their outlook and expands their work. The interaction of people with a mental illness with their peers increases their sense of worth and satisfaction with life, and can reduce the chance of a suicide attempt or a costly hospitalization.

One consumer is employed part-time with this project.

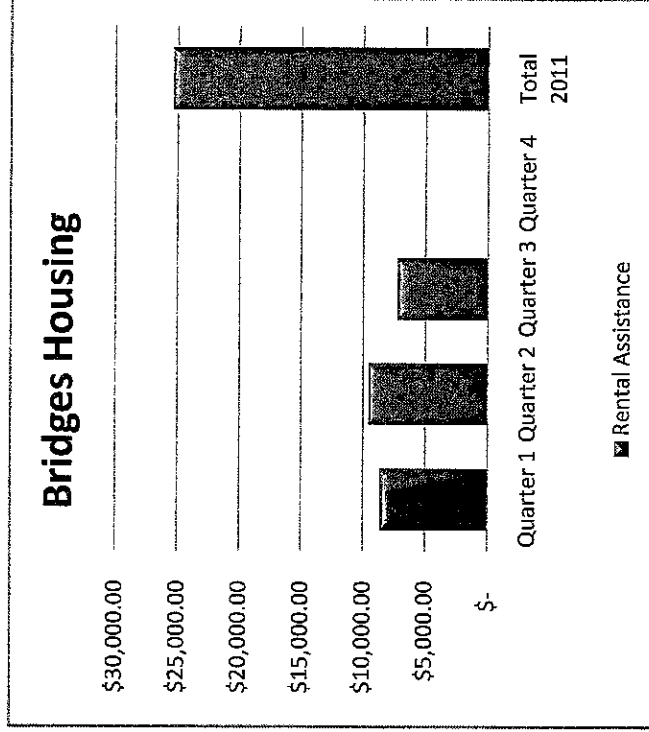
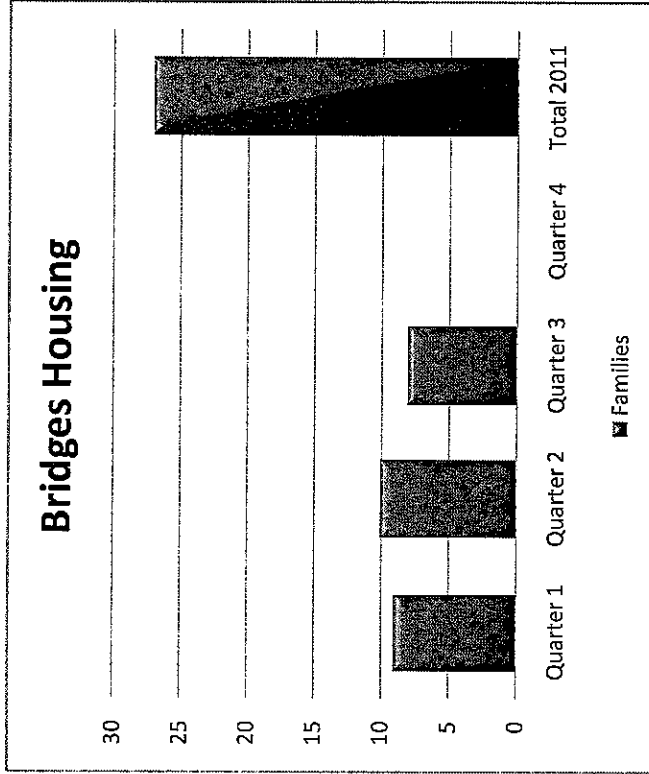
# Region 4 South Adult Mental Health Consortium

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## Housing Programs

### BRIDGES

A state funded housing subsidy program for households who have a family member with a SMI or SPMI diagnosis. The funds are used for housing subsidizes while consumers are waiting to be accepted into the HUD funded Section 8 Program.



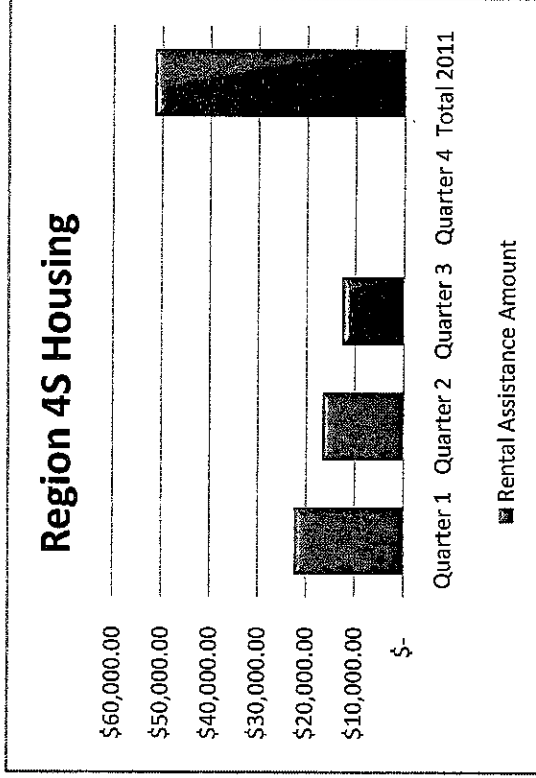
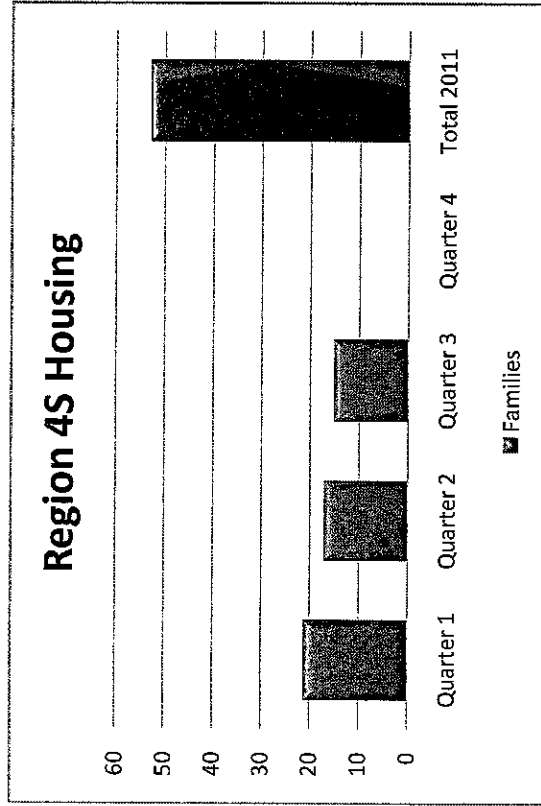
# Region 4 South Adult Mental Health Consortium

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## Housing Programs

### REGION 4S HOUSING

This project provides monthly rental assistance for households that have a family member with a SPMI or SMI diagnosis. The funds are used as an extension of the State funded Bridges Program. The project is an effort to assist additional households as well as to prevent a waiting list for those qualifying households experiencing a rental burden, homelessness, or living in substandard housing.

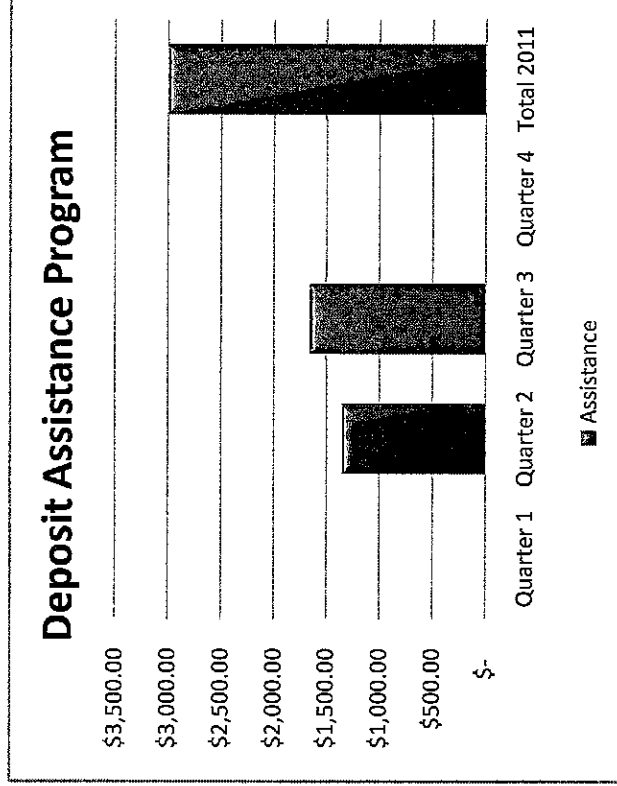
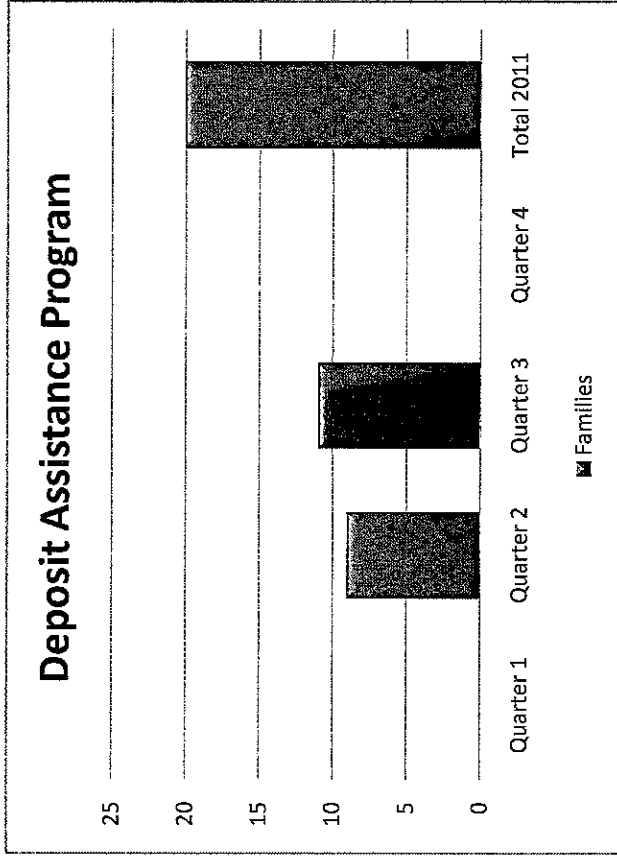


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## DEPOSIT ASSISTANCE PROGRAM

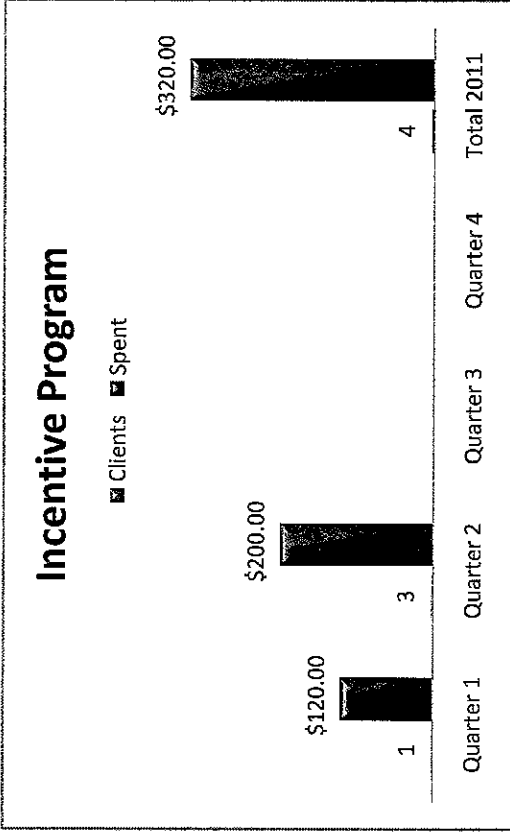
The project provides assistance with deposits, first and last months rent, and other costs associated with renting a unit through Region 4 Housing.



# Region 4 South Adult Mental Health Consortium

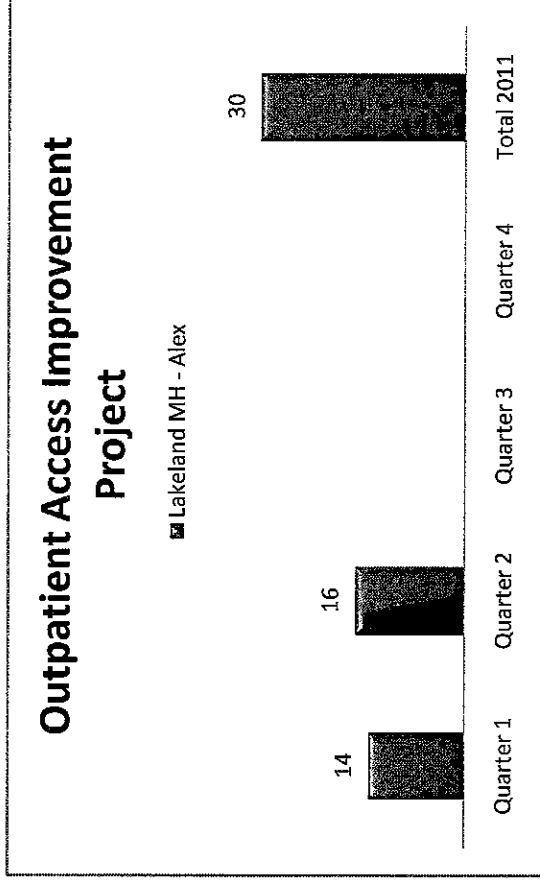
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## INCENTIVE PROGRAM



A simple but effective program to encourage consumers to work on skills to improve their functioning. The program is for consumers in foster homes or consumers living in the community at a LOCUS level 5 (at risk of placement) with a case manager and clinical supervisor that feels the Incentive program may assist in keeping them independent. The incentive (certificates in small amounts) is tied to a specific goal area to increase independence and is available over a 3-6 month period of time. This is to encourage the skill long enough for the new skills to become habit.

## Outpatient Access Improvement Project



## OUTPATIENT ACCESS IMPROVEMENT

This 2 year project was funded with the intent of improving access to out patient services in the Douglas County location of Lakeland Mental Health Center by reducing the amount of time between the client's call and the scheduling of an appointment with a mental health professional.

# Region 4 South Adult Mental Health Consortium

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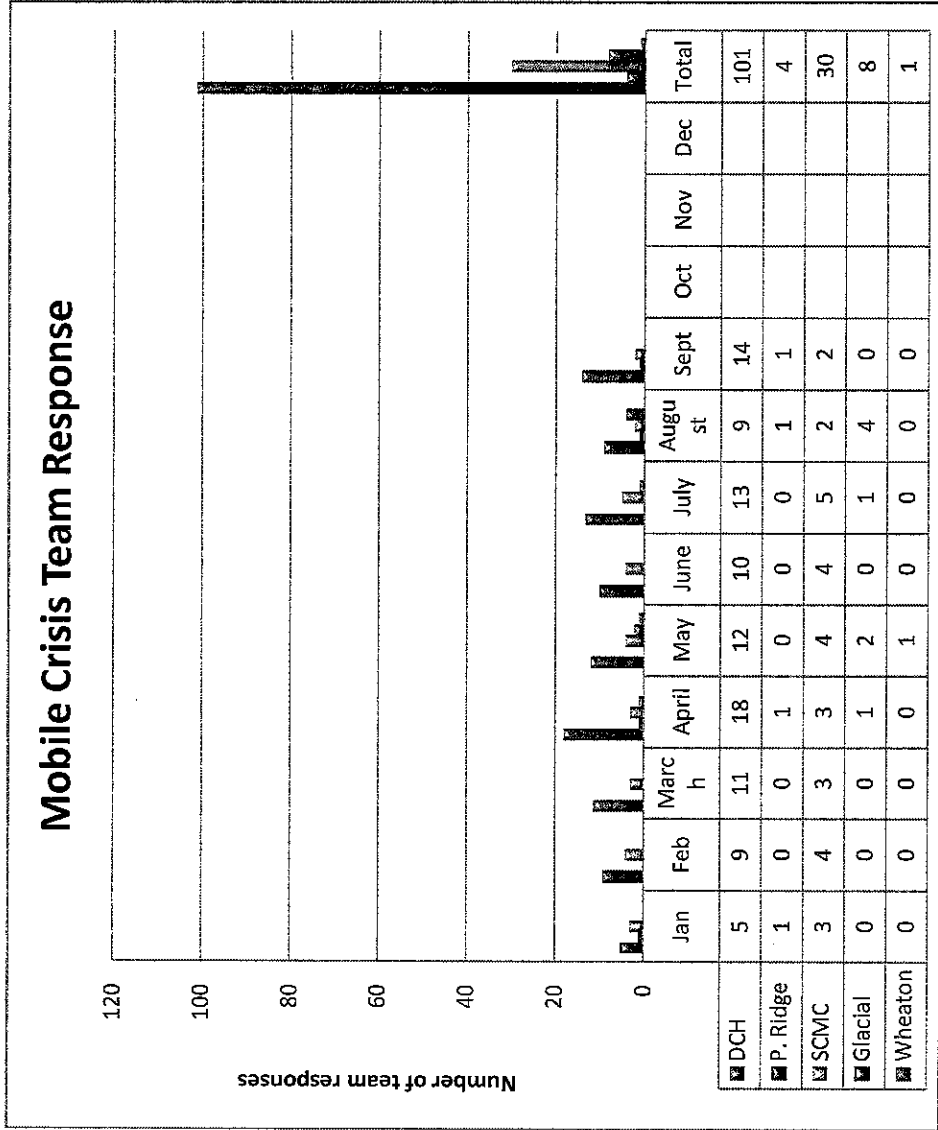
## MOBILE CRISIS SERVICES

Region 4 South Adult Mental Health Crisis Teams, in cooperation with our five local hospital emergency rooms, provide acute support to adults experiencing emotional or psychological difficulties. These mobile mental health services are short-term, face-to-face services designed to restore a person's functioning to a pre-crisis level. Our response services offer opportunities to de-escalate a situation or problem and help people develop individual strategies for their future concerns.

This 24 hour, 7 day a week, 365 day service helps reduce unnecessary hospitalizations, reduces incidents of individuals being removed from his/her home, helps individuals stay connected with ongoing services, and connects individuals who have little or no support system to appropriate resources.

Service components include: mental health screening and assessments; treatment planning; resource referrals; education on resources; priority appointment assistance; collaboration between medical, psychological, and social service agencies; and access to local, short-term crisis stabilization facilities.

Emergency room personnel call a single dispatch number to access the services of the mobile crisis team.



# Region 4 South Adult Mental Health Consortium

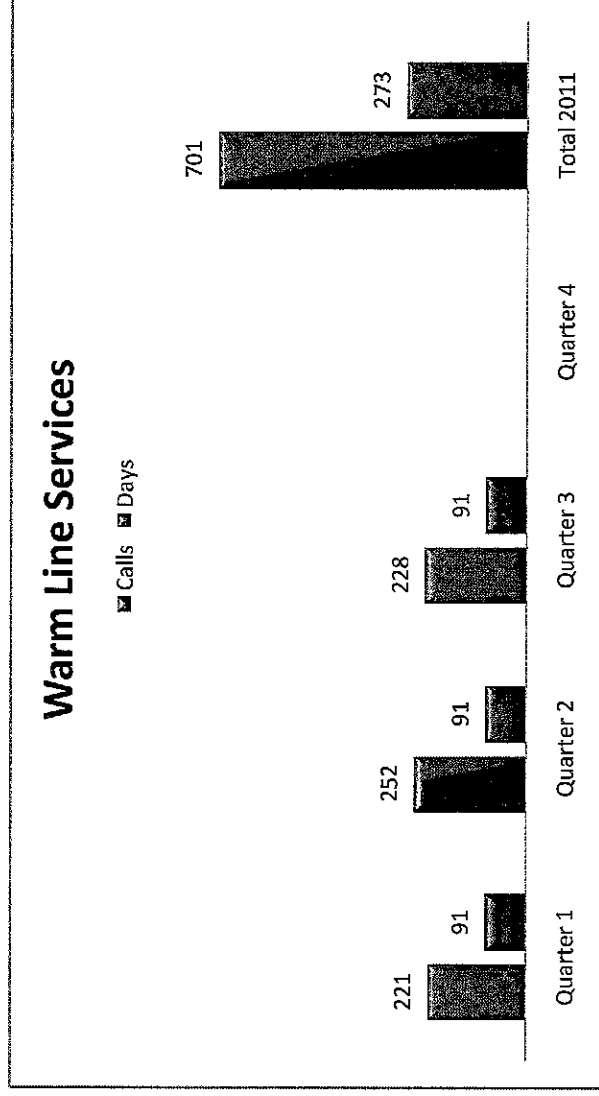
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## WARM LINE

The Warm Line is a peer support line available seven days a week from 6-10 daily. The individual calling the line will receive support, encouragement, information, and information on possible resources for individuals with mental health issues and for family and other community members. Warm Line calls are answered by a consumer that helps relate to the individuals and provides a structured 15 minute call to support the individual during that period.

This line is **not** designed to be a crisis line or to address crisis situations, but rather encourages people who have a mental illness to find ways toward recovery that works for them.

This project employs three (3) consumers on a part-time basis.



# Region 4 South Adult Mental Health Consortium

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## INTENSIVE RESIDENTIAL TREATMENT

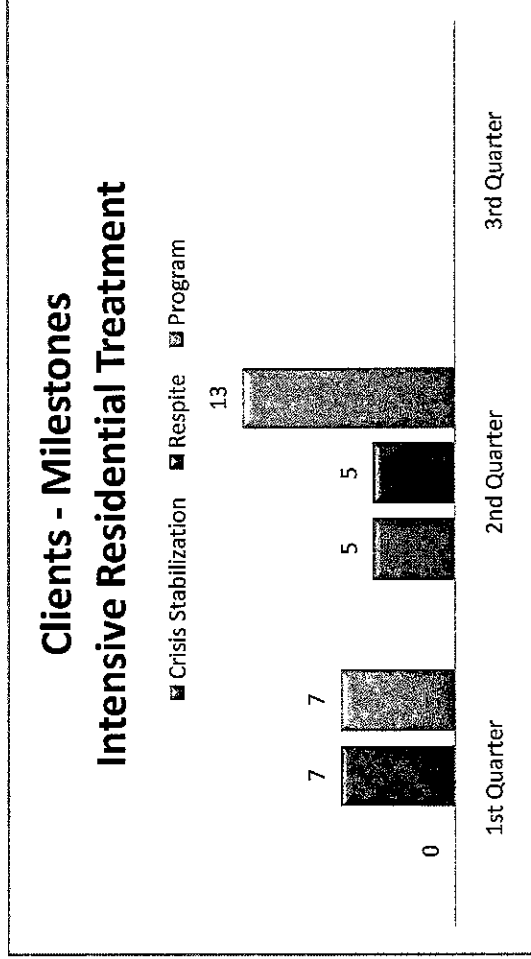
Intensive residential treatment services (IRTS) are time limited mental health services provided in a residential setting to clients in need of more restrictive settings and at risk of significant functional deterioration if they do not receive these services. IRTS are designed to develop and enhance psychiatric stability, personal and emotional adjustment, self-sufficiency, and skills to live in a more independent setting.

Since an IRT placement is time limited, it must be directed to a targeted discharge date with specified recipient outcomes. It must also be consistent with evidence-based practices.

An IRT must be licensed (with a variance to Rule 36 effective July 1, 2010) for Intensive Residential Treatment Services. The facility cannot exceed 16 beds, must have a DHS approved rate for program costs.

Milestones also provides beds for residential crisis stabilization services. These are services provided to a client after a crisis intervention to help the client obtain a functional level as it was before the crisis.

While Milestones offers respite beds as well, these services are paid for by the individual authorizing county.



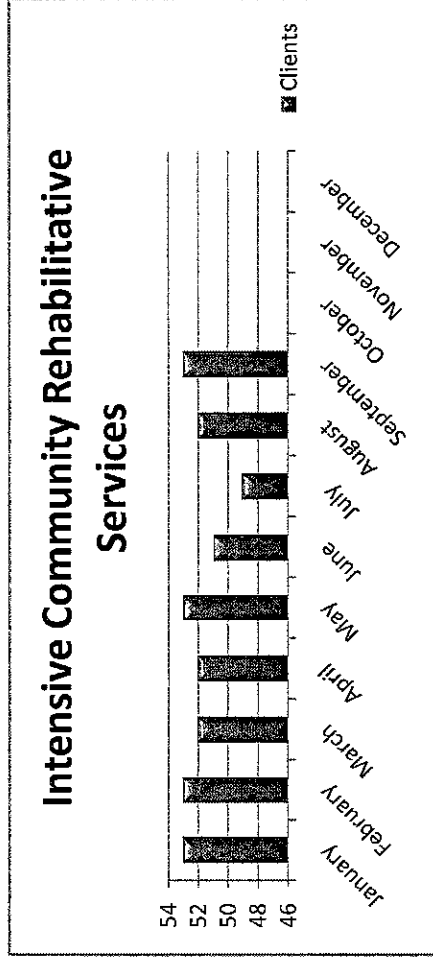
# Region 4 South Adult Mental Health Consortium

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## INTENSIVE COMMUNITY REHABILITATIVE SERVICES

Intensive Community Rehabilitative Service is a way of providing a full range of services to people who have been diagnosed with a serious and persistent mental illness or serious mental illness. The goal of the Intensive Community Rehabilitative Service is to help people reduce the number of psychiatric hospitalizations to help individuals have a life that is not dominated by a mental illness.

The Region 4 South Intensive Community Rehabilitative Services Team is made up of a mental health practitioners, a Registered Nurse and access to a psychiatric provider. The Team have education and training in nursing, social work, substance abuse services, illness Management and Recovery, and vocational rehabilitation. Most of the services are provided by the team are provided in the community. That means that services are provided in people's home, where they work, and in other settings in the community where support may be needed. There is a relatively low ratio of staff to consumers - approximate 1:14.



Following admission to the Intensive Community Rehabilitation Services, Team members will meet with the consumer to explore their personal recovery goals. Once identified, Team members will help develop strategies to assist the individual in meeting their goals. The Team meets frequently to discuss consumer progress. If changes need to be made in the type of service someone is receiving or how often they need to receive these services, Team members can quickly make those needed changes. If a person needs a lot of help and support, team members will be in touch with the person as many times as necessary. Because of the Team's ongoing involvement and assessment, emergencies can often be avoided.

Assistance is provided in the areas of basic living and social skills; community interventions, transitioning to community living; nursing services; psychiatric access; vocational rehabilitation; Integrated Dual Diagnosis Treatment (an evidence based treatment); and Illness Management and Recovery (an evidence based treatment). Targeted case management is offered concurrently.

# Region 4 South Adult Mental Health Consortium

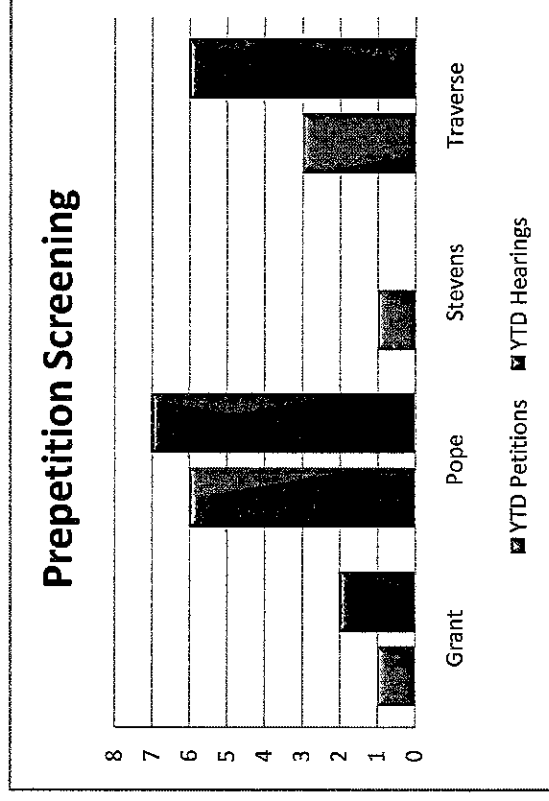
January - September, 2011

## PREPETITION SCREENING FOR COMMITMENT

Region 4 South Adult Mental Health Consortium staff conducts the prepetition screenings for civil commitment for Grant, Pope, Stevens, and Traverse Counties. This screening process is for individuals who are considered a danger to self or others due to a mental illness. The Prepetition Screening Team attempts to find less restrictive alternatives to civil commitment whenever possible. If safe, less restrictive alternatives are not available, the Team will recommend that a petition for civil commitment be filed by the County. In the Region 4 area, the Prepetition Screening Team consists of a pharmacist, a mental health professional, a public health nurse, a certified nurse practitioner, as well as the client's case manager (if the person has a one). The Team may also be supplemented on a strategic basis by representatives from current or proposed mental health service providers.

Clients being screened for civil commitment are typically in a hospital setting and on a 72 hour hold. Involuntary commitment is a court ordered process where an individual has been found to be a danger to self or others. Individuals who have been civilly committed receive case management services (most likely from county social services in our area) while in the hospital and in the community.

All of the work done in Prepetition Screening is typically completed within a 72 hour Hold timeframe. The Prepetition Screening Team is staffed by a Region 4 South staff member who interviews the client, reviews all pertinent records and contacts collaterals. This information is the data considered by the Prepetition Screening for Commitment Team.



**PROPOSED COMPREHENSIVE BUDGET  
AMHI GRANT - 2012**

	Proposed 2012 Running Total		Initial 2011 budgeted
FUN Bunch	\$ 11,140.04	\$ 11,140.04	\$ 13,680.04
Stevens County Socialization (2 mo)	\$ 1,910.52	\$ 13,050.56	\$ 10,465.68
Traverse County Socialization	\$ 9,638.81	\$ 22,689.37	\$ 9,638.81
Douglas County Socialization	\$ 15,308.88	\$ 37,998.25	\$ 14,678.88
Pope County Drop In Center	\$ 20,513.00	\$ 58,511.25	\$ 15,928.00
Stevens County Drop In Center (2 mo)	\$ 3,924.08	\$ 62,435.33	\$ 21,743.80
Grant County Socialization/Drop In	\$ 14,637.00	\$ 77,072.33	\$ 13,192.00
Stevens County Combined (10 mo)	\$ 26,292.08	\$ 103,364.41	
		\$ 103,364.41	
Warm Line	\$ 13,447.00	\$ 116,811.41	\$ 13,447.00
		\$ 116,811.41	
CONVERSATIONS web site	\$ 1,800.00	\$ 118,611.41	\$ 2,000.00
Public Relations	\$ 1,000.00	\$ 119,611.41	\$ 4,000.00
Training Committee (day on the hill)	\$ 8,000.00	\$ 127,611.41	\$ 13,900.00
		\$ 127,611.41	
Douglas County Employment	\$ 24,263.00	\$ 151,874.41	\$ 15,000.00
PCS Employment (Grant, Pope, St, Tra)	\$ 44,894.28	\$ 196,768.69	\$ 44,894.28
		\$ 196,768.69	
Client Access SS Reimbursements	\$ 8,000.00	\$ 204,768.69	\$ 15,000.00
		\$ 204,768.69	
Flexible Funding	\$ 4,500.00	\$ 209,268.69	\$ 6,500.00
Transitional Housing - all	\$ 41,800.00	\$ 251,068.69	\$ 41,800.00
		\$ 251,068.69	
Incentive Funding	\$ 3,700.00	\$ 254,768.69	\$ 3,710.00
		\$ 254,768.69	
R4South Housing #1	\$ 90,000.00	\$ 344,768.69	\$ 98,986.51
R4South Housing #2	\$ 60,000.00	\$ 404,768.69	
		\$ 404,768.69	
IRT - Program	\$ 33,331.00	\$ 438,099.69	\$ 33,331.00
IRT - GRH	\$ 4,003.00	\$ 442,102.69	\$ 4,003.00
		\$ 442,102.69	
DBT Therapy	\$ 6,000.00	\$ 448,102.69	\$ 6,000.00
		\$ 448,102.69	
Nursing Support	\$ 4,000.00	\$ 452,102.69	\$ 3,000.00
Intensive Aftercare	\$ 5,000.00	\$ 457,102.69	\$ 9,000.00
		\$ 457,102.69	
ICRS	\$ 100,000.00	\$ 557,102.69	\$ 180,636.00
		\$ 557,102.69	
CONVERSATIONS	\$ 30,000.00	\$ 587,102.69	\$ 33,000.00
		\$ 587,102.69	
Prepetition Screening/Commitment	\$ 48,785.22	\$ 635,887.91	\$ 81,633.00
		\$ 635,887.91	
Administrator - 70% of 118,702	\$ 83,091.40	\$ 718,979.31	\$ 98,662.00
Attorney \$12,300.00@70%	\$ 8,610.00	\$ 727,589.31	
Payroll processing \$9,000.00 @40%	\$ 3,600.00	\$ 731,189.31	

Fiscal host \$58,000.00 @25%	\$ 14,500.00	\$ 745,689.31	\$	17,400.00
Audit \$4000.00@40%	\$ 1,600.00	\$ 747,289.31		
Total Projected grant costs - AMHI		\$ 747,289.31	\$	746,789.00
Crisis - Program Costs/including manager	\$ 259,772.02	\$ 259,772.02	\$	269,102.39
Administrator budget \$118,702.40 @20%	\$ 23,740.48		\$	27,114.00
Legal Fees \$12,300.00@20%	\$ 2,460.00			
Payroll Services \$9000.00@10%	\$ 900.00			
Fiscal Host Charges \$58000.00@25%	\$ 14,500.00		\$	17,400.00
Audit 4000.00@10%	\$ 40.00			
Total Contracted costs	\$ 41,640.48	\$ 41,640.48		
		\$ 301,412.50		
Billing income		\$ (476.00)		
Total projected grant costs - Crisis		\$ 300,936.50	\$	300,936.00

<b>TOTAL AMOUNT OF 2012 GRANT AWARD</b>	<b>\$ 1,047,725.00</b>
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