

*Summary of the October 11, 2011 “Conversations ...” Meeting of the Region 4- South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties*

“A Conversation ...”

October 11, 2011 ~ Those Attending:

*Iver Aal	Stevens Co. Resident	*Carroll Anderson	Pope Co LAC – Consumer
*Keshia Anderson	Reg 4-S Crisis Program	*Diane Barduson	Douglas Co. Consumer, Socialization & Drop In Cntr Coord
*Fay Beman	PCS	*Rebecca Berg	Residential Living Solutions
*Sue Boese	CHBB – Alexandria	*Sharon Booen	Pope Co. LAC
*Randy Bouwman	Pope Co. LAC	*Edith Brasel	Pope Co. LAC – Consumer
*Laurie Burns	Stevens Co. Human Services	*Fran Cin	Life Center - SCMC
*Heather Danner	Reg 4-S AMHC ICRS Team	*Alicia Davidson	Reg 4-S AMHC
*Patricia Eggers	Grant Co. Consumer & Socialization	*Mark Erickson	Stevens Co. Resident
*Vonnie Evavold	REM Central Lakes, Inc.	*Judith Fox	Traverse Co. Socialization – Consumer
*Leanne Harmsen	PCS, Pope LAC, Stevens LAC	*Gloria Jahrman-Johnson	Pope Co. Consumer
*June Kedor	Douglas Co. - Consumer	*Amy Kiehn	Douglas Co. Consumer
*John Kiehn	Douglas CO. Resident	*Bill Klein	Lakeland Mental Health Center
*Marilyn Kluver	PCS-Alderwood	*Fonda Knudson	CSN
*Kay Lagred	Pope Co. Public Health	*Shelly Leonard	Pope Co. Consumer, LAC, WCP Drop In Cntr Coord.
*Claudia Liljegren	Lakeland Mental Health Center	*Char Lundebrek	Pope Co. Human Services
*Keith Lundsetter	PCS	*Carolyn Mallery	Douglas Co. Consumer
*Elsa Manning	Douglas Co. Resident	*Kayla Mattocks	PCS
*Chad Meyer	PCS	*DeeAnn Miller	Pope Co. Human Services
*Joyce Moen	Pope Co. Resident	*Joanie Murphy	Stevens Co. Human Services
*Michaela Niblett	PCS – Castlewood	*Jane Nygaard	Douglas Co. Resident
*David Pearson	Pope Co. Consumer	*Joyce Pesch	Reg 4-S AMHC
*David Peterson	Milestones – IRTS	*Mary Petersen	Douglas Co. Social Services
*James Pew	Life Center – SCMC	*Lorraine Pierce	MN DHS – Mental Health Division
*Yolanda Polman	Vocational Rehab Services	*JuliAnn Randall	Douglas Co. Consumer
*Anita Renstrom	Douglas Co. LAC & Consumer	*Corrina Rost	PCS-Glenwood
*Danie St. John	PCS-Maplewood	*Karen Salem	Douglas Co. Resident
*Ben Schulz	Grant Co. Social Services	*Karen Schulz	Pope Co Consumer, FUN Bunch Coord.
*Rita Smith	Douglas Co. Consumer	*Julie Sonju	Douglas Co. LAC, Consumer
*Deb Stark	Stevens Co. Social Club	*Cheryl Starner	Grant Co. LAC
*Jed Stump	PCS	*Sandy Tubbs	Douglas Co PH & Stevens Traverse Grant PH
*Lucille Tullis	Pope Co LAC – Consumer	*Ken Volk	Douglas Co Consumer
*Mary Volk	Douglas Co Consumer	*Gloria Wartner	Pope Co. Resident
*Emma Westrom	Grant Co. Consumer	*Deb Hengel	Facilitator

ADDRESS ADDITIONS / CHANGES:

ADD: John Kiehn
1815 Aga Dr. #102
Alexandria, MN 56308
johnkiehn@hotmail.com

Mailing Address for Region IV S Adult Mental Health Consortium

Correspondence, bills or vouchers
should be mailed to
Region 4 South AMHC
PO Box 222
Elbow Lake, MN 56531

Region IV-S AMHC Administrator:

Joyce Pesch
joyce.pesch@r4south.org
PHONE: 218-685-8229
FAX:

***Summary of the October 11, 2011 “Conversations ...” Meeting of the Region 4- South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties***

Purpose of Meeting Tuesday, October 11, 2011 held at Hoffman Community Center – Hoffman, MN

Welcome & Introductions

1. Approval of Agenda *Additions, *Clarifications, *Changes –
2. Approval of summary of September 13, 2011 “Conversations...” meeting.
3. Meeting Packet Information – Joyce Pesch
4. “Day at Home” Report – Cheryl Starner
5. Financial Report – Joyce Pesch
 - A. Monthly Report
 - B. Applications/Proposals (ACTION NEEDED)
6. AMHC Administrator’s Report – Joyce Pesch
7. Region 4-South Adult Mental Health Consortium Governing Board Report – Joanie Murphy
8. State Advisory Council Report
9. State Liaison Report –Lorraine Pierce
10. 2012 Budget & Work Plan
11. Work Teams and Task Forces Meet
 - A. Transportation
 - B. Training & Education
 - C. Services for Hard-to-Serve
 - D. Integrated Physical and Mental Health
 - E. Housing
 - F. Crisis Response
12. Reports from Work Teams and Task Forces
13. Updates- Community Based Adult Mental Health Services:
 - A. Socialization Projects – Douglas, Pope, Stevens, Traverse
 - B. Employment – *Douglas Co. Social Services, & Prairie Community Services*
 - C. Housing – *include Bridges-like and Shelter Plus Care*
 - D. Crisis Prevention
 - E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse
 - F. Milestones IRTS (Intensive Residential Treatment Services)
 - G. ICRS (Intensive Community Rehabilitative Services) Team (1) Program Report (2) Board Report
 - H. Community Behavioral Health Hospitals
 - I. Safety Net – including Flexible Funds from each county
 - J. Training and Education
 - K. Day on the Hill
 - L. Douglas County Saturday Transportation
 - M. Warm Line
 - N. Pope County Drop In Center
 - O. Stevens Co Drop In Center
 - P. Traverse County Support Group
 - Q. Web Site – www.r4sconversations.org
 - R. Homeless to Housed Committee
 - S. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com
 - T. Transportation
 - U. Grant County Drop-In Center
 - V. Health Screenings
14. Announcements
15. Agenda for November 8, 2011 “Conversations...”

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THE SUMMARY:

Introductions... Name and role in the AMHI ...

1. Agenda Approval, Additions: Approved as presented

2. Approval of September 13, “Conversations...” Summary: Approved as printed

3. Meeting Packet Information – Joyce Pesch

3-A. Information –

- [1] Cold Weather Rule Information – regulated utilities
- [2] Crisis Housing Fund

3-B. Program Openings –Prairie Community Services openings. *Reminder given to all provides that programs opening information can be sent to Joyce Pesch to have it included in the “Conversations...” meeting packets.*

3-C. Reports including in meeting packet:

- [1] Administrator’s Report – October 2011
- [2] Adult Crisis Response Program – October 2011
- [3]ICRS - Intensive Community Rehabilitation Services – Program – October 2011
- [4] Prepetition Screening – October 2011
- [5] Douglas County Transitional Housing – July-September, 2011
- [6] Douglas County Employment Grant - July-September, 2011
- [7] Douglas County Socialization /Drop In Center – July-September, 2011
- [8] Grant County Flexible Funding – July-September, 2011
- [9] Grant County Flexible Funding – July-September, 2011
- [10] Grant County Mental Health club – July-September, 2011
- [11] Pope County Transitional Housing and Flexible Funding – Jul-September, 2011
- [12] Pope County FUN Bunch (Socialization) – July-September, 2011
- [13] Pope County Community Partners Drop In Center – July- September, 2011
- [14] Stevens County Transitional Housing - July- September, 2011
- [15] Stevens County Flexible Funding - July- September, 2011
- [16] Stevens County Social Club - July- September, 2011
- [17] Stevens County Adult Mental Health Drop In Center - July- September, 2011
- [18] Traverse County Transitional Housing and Flexible Funding - July- September, 2011
- [19] Traverse County Socialization - July- September, 2011
- [20] Douglas County HRA - - R4 Housing Programs – October, 2011
- [21] Region 4-South WarmLine - July- September, 2011
- [22]PCS Supportive Employment – April – June, July-September, 2011
- [23]Reallifeconversations.com Statistics – April-September, 2011

3-D. Financial Statements

- [1] For Period ending September 30, 2011

3-D. Applications/Proposals (Action Needed)

- [1] Traverse County LAC – flexible funding request for \$848.00
- [2] Lakeland Mental Health - \$5000.00 supervision cost for a new staff member working toward licensure as LICSW

3-E. Program Openings

- [1] Prairie Community Services

- Comments: Narrative Summary with charts prepared to reflect the quarterly reports. Information for these narrative reports was from the wording from the 2011 application. Project contact persons should inform Joyce Pesch if any changes are needed or if there is a better way to describe any of the project activities.
- Noted that the reallifeconversations.com website has an average of 491 visitors a month.
- Proposed Comprehensive Budget AMHI Grant 2012 and the Narrative for the 2012 Work Plan are included in the meeting folder.

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4.”Day at Home” Report – Cheryl Starner: Cheryl Starner, representing the Education and Training Work Group that planned the First Annual “Day at Home” gave this report. This event was held on Friday, September 30 at the Broadway Ballroom, Alexandria. When she requested people to stand who attended this event over half of the October “Conversations...” attendees stood. She reported that the morning session was education for consumers and professionals to help prepare their stories to share with their Legislators. People seemed to be very engaged in this process.

DHS Commissioner Lucinda Jesson gave the keynote talk during lunch.

The afternoon session was to be an opportunity for people to meet with their State Representatives and/or Senators. However, none of the seventeen legislators invited were in attendance. The planning group had indications that four would be attending. Since there was no legislators in attendance there was no reason for the afternoon session, and it was cancelled.

Commissioner Jesson did do a question and answer with the group during the time the event organizers attempted to contact legislators.

A written summary of the event, evaluations and a copy of news article about The “Day at Home” event from October 5, 2011 edition of the Echo Press (Alexandria) were provided to “Conversations...” participants.

As follow up to this, e-mails and phone calls have been received from some legislators. Cheryl Starner will compile these and all September 30 attendees will receive a copy.

5.Financial Report – Joyce Pesch

[A.] Monthly Report – for period ending September 30, 2011. Comment that many bills were approved the previous week and are not reflected on this report. Comment that Administrator is not concerned with the “percent of planned expense” numbers as some projects indicate a greater percentage than expect, but others are under spending. Some examples given Grant Co. MH Club and Public Relations are under spending; while Flexible Funding is right on track. Housing shows under spending, but this is because of the HRA has been slowed up in getting people into housing because of the time needed for inspections to be done. Assurance given that the AMHC has the resources to fund the requests being made today under the Applications/Proposal (action needed) segment of our agenda.

Noted that the last half of the financial report is the Crisis Budget.

Noted that our AMHC budget was reduced by \$56,081.00 for July-December, 2011. This resulted in a final base grant for 2011 of \$802,872.00. Crisis Budget was unchanged (\$313,616.39). So our final total budget for the AMHC is \$1,116,488.39.

[B] Applications /Proposals (ACTION NEEDED)

[1] Lakeland Mental Health Center (LMHC) – request of \$5000.00 for supervision cost for a new staff member working toward licensure as LICSW (Licensed Independent Clinical Social Worker).

Discussion included: [QUESTION] Is the same amount as previous? [REPLY] LMHC has had two similar requests. This one is for the Glenwood Staff. Noted that each staff person under this type of program is required to stay with LMHC for three years post licensure or they have to repay this \$5,000.00. Noted that this request is about building the capacity of the mental health system. [COMMENT] AMHC Administrator recommended the following budget line adjust to cover LMHC’s \$5,000 request: \$3000.00 out of Grant CO. Mental Health Club and \$2,000.00 out of Public Relations.

[C] We are paying for someone else’s licensure. SCMC has not made this type of request.

[C] Just because SCMC’s has not in the past, doesn’t mean they couldn’t in the future.

[C] Noted that the Glenwood LMHC office works hard to find LICSWs, but they have not had many replies. Therefore LMHC needs to provide training for staff.

[C] Concern expressed that we were setting a precedent.

[C] Noted that new county social workers are requiring additional clinical supervision.

[Q] Do we have the money for this request?

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[R] At this time we do. However there is no room in the 2012 budget for this project with our current funding level – unless we make changes.

Clarification requested: Will the clinical supervision indicated in the request be covered in 2011?

[R] In 2012 this will be LMHC.

Clarification requested: Does the individual pay anything for supervision, as this happens in some places?

[R] We are offering to cover supervision costs in response to the difficulty we have in recruiting LICSW. If the person does not honor the requirement to stay with LMHC for three years post licensure, then they will pay for the supervision cost.

[C] The person receives 200 hours of supervision for 2000 hours of work. Supervision is approximately 8 hours / month.

ACTION: Recommend to the Governing Board of the Region 4-S Adult Mental Health Consortium to approve the request from Lakeland Mental Health Center for \$5,000.00 to cover costs of increased supervision (for a new staff member working toward licensure as LICSW (Licensed Independent Clinical Social Worker).

Motion made by Joanie Murphy, with second by Marilyn Kløver.

Vote taken by hand count. 31 “YES” and 15 “No” Motion Carried

[2] Traverse County LAC request of \$848.00 for flexible funding

Discussion included: Clarification requested as to what amount in the printed e-mail is the request amount: maximum of \$2,000.00 or \$848.00. [R] The amount being requested is \$848.00 because this is the amount used in the previous 12-month. Noted that this is in keeping with the AMHC’s policy for Flexible Fund requests: *No request can be for more than \$2,000.00 at a time, nor can the request exceed the amount used in the previous 12 months.*

ACTION: Recommend to the Governing Board of the Region 4-S Adult Mental Health Consortium to approve the request from Traverse County LAC for \$848.00 for Flexible Funds project.

Motion made by Mary Petersen with second by Cheryl Starner

Voice vote taken. Motion APPROVED

6. AMHC Administrator’s Report – Written report included in meeting packet. Comments included:

- (1) RE: New check-in / registration procedures instituted effective September, 2011. Reminder that at the beginning of the meeting, everyone must **check in** on the registration list to get their meeting packet and this also serves as the meal cont. At the end of the meeting people who complete a voucher for mileage and/or per diem must check out with the normal voucher process. Noted that if you do not sign out they will not get a check for per diem and/or mileage.
- (2) RE: Crisis Housing Fund: information included in today’s packet as a reminder to people of the Crisis Housing Fund. Noted that there is 5-day turn around period. Comment that this is a resource to access prior to before accessing AMHC’s funds.
- (3) Noted that for persons who are under Section 8 Housing or are in low-income housing, if they are hospitalized, the housing program **must** recalculate the hospitalized person’s income.
[C] This also includes persons who are in an IRTS.

[Q] Can you go back and request the Crisis Housing Funds? [R] No, because “crisis” is in the moment. Also noted that MN Crisis Housing program only does direct vendor payments. Further clarification provided that the Crisis Housing Fund is a flexible pool of money to provide short-term housing assistance to persons with serious and persistent mental illness whose income is being used to pay for an inpatient psychiatric treatment of 90 days or less. This could be in an IRTS or a hospital.

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- (4) RE: MN Cold Weather Rule – information included to help people be aware that all regulated utilities are under this rule. Noted that neither fuel oil nor LP gas dealers are regulated utilities so the Cold Weather Rule does not apply to these businesses. People should make contact now with these vendors before a situation occurs. Noted that WCMCA (www.wcmca.org) has a couple of energy assistance programs: (1) Fuel Assistance and (2) Reach Out for Warmth. Noted that Reach Out for Warmth as specific dollars for persons with SPMI. This can be accessed through case managers.

7. Region 4-South Adult Mental Health Consortium Governing Board Report – Joanie Murphy reported that the AMHC’s Joint Powers Board (JPB) meeting is October 12, 2011. At this meeting they will review the 2012 Action Plan and 2012 Budget. Governing Board is recommending to the JPB some changes in the AMHC’s by-laws:

(a) Recommend that each county have a vote on the Governing Board. This in reference to one person-Rhonda Antrim who serves as the director of two county agencies: Pope Co. Human Services and Traverse County Social Services. The change in by-laws would be that Ms. Antrim would have two votes – one for Pope County and one for Traverse County.

(b) Recommend to change by-laws to require an annual audit of the books of the AMHC. This reflects a best practice standard.

Joanie also reported:

- Staff person on ICRS, Kathy Erickson, has resigned. The Governing Board will change this position from administrative support to a Mental Health Practitioner.
- Governing Board approved all recommendations from the August “Conversations...” meeting.

8. State Advisory Council Report – None

9. State Liaison Report: Lorraine Pierce provided the following comments:

* Noted that people on Medicaid as disabled will have the opportunity to be part of a managed care system. They will be able to choose between Special Needs Basic Care (PrimeWest) and Medicaid fee for service. Noted that if you don’t respond you will automatically be enrolled in managed care. Noted the “fee for service” vendor is paid directly by DHS. Managed Care- PrimeWest gets a certain amount a person needs and has a network of providers. Managed Care requires that a person has all the services a person needs. Also covers Dental Care. Noted the individuals can call either Senior Linkage Line or the Disability Linkage line for assistance with the decision between the managed care and fee for service options. Contact number for both of these Lines will be included in the mailing.

Clarification requested: What is the difference between Medicaid and Medicare?

[R] Medicaid is for poor, disabled and is administered by the State. Medicare is for older persons and is administered through Social Services.

[C] A “Conversations...” participant noted that in a recent Consumer Reports that PrimeWest was rated very highly.

*The AMHC 2012 Budget is just for one year. Beginning in 2012, the AMHI’s are to be planning for what they really want and need. The 2013 grant will not be based on historic award amounts, but must show a request that has value and shows results for the region.

10. 2012 Budget & Work Plan:

A. Changes on the “Proposed Comprehensive Budget” were made as follows:

- * Traverse County Socialization changed to \$10,538.81
- * Warm Line changed to \$13,849.79
- * Total Projected grant costs – AMHI - \$748,702.82 (Grant award is \$746,702.82)

B. AMHC Administrator provided written Narrative for the Work Plan and read through the narrative.

Additional information needed from the Work Teams and/or comments were as follows:

- (1) 402X- COMMUNITY EDUCATION AND PREVENTION - From Education and Training: How

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many participants for the 2012 Day at Home in Region IV?

(2) 416X-TRANSPORTATION Transportation – Number of clients? What is the variety of options? What is the unduplicated number and/or number of rides for 2012?

(3) 418X -CLIENT FLEX FUNDS – Need to change term “transitional housing” to be more clear.

(4) 436X - CRISIS STABILIZATION PCS bed is a one-step down from the crisis stabilization bed for Stevens Travers and Pope Counties. The Crisis Stabilizations provided by Milestones, Productive Alternatives are for those people who are “hardest to serve” and in need of 24 hour observation.

(5) 455X-OUTPATIENT MEDICATION MANAGEMENT – This is only for AMHC funded clients. This is not the psychiatric medication monitoring.

Discussion followed and included:

[Q] Where do we come up with the extra \$2,000.00? RE: Total projected grant costs of AMHI – \$748,702.82 (Grant award is \$746,702.82) [R] AMHC Administrator noted that she was not uncomfortable with this difference between budget and grant ward because of such things as there most likely be a cost sharing for Pope County Drop In Center resulting in less AMHC grant funds need.

[Q] Why do we retain an attorney? [R] Our attorney is paid monthly based on the hours that the attorney bills. The majority of the billing hours are for his attendance at the JPB and/or Governing Board meetings.

[C] Comment from participant that this \$1,000.00 a month is a small amount for a budget of \$1.1 M. It is well worth it to have the attorney in attendance at these meetings.

[Q] Is it the intention to have the budget balanced at this “Conversations...” meeting? [R] No, not here. There are no significant pieces in each dollar amount that need to change.

Clarification requested of the two amounts: budget and grant award. [R] Total Projected grant costs – AMHI = \$748,702.82. Grant award is \$746,702.82.

[Q] Why was the pre-petition screening decreased so significantly? [R] For 2011 the planning was for five counties receiving this. Now we have time data to put together a realistic budget.

[Q] Will this position continue in 2012? [R] This BRASS Code is allowed. DHS has said we can propose to use our funds for this. But if the DHS review process deems that this is not acceptable to DHS, our Budget will be returned. We will know by the end of the year.

[Q] Why the significant decrease in non-Medical Assistance for ICRS?

[R] The reason is that we have chosen to have psychiatrist embedded in team so we have used this line item to subsidize. In 2012 we anticipate continuing psychiatric access – facilitate appointments with Mental Health provider to arrange and bill for psychiatric time.

[Q] Will people be able to stay with their own psychiatrist? [R] This has not yet been decided. Situation is that the ICRS’ plan must coordinate with psychiatrist’s plan. It makes it easier if there is only one.

[Q] Will ICRS Team remain 24 hours? [R] Right now we have maintained a staff person 24 hours. But, this staff person rarely responds to a crisis because of the Crisis Response program.

[C] Very frequently the ICRS is phone support. This is still in the budget.

Noted that the dollars pulled out are primarily from the psychiatric piece.

[Q] Which line items relate to transportation? [R] Client Access SS Reimbursement.

[C] The number in Audit line item appears to be incorrect. If the audit is \$4,000.00 and 10% is the factor then the budget number should be \$400.00 and not \$40.00 as itemized. Note this number was changed on the budget.

[Q] Question posed by consumer from Pope County as to why their transportation was not covered when they went to dentist in Fergus Falls? [R] They didn’t receive mileage because a person with MA coverage must use the closest provider. Clarification is that this question was not related to the AMHC Transportation program.

ACTION: Recommend to the Governing Board of the Region 4-S Adult Mental Health Consortium to approve the 2012 Work Plan and 2012 Budget as adjusted (AMHC portion=\$746,789.00 and Crisis Response = \$300,936.00)

Motion made by Carolyn Mallery with second by Deb Stark

Vote taken by hand count. “Yes” = 55 “No” = 0 Motion APPROVED

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11. Work Team and Task Forces Meet:

A. Transportation; B. Training & Education; C. Services for Hard-to-Serve; D. Integrated Physical & Mental Health; E. Housing; and F. Crisis Response.

12. Reports from Work Teams and Task Forces: Comments presented during large group report are indicated in ITALIC in each Work Group’s report.

A. Transportation - Note Taker: Amy Kiehn Persons in Attendance: Judith Fox, Pat Eggers, Danielle St. John, Amy Kiehn, Liz Hinds, Fay Beman, John Kiehn

AGENDA:

1. Action item from last month: survey of workers regarding transportation programs and needs, and gaps. Joyce has them ready to send out.
2. What is being done in counties with transportation dollars? Only Stevens has done anything. They have a free bus pass for anyone going to the Drop In Center or Social Club event.

ACTION ITEMS **PERSON(S) RESPONSIBLE** **TIMELINE**

1. Go back to counties to get info on what is being done with transportation dollars.

B. Training & Education - Note Taker: Karen Salem Persons in Attendance: Keith Lundsetter, Ben Schulz, Fonda Knudson, Karen Salem, Iver Aal, Cheryl Starner, Gloria Johnson

AGENDA:

1. What do we want to do about the Echo Press article? Perhaps if legal, post it online. Ask the AMHC Lawyer, Justin Anderson.
2. Possibly meet in Fergus Falls for organizing since BCOW is involved, not just Hoffman.
3. Instead of large bus for “Day on the Hill,” now perhaps do a van with each county represented to see the legislators and tell them about “Day at Home.”
4. Discussion of facility in different place (i.e. maybe in Fergus Falls if we find a free facility).
5. RSVP from legislators better next year. Also be prepared to have your picture taken.
6. Plan for 250+ next year.
7. Order for next year: three different workshops, especially one with CEU’s? Or, maybe not breakout sessions. Perhaps keep it the same until fully successful.
8. Devise a survey for legislators (i.e. When can you come? Etc.)

C. Services for Hard-to-Serve – Note Taker: Heather Danner Persons in Attendance: Fran Cin, Lucille Tullis, Char Lundebrek, Dave Peterson, Rebecca Berg, Karen Schulz, Sue Boese, John Cosco, Mary Petersen, Alicia Davidson, Chad Meyer, Heather Danner, Laurie Burns

AGENDA: 1. Handouts not completed. E-mail them to TCM.

2. Acute Psychiatric beds in hospital. 2012 – Position we want initiative to take Crisis workers (up to 3 days) Team of individuals. Board and Lodge? Provide services in safe environment.
3. Crisis bed availability
 - Staffing – availability is difficult to staff for crisis.
 - Clients in crisis
 - Crisis vs. respite
 - Medical fragile

ACTION ITEMS **PERSON(S) RESPONSIBLE** **TIMELINE**

1. Alicia will e-mail surveys to County Case Managers
2. Chad will bring flyers on Board and Lodge. Transition from Milestones or CBHH

LARGE GROUP REPORT: In 2012 would like to see AMHC provide crisis team in safe environment – maybe in a person’s home. Need for Board and Lodge in this area? Want information on transition.

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D. Integrated Physical & Mental Health- Note Taker: Sandy Tubbs Persons in Attendance: Edith Brasel, Randy Bouwman, June Kedor, James Pew, Gloria Wartner, Joyce Moen, Mark Erickson, David Pearson, Carroll Anderson, Sharon M. Booen, Michaela Niblett, Dawn Hartman, Sandy Tubbs, Rosemarie Johnson, Kay Lagred

AGENDA:

1. Wellness brochures – Quote of \$314.00 for 500 Brochures – APPROVED by the group.
Intended to distribute to drop-in centers with mental health screenings, at mental health centers. Additional brochures may be available to supplement. Jim Pew following up.
2. Screenings – Brochures distributed. Dates reviewed. Members encouraged to reach out to individuals that are not currently connected to community services, but are still in need.
3. Physical activity at Drop-In Centers – Sometimes scheduled but not always held as scheduled. Individuals need to take personal responsibility. Physicians need education. Combine physical activity with Socialization group. Competition to promote physical activity, good nutrition.

<u>ACTION ITEMS</u>	<u>PERSON(S) RESPONSIBLE</u>	<u>TIMELINE</u>
1. Wellness Brochures – approved purchase of 500	Joyce will order	
2. Wellness screenings	Douglas County Public Health	
3. Request for information from Drop-In Centers “What kind of physical activity is being offered?” “What works?”	One person from each county to report: Pope – Edith Brasel Douglas – June Kedor Grant – Rosemarie Johnson Stevens – Liz Hinds Traverse – Judith Fox	

E. Housing – Note Taker: Carolyn Mallery Persons in Attendance: Shelly Leonard, Jane Nygaard, Carolyn Mallery, Leanne Harmsen, Deb Stark, Diane Barduson, Elza Manning

AGENDA:

1. Group reviewed responses received from all County Case managers:
All recipients of Transitional Housing dollars (SPMI or SMI) must have exhausted all other funds. Douglas County Case Manager researches other fund sources. All requests must go through case managers. Pope Co case manager gives list of resources to consumer. It is up to the consumer to make the calls. Traverse county use Transitional Housing funds only after there are no other funds available. One time funding for that specific item. Counties have covered: security and utility deposits, rent, respite, homemaking, meds on emergency basis, car repairs, utility shut off notices, repairs to homes, move someone from unsafe living arrangements, homeless, gas vouchers, gym memberships, home phone bills, childe respite.
2. List of questions/steps:
 - A. How are these issues connecting to your mental health?
 - B. Discuss with client whether or not there is a plan to keep the problem from happening again.
 - C. Set up to assist consumer – not enable them.
 - D. Relate somehow to consumer’s housing and ability to stay in their home.

<u>ACTION ITEMS</u>	<u>PERSON(S) RESPONSIBLE</u>	<u>TIMELINE</u>
1. A visit with Jill at WCMCA regarding single males with criminal records.		

**Summary of the October 11, 2011 “Conversations ...” Meeting of the Region 4- South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties**

F. Crisis Response- Note Taker: Marilyn Kluver Persons in Attendance: JuliAnn Randall, Jed Stump, Ken Volk, Corrina Rost, Joanie Murphy, Marilyn Kluver, Sarah Boll, Anita Renstrom, Julie Sonju, Kayla Mattocks, Lorraine Pierce, Mary D. Volk

AGENDA:

1. Crisis Team – We already have GPS’s (ready for when we go into the community).
2. Regarding Jail and Crisis Team - Kesha has met with a medical doctor that works at the jail. Needs to re-approached due to the non-supportive response at that time.
3. Last month – Consolidate phone lines (Too difficult to do so.)
4. CIP officers will be the ones contacting First Link when going community based.
5. Offer training to Law Enforcement once the community based is up and running (to regain credibility). Suggested ride-alongs with law enforcement for paid training.

<u>ACTION ITEMS</u>	<u>PERSON(S) RESPONSIBLE</u>	<u>TIMELINE</u>
1. Contact jails to see about crisis team in jails to meet mental health needs.	1. Kesha	Will start process
2. We are exploring other ways to get ideas (Brainerd) to go to ER and Community Based	2. Kesha	1 month

LARGE GROUP REPORT: *Transition into community based. Staff needed – but credentialing takes a long time. Maybe working in jails, need to reestablish contact with area jails.*

13. Updates from Community-based Adult Mental Health Services

- A. Socialization Projects – Douglas, Pope, Stevens, Traverse B. Employment – *Douglas Co. Social Services & Prairie Community Services*
- C. Housing – *include Bridges-like and Shelter Plus Care* D. Crisis Response
- E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse F. Milestones IRTS (Intensive Residential Treatment Services)
- G. ICRS (Intensive Community Rehabilitation Services) Team (1) Program Report (2) Board Report
- H. Community Behavioral Health Hospitals I. Safety Net – including Flexible Funds –all counties J. Training and Education
- K. Day on the Hill L. Douglas County Saturday Transportation M. Warm Line N. Pope County Drop In Center
- O. Stevens Co Drop In Center P. Traverse County Support Group Q. Web Site – www.r4sconversations.org
- R. Homeless to Housed Committee S. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com
- T. Transportation U. Grant County Drop-In Center V. Health Screenings W. Wrap Trainings

14. Announcements –

- * Stevens County socialization activity on October 30 at the Drop In Center at 4:30 p.m.
- * Douglas County socialization activity on October 26 at the Eagles.
- * Extra packets available from the Sept. 30 “Day At Home” event
- * Noted that the Hoffman Community Center will be available for our use on November 8 (no elections)

15. Agenda for November 8, 2011 “Conversations...”

- (1) Work Team Meetings
- (2) Update on Wellness Screenings

2011 “Conversations...” Meeting Schedule –

December 13