

**Summary of the May 10, 2011 "Conversations ..." Meeting of the Region IV South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties**

"A Conversation ..."

May 10, 2011 ~ Those Attending:

*Janine Anderson	Pope Co. Consumer	*Kesha Anderson	Reg 4-S Crisis Program
*Rebecca Berg	Residential Living Solutions	*Sarah Boll	PCS
*Randy Bouwman	Pope Co. LAC	*Edith Brasel	Pope Co. LAC – Consumer
*Marian Bundy	Pope Co Consumer	*Noreen Carlson	Douglas Co. Social Services
*Fran Cin	Life Center - SCMC	*Alicia Davidson	Reg 4-S AMHC
*Patricia Eggers	Grant Co. Consumer & Socialization	*Mark Erickson	Stevens Co. Resident
*Ted Estenson	Stevens Co. Resident	*Jennifer Filgas	Ombudsman MH/DD
*Judith Fox	Traverse Co. Socialization – Consumer	*Ken Fridgen	Douglas Co. Consumer
*Al Glaseaman	HRA of Douglas Co.	*Stacy Hennen	Grant Co. Social Services
*Travis Herdebu	Pope Co. Resident	*Jennifer Huston	REM Central Lakes
*Gloria Jahrman-Johnson	Pope Co. Consumer	*Rosemarie Johnson	Grant Co. LAC- Consumer
*June Kedor	Douglas Co. - Consumer	*Catie Lee	PrimeWest Health
*Shelly Leonard	Pope Co. Consumer, LAC, WCP Drop In Cntr Coord.	*Dennis Lindor	PCS-Traverse Co LAC
*Car Lundebrek	Pope Co. Human Services		
*Keith Lundsetter	PCS	*Carolyn Mallery	Douglas Co. Consumer
*Kayla Mattocks	PCS	*Chad Meyer	PCS
*DeeAnn Miller	Pope Co. Human Services	*Joanie Murphy	Stevens Co. Human Services
*Joyce Moen	Pope Co. Resident	*Jane Nygaard	Douglas Co. Resident
*David Pearson	Pope Co. Consumer	*Joyce Pesch	Reg 4-S AMHC
*David H. Peterson	Milestones	*Elaine Peterson	Pope Co. LAC
*James Pew	Life Center – SCMC	*Yolanda Polman	Vocational Rehab Services
*JuliAnn Randall	Douglas Co. Consumer	*Anita Renstrom	Douglas Co. Consumer – LAC
*Corrina Rost	PCS-Glenwood	*Danie St. John	PCS_Maplewood
*Karen Salem	Douglas Co. Resident	*Deb Sater	Douglas Co. Social Services
*Karen Schulz	Pope Co. Socialization – Consumer	*Rita Smith	Douglas Co. Consumer
*Jed Stump	PCS	*Lucille Tullis	Pope Co LAC – Consumer
*Ken Volk	Douglas Co Consumer	*Gloria Wartner	Pope Co. Resident
*Kathy A	Alexandria CBHH	*Deb Hengel	Facilitator

ADDRESS ADDITIONS / CHANGES:

CHANGE: Corrina Rost
~~PCS Birchwood~~ **PCS Glenwood**
615 Corradino Circle
Glenwood, MN 56334
glenwood@pcs.sfhs.org

CHANGE: Karen Salem
~~405 Unumb Drive~~ **1111 Latoka Dr. SW**
 Alexandria, MN 56308

Mailing Address for Region IV S Adult Mental Health Consortium

Correspondence well as bills and vouchers:
 should be mailed to
 Region 4 South AMHC
 PO Box 222
 Elbow Lake, MN 56531

Region IV-S AMHC Administrator:
 Joyce Pesch
 joyce.pesch@r4south.org
 218-685-8229
 FAX – 218-685-641

**Summary of the May 10, 2011 “Conversations ...” Meeting of the Region IV South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties
Purpose of Meeting Tuesday, May 10, 2011 held at Hoffman Community Center – Hoffman, MN**

Welcome & Introductions

1. Approval of Agenda *Additions, *Clarifications, *Changes
2. Approval of summary of April 12, 2011 “Conversations...” meeting
3. Meeting Packet Information – Joyce Pesch
4. Financial Report – Joyce Pesch
 - A. Monthly Report
 - B. Applications/Proposals (ACTION NEEDED) [1] Pope Co. Drop In Center; [2] Pope Co. Human Services – Access Transportation; and [3] Traverse Co. Social Services – Transitional Housing
5. AMHI Administrator’s Report – Joyce Pesch
6. Region 4-South Adult Mental Health Consortium Governing Board Report – Joanie Murphy
7. State Advisory Council Report
8. State Liaison Report
9. Discussion regarding the Warmline for purposes of ending funding and Warmline Program
10. Work Teams and Task Forces Meet
 - A. Transportation
 - B. Training & Education
 - C. Services for Hard-to-Serve
 - D. Integrated Physical and Mental Health
 - E. Housing
 - F. Crisis Response
11. Reports from Work Teams and Task Forces
12. Updates- Community Based Adult Mental Health Services:
 INCLUDING – Report from Day on the Hill – March 8, 2011
 - A. Socialization Projects – Douglas, Pope, Stevens, Traverse
 - B. Employment – *including Douglas Co. Social Services, And Prairie Community Services*
 - C. Housing – *include Bridges-like and Shelter Plus Care*
 - D. Crisis Prevention
 - E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse
 - F. Milestones IRTS (Intensive Residential Treatment Services)
 - G. ICRS (Intensive Community Rehabilitative Services) Team (1) Program Report (2) Board Report
 - H. Community Behavioral Health Hospitals
 - I. Safety Net – including Flexible Funds from each county
 - J. Training and Education
 - K. Day on the Hill
 - L. Douglas County Saturday Transportation
 - M. Warm Line
 - N. Pope County Drop In Center
 - O. Stevens Co Drop In Center
 - P. Traverse County Support Group
 - Q. Web Site – www.r4sconversations.org
 - R. Homeless to Housed Committee
 - S. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com
 - T. Transportation
 - U. Grant County Drop-In Center
 - V. Health Screenings
13. Announcements
14. Agenda for June 14, 2011 “Conversations...”

*Summary of the May 10, 2011 “Conversations ...” Meeting of the Region IV South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties*

THE SUMMARY:

Introductions... Name and role in the AMHI ...

1. Agenda Approval, Additions: Approved

2. Approval of April 12, 2011 “Conversations...” Summary: Approved as printed

3. Meeting Packet Information – Joyce Pesch

3-A. Information –

- [1] Deb Sater communication – Warm Line agenda item, ending funding and the Warm Line program
- [2] Website information – HealthCare.gov
- [3] Client Access Transportation spending reports and local polices

3-B. Program Openings – *Reminder given to all provides that programs opening information can be sent to Joyce Pesch to have it included in the “Conversations...” meeting packets.*

NONE

3-C. Reports including in meeting packet:

- [1] Administrator’s Report – May 2011
- [2] Adult Crisis Response Program – May 2011 Comment: Numbers for April are “off the chart.”
- [3]ICRS - Intensive Community Rehabilitation Services – Program – May 2011
- [4] Prepetition Screening – May 2011
- [5] Douglas County Flexible Funding – April, 2011
- [6] Grant County Transitional Housing – Jan-March, 2011
- [7] Milestones Intensive Residential Treatment – Jan-March, 2011
- [8] Region 4 Housing, Douglas Co. HRA – May, 2011
- [9] Eggen Group Marketing, RealLife Conversations Website – April 2010-March 2011
- [10] Incentive Funding -- January –April, 2011

3-D. Financial Reports

- [1] For Period ending April, 2011

3-E. Applications/Proposals (ACTION NEEDED) – See Agenda item 4-[2]

Comments: Noted that people need to make sure to update Joyce Pesch on any address changes, because she and the fiscal host do not find out about address changes until letters can no longer be forwarded. Checks from the AMHC are also lost/undeliverable if we don’t have correct mailing address. Also noted that Grant County Auditor and County Treasurer have the policy that there is awaiting time of 20 days before they can re-write a check. This policy will now be strictly followed.

4. Financial Report – Joyce Pesch

- [1] Monthly Report – ending April 30, 2011. Comments included: (1)

[2] Applications/Proposals

A. From Training Committee – Recommendation to deny funding, MSSA Conference

ACTION: None – as this was covered at April meeting.

B. From Transportation Workgroups – Recommend to approve transportation request, \$5,000.00 Traverse County to serve Browns Valley. Recommendation from Transportation Work Team to approve this request.

Discussion on where we have funds in our budget to cover this. Reply was that we would look to an under spending area in our budget. Other questions was about who decides on what budget item to take from. Response was that in the past the AMHC Administrator has made this decision, but if the Conversation group desires to take from a certain area, they should comment. Clarification that the Browns Valley bus is just 3 days a week and the AMHC’s \$5000 is just part of the total budget, with Traverse CO. putting in \$18,000.00

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ACTION: Motion made by Deb Sater to recommend amending this request to state that this amount was only for 2011. Motion seconded by Cheryl Starner

MOTION approved by voice vote. .

ACTION: Motion made by Joanie to recommend to the Governing Board to approve the request as amended. Motion seconded by Danie St. John.

MOTION approved by voice vote

C. Pope County – Request Client Access Transportation funds - \$6,000.00

Clarification that this for non-Ma eligible transportations as it relates to a person with a mental illness' treatment plan. Discussion on specific therapy, horse therapy which was a therapist approved therapeutic activity. It has been clarified with the client that this particular therapy is transitional, and will have an ending date. The cost incurred under the access transportation grant is the mileage to and from the horse barn. Discussion then about the \$6000.00 amount with concern expressed that if we authorized this entire amount for Pope County that there would not be sufficient amount remaining for other counties' request. Counter amount offered was \$3,000.00. Comment that we have educated people to use the Access Transportation funds to get them to where they need to be for their treatment plan.

ACTION: Motion made by Joanie Murphy to recommend to the Governing Board to approve the request with an adjusted amount of \$3,000.00 with the caveat that Pope County can make an additional requested as needed. the Motion seconded by Carolyn Mallery.

MOTION approved by voice vote.

D. Pope County – Request Transitional Housing Funds - \$10,000.00

Clarification that we can't request more than we've used in the previous year? This was the basis of Grant County's request and the Stevens County Request. Noted that Pope County's was more that that what they had used in 2010 because of more request and the current housing issues of persons coming out of placement.

ACTION: Motion made by Joanie Murphy to recommend to the Governing Board to approve the request with an adjusted amount of \$6,000.00 with the caveat that Pope County can request additional funds as needed. Motion seconded by Pat Eggers.

MOTION approved by voice vote. .

E. Traverse County – Request Transitional Housing Funds - \$10,000.00

Discussion: Traverse County has a unique situation occurring which has upped their need for Transitional Housing dollars. It was noted that neither Traverse, nor Grant, have requested additional Transitional Housing dollars in the past.

ACTION: Motion made Stacy Hennen to recommend to the Governing Board to the request of \$10,000 for Traverse County Transitional Housing. Motion seconded by Judith Fox.

MOTION approved by voice vote.

F. Community Partner's (Pope County) Drop In Center – request for additional 2011 funding - \$1,350.00

ACTION: REQUEST REMOVED from agenda at request of the requesting entity to put this request on hold at this time.

5. **AMHI Administrator's Report** – Written report included in meeting packet.

6. **Region 4-South Adult Mental Health Consortium Governing Board Report** – Joanie Murphy

- All recommendations from the April 2011 “Conversations...” were approved by the Governing Board.
- Case Management contract with Douglas and Grant is done. New Contract with Stevens and Traverse counties.

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- Contract Extension with Lakeland Mental Health Center for psychiatric services.

7. State Advisory Council Report – None presented

8. State Liaison Report:

- A. State Liaison Report- Lorraine Pierce was not present.
B. Stacy Hennen provided an update: Anoka RTC re-structuring continues. Greater MN piece will be coming according to Maureen O’Connell. Stacy commented that there were large cuts proposed to the AMHI’s and also to the Children’s MH Respite grants.

9. Discussion regarding the Warm Line for purposes of ending funding and Warm Line Program

Deb Sater presented her letter, which was included in the meeting packet, on the reasons for ending funding for the Warm Line. Further discussion was held with comments made in response to the items detailed in the letter.

Included:

- It is hard to get unduplicated numbers of clients served as it is difficult to identify specific callers.
- Suggested the Warm Line employees be moved to other AMH employment programs.
- Clarifying questions on the average cost of each call.
- Callers look forward to calling each night.
- Clarifying questions on what the WarmLine employees received as pay - \$7.25 per hours X 4 hours per night.
- Comment that consumers find it helpful to have a peer-to-peer conversation
- Comment from professional that there may be other services that could be used to serve the need.
- Question if we should somehow limit WarmLine to only persons from the Region 4-S area?
- Question on how cost-effective the 1-800 number is.
- Question on whether there was an alternative crisis number to call, which prompted the response that the Warm Line is not a crisis line.
- Suggestion offered that maybe we could put more funds into the socialization projects to address the helpfulness of peer-to-peer contact
- Noted that our Warm Line is utilized statewide.
- Comment that the cost of the WarmLine could be covered with 3-4 less admissions to an IRTS or CBHH
- Comment that the WarmLine was preventive medicine
- Comment from AMHC Administrator that this is the first time that our AMHC has deliberated to defund and discontinue a project that has been reviewed and approved by the Grant Review Committee.

ACTION: *A motion was made by Deb Sater with second by RoseMarie Johnson to end funding for the WarmLine Program. Written ballot conducted with count done by two non-voting individuals Motion FAILED by count of 27 “Yes” votes and 30 “No” votes.*

10. Work Team and Task Forces Meet:

A. Transportation; B. Training & Education; C. Services for Hard-to-Serve; D. Integrated Physical & Mental Health; E. Housing; and F. Crisis Response.

11. Work Team and Task Forces Report: [NOTE: *Comments presented during large group report are indicated in ITALIC following each Work Group’s report.*]

A. Transportation - Note Taker: Pat Eggers Persons in Attendance: Judith Fox, Pat Eggers, Danielle St. John, Rita R. Smith

AGENDA:

1. Clarification of Amy Kiehn’s job responsibilities for Douglas CO. Saturday Transportation.
2. Reviewed \$2,000,000 renewable transportation grants.
3. 3. Technical engineer setting up transportation system between counties and within counties (long term goal).

ACTION ITEMS

PERSON(S) RESPONSIBLE TIMELINE

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1. Tables action on #1 above until Amy Kiehn and Liz Hinds are present.

B. Training & Education- - Note Taker: Cheryl Starner Persons in Attendance: Cheryl Starner, Gloria Johnson, Keith Lundsetter, Iver Aal, Stacy Hennen, Yolanda Polman

AGENDA:

1. CSN Conference – Any funds to cover those not awarded a scholarship.
2. “Day at Home” project. Set meeting to have Ed Eide at the table. Meeting at Dew Drop.
3. Video projects – 2-3 year possibly for “Real Life” Stories. Year basis for Drop-In Centers

ACTION ITEMS PERSON(S) RESPONSIBLE TIMELINE

1.

Large Group Discussion: (Q) Videos of the Drop In Centers? [R] We need to decide if we are going to do one drop-in center video per year. IF we decide to do more in one year we will have to request additional funds. (Q) Real Life Stories? – [R] \$850 for the stories. Plan to do 10-12 stories per year to keep the website fresh.

C. Services for Hard-to-Serve – Note Taker: Noreen Carlson Persons in Attendance: Alicia Davidson, Heather Danner, Ken Fridgen, Janine Anderson, DeAnn Miller, Kathy A., Rebecca Berg, Fran Cin, Deb Sater, Noreen Carlson, Elaine Peterson, Lucille Tullis, Jennifer Huston.

AGENDA:

1. Placement for clients with aggressive or sexually aggressive behavior – Very difficult group to serve in light of our limited resources. Zumbro House and REM do have small residential programs that serve sex offenders. This is a large problem state wide. Our group is reluctant to take on the problem of residential services for sex offenders. Maybe this issue belongs at the state level.
2. Diverting some hold order clients from CBHH to Milestones. Diversion of hold orders is something that we may be able to make progress on.

ACTION ITEMS PERSON(S) RESPONSIBLE TIMELINE

1. Further discussion
2. Discuss time between CBHH/I
RTS and home as “hard to serve”

D. Integrated Physical & Mental Health- Note Taker: _____ Persons in Attendance: Marian Bundy, Edith Brasel, Rosemarie Johnson, ,Randy Bouwman, June Kedor, Catie Lee, Ted Estenson, Char Lundebrek, James Pew, Gloria Wartner, Joyce Moen, Mark Erickson, Travis Herdebu

AGENDA:

1. Dimensions of Wellness Video: Physical, Occupational Social, Spiritual, Emotional Intellectual
2. 2. Volunteers to talk to develop a form to make a list of things you can do to help meet your wellness goals. Developing your own personal wellness plans and goals.

ACTION ITEMS PERSON(S) RESPONSIBLE TIMELINE

1. Dimensions of wellness list. Form
2. Wellness plans and Goals. Group
3. Learn to do your wellness goals with your providers and your support people (Individual)

E. Housing – Note Taker: Al Glaseman Persons in Attendance: Al Glaseman, Shelly Leonard, Jane Nygaard, Carolyn Mallery, Dennis Lindor

AGENDA:

1. Al contacted West Central and they are willing to address our group.
2. Where is the closest shelter? Transitional housing?
3. Should be announced that the Bridges program is now accepting applications.
4. What about those with serious criminal background history – sex offenders??

ACTION ITEMS PERSON(S) RESPONSIBLE TIMELINE

1. We will invite a person from West Central Community Action to share their rental assistance program at June meeting. They also share the homelessness count information.

LARGE GROUP DISCUSSION: Bridges is on a first come first served basis – which is base on the date and time of the complete application. (Q) Can application be made without Social Worker ok? [R] No – must have social worker

F. Crisis Response- Note Taker: Corrina Rost Persons in Attendance: JuliAnn Randall, Jeb Stump, Sarah Boll,

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Ken Volk, Jennifer Filgas, Julie Sonju, Anita Renstrom, Joanie Murphy, Kayla Mattocks, Corrina Rost, Kesha Anderson.

AGENDA:

1. Implementation of satisfaction survey (proposing 3-6 months period). Review of other teams’ satisfaction questionnaire, satisfaction of staff performance v.s. actual outcome of the crisis team intervention. Client satisfaction.
2. Release to make referral to case management. Need a release from client to release info to social services.
3. Discussion of other programs – BCOW and current Reg 4 South model. Discussion of ideal community based model with Reg 4 South. Need more staff in order to pilot community based model. Group okay with going forward with pilot in 2 counties.

ACTION ITEMS

PERSON(S) RESPONSIBLE TIMELINE

1. Kesha will bring completed satisfaction survey to next Conversations Mtg. Also create contact info to give to clients.
2. Can we use existing emergency line professionals in each county if we want a model more like BCOW? Need to investigate. Potential problems with existing emergency line functioning meeting Reg 4 South needs?
3. Continue focus on community based design for next month.

13. Updates from Community-based Adult Mental Health Services

A. Socialization Projects – Douglas, Pope, Stevens, Traverse B. Employment – Douglas Co. Social Services & Prairie Community Services

*August 24 will be the 4-county trip to the Science Museum and Old Country Buffet – Karen Schulz

C. Housing – include Bridges-like and Shelter Plus Care D. Crisis Response

E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse F. Milestones IRTS (Intensive Residential Treatment Services)

*Dave Petersen announced that the IRTS can now take crisis clients again.

G. ICRS (Intensive Community Rehabilitation Services) Team (1) Program Report (2) Board Report

H. Community Behavioral Health Hospitals I. Safety Net – including Flexible Funds –all counties J. Training and Education

K. Day on the Hill L. Douglas County Saturday Transportation. M. Warm Line N. Pope County Drop In Center

O. Stevens Co Drop In Center P. Traverse County Support Group Q. Web Site – www.r4sconversations.org

R. Homeless to Housed Committee S. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com

T. Transportation U. Grant County Drop-In Center V. Health Screenings W. Wrap Trainings

14. Announcements -

1. 3rd Annual Douglas CO. LAC Balloon Release on Th. May 19, 2011 at 2:00 p.m. in Alexandria City Park in honor of May-Mental Health Month.

15. Agenda for May 10, 2011 “Conversations...”

1. WarmLine Adjustments – Task Force of Karen Salem – Douglas CO. Consumer and Sara Boll-PCS

2. “Day at Home” updates

3. Work Groups Meet

4. Presentation by WCMCA – Housing – Specific: Rental Assistance and Homelessness Statistics.

(1) Work Teams and Task Forces for 2011 Meet

2011 “Conversations...” Meeting Schedule –

June 14

July 12 August 9 September 13

October 11 November 8 December 13