

CONVERSATIONS

December 13, 2011

LEFT SIDE **INFORMATION – GREEN**

1. SOS – Community Behavioral Health Hospital – Worksheet

REPORTS - BUFF

1. Administrators Report – December 2011
2. Adult Crisis Response Program – December 2011
3. ICRS Program – December 2011
4. Prepetition Screening – November, December 2011
5. AMHC Housing Programs – Douglas County HRA – YTD December, 2011

RIGHT SIDE

DAILY AGENDA: WHITE

FINANCIAL STATEMENTS: BLUE

1. For period ending November 30, 2011

APPLICATIONS/PROPOSALS (ACTION NEEDED): PINK

1. Appoint an Ad Hoc Committee for changes in Reach Out for Warmth Criteria
2. Handouts for the agenda item #10 – CONVERSATIONS BUDGET

PROGRAM OPENINGS – YELLOW

Conversations..

Tuesday, December 13, 2011~ 9:00 a.m. – 1:00 p.m. (lunch provided)

Hoffman Community Center, 127 Main Ave, Hoffman, MN 56339

Please RSVP to front@co.grant.mn.us or -218-685-8206 by NOON on Friday, Dec, 9, 2011

SPECIAL NOTE: Meeting Packet materials are posted at www.r4sconversations.org website PRIOR to the meeting for your review. You do NOT have to print these items—they will be included in the meeting folder.

AGENDA

- Welcome & Introductions 9:00 – 9:20
- Please note: there is a recycling bin available for empty plastic water bottles. Your use of this bin will be appreciated!**
1. Approval of Agenda*Additions, *Clarifications, *Changes 9:20—9:25
 2. Approval of summary of November 8, 2011 “Conversations...” 9:25—9:30
 3. PRESENTATION: Kay Brown, *West Central Behavioral Health Coord..—Am. Red Cross* 9:30—9:45
 4. Meeting Packet Information – Joyce Pesch 9:45—9:50
 5. Financial Report—Joyce Pesch 9:50—10:00
 - A. Monthly Report
 - B. Applications/Proposals (ACTION NEEDED)
 6. AMHI Administrator Report - Joyce Pesch 10:00-10:10
 7. Region 4-S AMHC Governing Board Report – Joanie Murphy 10:10—10:15
- Break** 10:15 - 10:30
8. State Advisory Council
 9. State Liaison Report - 10:30—11:15
- PROCESS: DHS Staff will gather input on “Community Behavioral Health Hospital: Prioritization of Issues” SPECIAL NOTE – Items for this input session will be posted on the r4sconversations.org website. Please review these documents, if possible, prior to the meeting.
10. DISCUSSION: Changes to “Conversations...” format/schedule for 2012 to reflect the Conversations’ line item budget reduction in the 2012 Budget 11:15—Noon
- Lunch ~ Noon – 12:30**
- 11.. Updates —Community-Based Adult Mental Health Services 12:30—12:45
 - A. Socialization Projects: *Douglas, Pope, Stevens, Traverse*
 - B. Employment – *inc. Douglas Co. Social Services, Prairie Community Service*
 - C. Housing – *include Bridges-like and Shelter Plus Care*
 - D. Crisis Response
 - E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse
 - F. Milestones IRTS (Intensive Residential Treatment Services)
 - G. ICRS Team: (1) Program Report (2) Board Report
 - H. Community Behavioral Health Hospitals
 - I. Safety Net – including Flexible Funds
 - J. Training and Education
 - K. Day on the Hill
 - L. Warm Line
 - M. Pope County Drop In Center
 - N. Stevens Co Drop In Center
 - O. Traverse Co. Support Group
 - P. Web Site – www.r4sconversations.org
 - Q. Homeless to Housed Committee
 - R. Transportation
 - S. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com
 - T. Grant County Socialization
 - U. Health Screenings
 12. Announcements 12:45—12:50
 13. NEXT Agenda 12:50—1:00

ADJOURN 1:00

PLEASE NOTE: Cancellations for “Conversations...” meetings will be listed on the following: KSAX-TV, KIKFM(100.7 FM), KXRA(1490 AM), KMRS (1230 AM), KKOK (95.7 FM), www.r4sconversations.org and at 218-685-8229

Category: BASE INITIATIVE FUNDING	2011 budget	Through November 2011 approved changes	Revised Budget	Subtotals/Totals	YTD Expenses paid as of November 30, 2011	Unpaid Balance	Per Cent of Planned Expense
Fun Bunch - Pope	\$ 13,680.04	\$ (2,000.00)	\$ 11,680.04		\$ 7,342.45	\$ 4,337.59	62.86%
Stevens County Socialization	\$ 10,465.68		\$ 10,465.68		\$ 5,579.60	\$ 4,886.08	53.31%
Traverse County Socialization	\$ 9,638.81	\$ 431.00	\$ 10,069.81		\$ 10,069.09	\$ 0.72	99.99%
Douglas County Socialization	\$ 14,678.88		\$ 14,678.88		\$ 14,678.88	\$ -	100.00%
Pope County Drop In Center	\$ 15,928.00		\$ 15,928.00		\$ 15,928.00	\$ -	100.00%
Stevens County Drop In Center	\$ 21,743.80		\$ 21,743.80		\$ 20,419.56	\$ 1,324.24	93.91%
Grant County Drop In Center & Socialization	\$ 13,192.00	\$ (7,000.00)	\$ 6,192.00		\$ 3,149.88	\$ 3,042.12	50.87%
Warm Line	\$ 13,447.00		\$ 13,447.00		\$ 13,385.57	\$ 61.43	99.54%
Leisure time activities/Foster Social Support				\$ 104,205.21		\$ 13,652.18	
CONVERSATIONS web site	\$ 2,000.00		\$ 2,000.00		\$ 856.43	\$ 1,143.57	42.82%
Public Relations	\$ 4,000.00		\$ 4,000.00		\$ 3,644.28	\$ 355.72	91.11%
Training Committee (Including Day on the Hill)	\$ 13,900.00	\$ (2,000.00)	\$ 11,900.00		\$ 9,606.53	\$ 2,293.47	80.73%
DBT Training	\$ 1.00		\$ 1.00		\$ -	\$ 1.00	0.00%
Employment WRAP Training	\$ 4,000.00		\$ 4,000.00		\$ 4,161.24	\$ (161.24)	104.03%
Dimensions of Wellness Series	\$ 1.00		\$ 1.00		\$ -	\$ 1.00	0.00%
Educating about Mental Illness, Treat, Recovery				\$ 21,902.00		\$ 3,633.52	
Douglas County Employment	\$ 15,000.00	\$ 4,918.00	\$ 19,918.00		\$ 7,215.59	\$ 12,702.41	36.23%
PCS Employment (Grant, Pope, Stevens, Traverse)	\$ 44,894.28		\$ 44,894.28		\$ 36,114.70	\$ 8,779.58	80.44%
Supported Employment				\$ 64,812.28		\$ 21,481.99	
Douglas County Saturday Transportation	\$ 20,000.00	\$ (10,000.00)	\$ 10,000.00		\$ 9,746.50	\$ 253.50	97.47%
Client Access SS Reimbursements	\$ 15,000.00	\$ (7,000.00)	\$ 8,000.00		\$ 3,307.40	\$ 4,692.60	41.34%
Transportation				\$ 18,000.00		\$ 4,946.10	
Flexible Funding/Consumer-through LAC	\$ 6,500.00	\$ (3,000.00)	\$ 3,500.00		\$ 3,048.00	\$ 452.00	87.09%
Transitional Housing/non housing portion	\$ 20,900.00	\$ 4,000.00	\$ 24,900.00		\$ 21,000.00	\$ 3,900.00	84.34%
Connect people to resources, meet basic needs				\$ 28,400.00		\$ 4,352.00	
ITV		\$ 100.00	\$ 100.00		\$ 100.00	\$ -	100.00%
ARMHS Group Skills		\$ 990.00	\$ 990.00		\$ 1,550.00	\$ 1,070.00	59.16%
Incentive Funding (managed by PCS)	\$ 3,710.00	\$ (1,090.00)	\$ 2,620.00		\$ 1,550.00	\$ 1,070.00	59.16%
Skill Development/Activities of Daily Living				\$ 3,710.00		\$ 1,070.00	
Transitional Housing/Housing Portion	\$ 20,900.00	\$ 4,000.00	\$ 24,900.00		\$ 21,000.00	\$ 3,900.00	84.34%
R4South Housing Project #1	\$ 98,986.51	\$ (86,581.00)	\$ 12,405.51		\$ 2,428.00	\$ 9,977.51	19.57%
R4South Housing Project #2		\$ 34,500.00	\$ 34,500.00		\$ 22,399.00	\$ 12,101.00	64.92%
Deposit Assistance (Do. Co. HRA Managed)	\$ -		\$ -		\$ -	\$ -	
Housing Supports				\$ 71,805.51		\$ 25,978.51	
IRT - Intensive Residential Treatment	\$ 33,331.00	\$ 11,569.00	\$ 44,900.00		\$ 34,749.14	\$ 10,150.86	77.39%
IRT - Group Residential Housing/Non-PA Eligible	\$ 4,003.00		\$ 4,003.00		\$ 2,570.22	\$ 1,432.78	64.21%
Intensive Residential Treatment				\$ 48,903.00		\$ 11,583.64	

Lakeland Mental Health Outpatient Access Improvement	\$ 4,000.00	\$ 10,000.00	\$ 14,000.00		\$ 9,000.00	\$ 5,000.00		64.29%
D.B.T. Therapy - Non-PA eligible/PIP	\$ 11,720.00		\$ 11,720.00		\$ 10,971.77	\$ 748.23		93.62%
Adult Outpatient Psychotherapy						5,748.23		
Nursing Support/Non MA/Non Medicare	\$ 3,000.00	\$ 3,000.00	\$ 6,000.00		\$ 5,729.95	\$ 270.05		95.50%
Intensive Aftercare - non ARMHS/Non CSP	\$ 9,000.00	\$ 6,000.00	\$ 15,000.00		\$ 5,457.94	\$ 9,542.06		36.39%
Health Screenings/Brochures	\$ 1.00	\$ 6,500.00	\$ 6,501.00		\$ 1,647.29	\$ 4,853.71		25%
Basic Living/Social Skills/Community Interventions						14,665.82		
IGRS - Non MA	\$ 180,636.00		\$ 180,636.00		\$ 90,119.69	\$ 90,516.31		49.89%
Assertive Community Treatment						90,516.31		
CONVERSATIONS	\$ 33,000.00	(4918.00)	\$ 28,082.00		\$ 27,352.01	\$ 729.99		97.40%
Prepetition Screening for Commitment	\$ 81,633.00	\$ (18,500.00)	\$ 63,133.00		\$ 50,299.02	\$ 12,833.98		79.67%
Project Administrator - includes payroll costs	\$ 98,662.00		\$ 98,662.00		\$ 110,540.82	\$ (11,878.82)		112.04%
Fiscal/billing costs - Grant County Social Services	\$ 17,400.00		\$ 17,400.00		\$ 17,400.00	\$ (11,878.82)		100.00%
TOTALS: BASE INITIATIVE GRANT	\$ 858,953.00	\$ (56,081.00)	\$ 802,872.00		\$ 602,568.55	\$ 200,303.45		75.05%
Category: CRISIS RESPONSE	2011 Budget	Budget changes	Revised Budget	Subtotals	YTD Expense	Unpaid Balance	% Spent	
Crisis Stabilization Beds	\$ 10,000.00		\$ 10,000.00		\$ 1,273.00	\$ 8,727.00		12.73%
Crisis Stabilization Beds - GRH	\$ 2,000.00		\$ 2,000.00		\$ 2,113.56	\$ (113.56)		105.68%
Crisis Stabilization Residential						8,613.44		
Crisis Assessment and Intervention	\$ 257,102.39		\$ 257,102.39		\$ 222,786.01	\$ 34,316.38		86.65%
Crisis Assess, Intervention, Community Stabilization						34,316.38		
Project Administrator	\$ 27,114.00		\$ 27,114.00		\$ 27,114.00	\$ 27,114.00		0.00%
Fiscal Host/Employer of Record Costs	\$ 17,400.00		\$ 17,400.00		\$ 17,400.00	\$ -		100.00%
TOTALS: CRISIS RESPONSE GRANT	\$ 313,616.39		\$ 313,616.39		\$ 243,572.57	\$ 70,043.82		77.67%
REVENUES	\$ 1,172,569.39				\$ 846,141.12			
INITIAL BASE GRANT AWARD	\$ 858,950.00							
CRISIS SERVICES GRANT AWARD	\$ 311,577.00							
CRISIS SERVICES EARNED INCOME	\$ 2,039.39							
TOTAL: BASE FUNDING	\$ 858,950.00							
TOTAL: CRISIS RESPONSE	\$ 313,616.39							
TOTAL PROJECTED REVENUES	\$ 1,172,569.39							
		Receipts as of 11/30/2011						
		BASE GRANT	\$ 733,127.00					85.35%
		AMHI REFUNDS	\$ 1,337.82					0.00%
		CRISIS SERVICES GRANT	\$ -					0.00%
		CRISIS SERVICES BILLINGS	\$ 11,193.94					85.51%
		TOTAL: BASE GRANT	\$ 734,464.82					3.57%
		TOTAL: CRISIS RESPONSE	\$ 11,193.94					63.59%
		TOTAL REVENUES	\$ 745,658.76					

Recommendation for Action:

APPOINT THE ADULT MENTAL HEALTH COUNTY CASE MANAGERS AS AN AD HOC COMMITTEE TO REVISIT THE GUIDELINES FOR THE TARGETED REACH OUT FOR WARMTH DOLLARS. AUTHORIZE THIS GROUP TO REVISE GUIDELINES AS APPROPRIATE CONSIDERING THE CHANGES IN THE 2011-2012 LIEAP PROGRAM, IMMEDIATELY IMPLEMENT THOSE CHANGES, AND REPORT BACK TO THE GROUP AT THEIR JANUARY, 2012, MEETING.

Energy Assistance 2011-2012

2010-11 \$152.6 million

172,053 households

Minnesota received \$73 million for the program—we expect to serve 125,000-139,000 households this year with these funds statewide

This \$73 million is 95% of what we are expected to receive this year

We have not heard from the federal government when Minnesota will receive the remaining 5%

The State office is working closed with MN Congressional delegation to advocate for additional funding

Households are encouraged to apply for assistance and continue paying their energy bills

In anticipation of the reduced funding the State made the following changes to the program:

- Number of crisis payments was reduced from 3 to 1
- Crisis payment was reduced from a possible \$700 to \$400 maximum
- Maximum primary heat benefit reduced from \$1,400 to \$1,200
- Last year clients were encouraged to make 4 monthly payments to their vendors and upon successful completion of this payment plan were eligible to receive up to an additional \$200—this program was eliminated
- If the client is covered under the cold weather rule protection they are not eligible to receive Crisis assistance.
- Maximum Reach out for Warmth benefit was reduced to \$400 from \$500 last year
- Reach out for Warmth guidelines were reduced from 60% state median income to 50 % (same guidelines as Energy Assistance)
- Reach out for Warmth match at the State level was reduced from 2 to 1 to 1 to 1.

Department of Commerce
 .energy



Energy Assistance Eligibility Guidelines

Maximum Eligible Income for Program Dates 10-01-2011 to 09-30-2012 Heating Assistance

The Minnesota Energy Assistance Program uses the past 3 months of household income prior to signing the application and/or last year's federal tax forms for self-employment income for making eligibility determinations.

Household Size	Annual	3-Month
1	\$22,386	\$5,596
2	\$29,274	\$7,318
3	\$36,162	\$9,040
4	\$43,050	\$10,762
5	\$49,937	\$12,484
6	\$56,825	\$14,206
7	\$58,117	\$14,529
8	\$59,408	\$14,852
9	\$60,700	\$15,175
10	\$61,991	\$15,497
11	\$63,283	\$15,820
12	\$64,574	\$16,143
13	\$65,866	\$16,466
14	\$67,157	\$16,789
15	\$70,807	\$17,701
16	\$75,009	\$18,752
17	\$79,211	\$19,802
18	\$83,413	\$20,853
19	\$87,615	\$21,903
20	\$91,817	\$22,954

*Based on 50% of State Median Income or 110% of Poverty, whichever is greater.

12. Can my electricity be shut off if I heat with propane or fuel oil?

If you make and keep your CWR payment plan, your electricity cannot be shut off if it affects your heat.

For example, if you use electricity to operate the controls on your oil system, your electricity cannot be shut off if you keep your payment plan.

In this case, the CWR covers only your electric service. The CWR does not cover propane and fuel oil companies.

13. I am a renter and pay my own utility bill. Am I covered?

Yes, if the utility service affects the primary heat source of your residence.

14. What if I need help reading or understanding notices from my utility?

The CWR has a "Third Party Notice" option.

If you would like help applying for the CWR, you may arrange for another person to get a copy of any disconnection notices or other important information, at the same time you receive it.

This may be a friend, family member, or anyone who is willing to help you understand the notices or set up a CWR payment plan.

15. How do I sign up for Third Party Notices?

Call your utility for a sign-up form.

The form must be filled out and signed by both you and the person you want to be notified and mailed back to the utility.

16. Does the person who gets my Third Party Notices have to pay my bill if I don't?

No, the person who receives the Third Party Notices is not responsible for paying your bill. This person is only agreeing to help you with notices from your utility.

17. I need help paying my bill. Who do I call?

Energy Assistance Hotline
1-800-657-3710

or

First Call For Help
at

211

If you receive energy assistance, you may also be able to get help from:

- * Gas Affordability Program
- * Low Income Electric Discount

Call your utility for information.

MINNESOTA PUBLIC
UTILITIES COMMISSION
121 Seventh Place East, Suite 350
Saint Paul, MN 55101-2147

CONSUMER ASSISTANCE
651-296-0406
Toll Free: 1-800-657-3782
Fax: 651-297-7073
Email: consumer.puc@state.mn.us
www.puc.state.mn.us

Concerned
about paying
your heating bills
this winter?

Facing
disconnection?

You may receive
protection under
Minnesota's

**COLD
WEATHER
RULE**

Information provided by the
Minnesota Public Utilities Commission

1. Can my heat be shut off in the winter?

YES: Unless you take steps under the Cold Weather Rule (CWR) to protect yourself.

✓ You must contact your utility to apply for protection from having your heat shut off.

✓ This is true for all residential customers, including senior citizens and families with young children.

2. When is the Cold Weather Rule in effect?

From October 15 through April 15 each year.

3. Are all utilities covered?

All natural gas and electric utilities must follow some level of the CWR.

Delivered fuels, such as fuel oil, propane and wood, are not covered by the CWR.

If you need electricity to keep our heat on, you may apply for the CWR with your electric company.

4. What steps must utilities take before disconnecting my service?

Before the utility may turn off your service during the winter months (October 15 through April 15), the company must send you the following information:

* A disconnection notice telling you the date you may be disconnected

* Details on payment plans and how to avoid disconnection

* How to appeal if you and the utility can't agree on a payment plan

* A list of energy assistance and weatherization providers

* No-cost and low-cost methods of conserving energy

* A Third Party Notice Form

5. How can I keep my heat on?

You must make and keep a payment plan with your utility. The payments don't have to be the same amount each month.

If your household income is:

At or below 50 percent of the state median income,

✓ You are not required to pay more than ten percent of your household monthly income.

More than 50 percent of the state median income,

✓ You may make a payment plan with the utility.

6. How can I get reconnected if my heat is already shut off?

You must make and keep a payment plan with your utility. The payments don't have to be the same amount each month.

If your household income is:

At or below 50 percent of the state median income,

✓ You are not required to pay more than ten percent of your household monthly income.

More than 50 percent of the state median income,

✓ You may make a payment plan with the utility.

7. How do I apply for the Cold Weather Rule?

Contact your utility to set up a Cold Weather Rule payment plan.

8. What happens after I apply?

If you make and keep a Cold Weather Rule payment plan, you are protected.

If you and the utility cannot agree on a payment plan, you have ten days to appeal to the Public Utilities Commission.

The Commission will help you set up a payment plan.

Your service will stay on during the appeal process.

9. How long will my payment plan last?

Most payment plans under the CWR last until April 15 unless you make other arrangements with the utility.

✓ Call your utility before April 15 to make a new payment plan so your account will be current at the start of the next heating season.

10. What happens to my utility service after April 15?

As long as you make and keep a new payment plan, you will have service.

✓ If you do not keep your payment plan and you have a past-due balance on April 15, your service could be shut off.

11. What happens if I can't make my payments as planned?

If you can't make your payments, call your utility immediately to make a new CWR payment plan.

✓ If you do not make your payments, your service may be shut off.

CONVERSATIONS costs by category as paid in 2010

Vendor	Total Cost	Average Monthly	Percent Of Total	Applied to 2012 Budgeted
Food - Dew Drop (8)	\$ 5,623.82	\$ 702.98	15.11%	
Food - Dream Wavers - EL (1)	\$ 1,415.55	\$ 1,415.55	3.80%	
Food - Old #1 - Morris (1)	\$ 1,072.21	\$ 1,072.21	2.88%	
Food - Wheaton Legion (1)	\$ 788.00	\$ 788.00	2.12%	
Total: \$8899.58 - 24%				\$ 7,200.00
City of Hoffman -	\$ 601.50	\$ 120.30	1.62%	\$ 486.00 **
Rent and occasional copies				
Folders/Supplies	\$ 252.90	\$ 50.58	0.68%	\$ 204.00 **
Deb Hengel***** (see below)	\$ 7,797.00	\$ 708.82	20.95%	\$ 6,285.00 **
Pesch/morning supplies	\$ 1,369.77	\$ 171.22	3.68%	\$ 1,104.00
Consumers/Total 11 meetings	\$ 18,303.50	\$ 2,287.94	49.17%	\$ 14,751.00
Total Cost for 11 meetings				
Total Average monthly cost	\$ 37,224.25	\$ 3,384.02	100.00%	\$ 30,030.00

*****Deb Hengel's costs Include:

1. Maintaining the data base for attendance, mailings, e-mailings
2. Preparation and sending/mailing the monthly summary (minutes)
3. Preparation and sending/mailing of monthly agenda
4. Preparation and sending/mailing of notice of meeting
5. Facilitating the CONVERSATIONS meeting
6. Office supplies, postage, printing, copying as needed for above

\$ 30,000.00	
\$ 6,975.00	**
\$ 23,025.00	

CONVERSATIONS costs by category 2011 through August

5 months...no January or July meeting

Vendor	Total Cost	(Average Monthly)	Percent of Total
Dew Drop Inn	\$ 3,220.31	\$ 644.06	18.69%
City of Hoffman	\$ 375.00	\$ 75.00	2.18%
Folders/Supplies	\$ 220.26	\$ 44.05	1.28%
Hengel*****	\$ 4,312.57	\$ 862.51	25.03%
Pesch/morning supplies	\$ 825.79	\$ 165.16	4.79%
Consumers:/totals by month			
February		\$ 1,445.12	
March		\$ 1,747.30	
April		\$ 1,526.21	
May		\$ 1,625.79	
June		\$ 1,932.18	
Total for 5 months	\$ 8,276.60		48.03%
	\$ 17,230.53		
Average monthly cost	\$ 3,446.11		

*****Deb Hengel's costs Include:

1. Maintaining the data base for attendance, mailings, e-mailings
2. Preparation and sending/mailling the monthly summary (minutes)
3. Preparation and sending/mailling of monthly agenda
4. Preparation and sending/mailling of notice of meeting
5. Facilitating the CONVERSATIONS meeting
6. Office Supplies, postage, printing, copying costs for above

ADMINISTRATORS REPORT
December, 2011

1. Lorraine Pierce has a temporary (1 year) reassignment. During that time our Program Consultant will be Shelley White. Some of you may know Shelley already – she is assigned to Peer Support as well. Unfortunately, because of Division obligations, neither of these ladies are able to be with us today.
2. The Region 4 South Adult Mental Health Consortium has been certified as an ARMHS (adult rehabilitative mental health services) provider effective December 1, 2011. They used us to develop a third ARMHS application process – one for Joint Powers entities.
3. The 2012 IRT (intensive residential treatment) rate has been set for Milestones. This is the first year where the Mental Health Division has set the rate rather than approving the rate we negotiated.
4. I have been told verbally that our grant application for 2012 has been approved as submitted. The official letters were being prepared, but have not arrived as of this time.
5. The application budget, as approved by the CONVERSATIONS Advisory Committee and submitted to DHS, has a reduced line item for the 2012 CONVERSATIONS expenses. I reduced the line item from \$33,000.00 to \$30,000.00. We spent \$37,224.25 in 2010 (for 11 meetings) and we have spent \$27,352.01 for 8 meetings. I have attached expenditure information for your use in your discussion.
6. Final Expenses – final payments for the 2011 grant year. As always, we will do a final check run for the Consortium to capture as many of the December, 2011, expenses as we are able to.

That final check run is scheduled for DECEMBER 27, 2011. I MUST have your invoices no later than close of business on December 26th so that I can get everything approved and coded for payment. Anything you can submit earlier than that would be gratefully appreciated.

Joyce Pesch
218.685.8229
Joyce.pesch@r4south.org

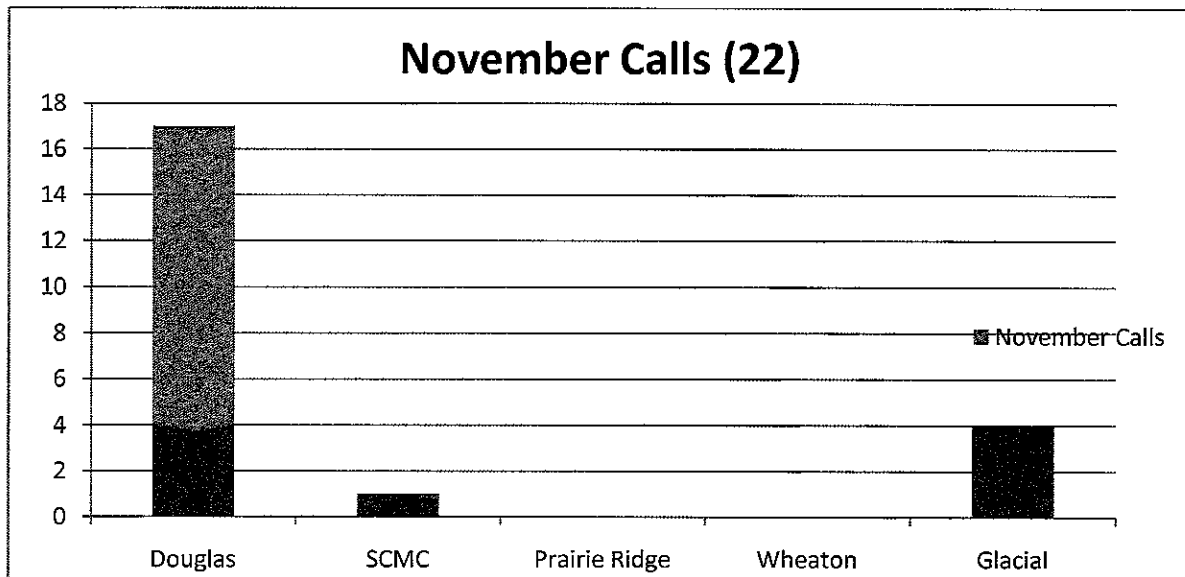
Region 4 South Mental Health Crisis Teams

PO Box 222 Elbow Lake, MN 56531
Phone: 218-685-8230 Fax: 218-685-6414

www.r4sconversations.org

Region 4 South Adult Mental Health Consortium Mobile Crisis Program December 2011

The crisis team has finished training 3 additional crisis staff members for the eastern zone in the past few weeks. The crisis team manager attended a statewide crisis meeting that reviewed strengths and barriers for crisis programs throughout the state and covered additional training resources for mobile crisis teams to consider. The crisis team will be having a quarterly crisis training this week to work on finalizing details for the continued progress towards operating community based in the next few months. The crisis team has continued to receive positive feedback from the local emergency rooms and look forward to the same success with the new collaboration with law enforcement.



Kesha Anderson LMFT
Crisis Program Manager
218-685-8230
Kesha.anderson@r4south.org

REGION 4 SOUTH WARMLINE
6pm-10pm 7 days a week
Local: 1-320-298-4404
Toll Free: 1-866-290-6333



REGION 4 SOUTH
AN ADULT MENTAL HEALTH CONSORTIUM

Intensive Community Rehabilitation Services Team
Report December 2011

Greetings:

Just a quick note to update everyone on Intensive Community Rehabilitation Services. ICRS currently has 55 consumers and is continuing to accept new referrals, including those with an Axis II diagnosis.

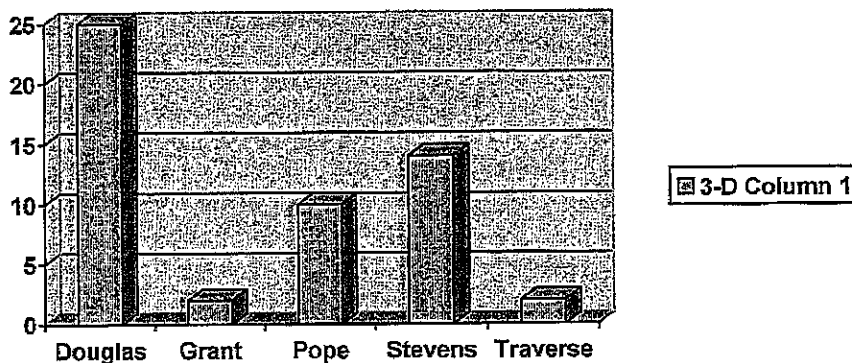
Please feel free to contact me with any questions or concerns you may have.

Heather Danner, LSW
 ICRS Team Leader
 320-335-5100

Client Admissions and Discharges for October:

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Clients</u>
November 2011	1	1	54

Consumers by Location



ADMINISTRATIVE OFFICE	PO BOX 222, ELBOW LAKE, MN 56531	218.685.8229
CRISIS RESPONSE PROGRAM	PO BOX 222, ELBOW LAKE, MN 56531	218.685.8230
PREPETITION SCREENING PROGRAM	PO BOX 222, ELBOW LAKE, MN 56531	218.685.8228
INTENSIVE COMMUNITY REHABILITATIVE SERVICE	1103 BROADWAY, SUITE 101, ALEXANDRIA, MN 56308	320.335.5100

PREPETITION SCREENING STATISTICS

OCTOBER 2011 STATISTICS

Total Petitions Filed: 1
Total Hearings Attended: 1

	Petition	Hearings	Stay Of Commitment	Dismissed	Commitment	# With Case Management Prior To Screening	# Without Case Mgmt Prior to Screening
Grant							
Pope	1	1	1			1	
Stevens							
Traverse							
Total	1	1	1	n/a		1	

2011 YEAR TO DATE STATISTICS

(Note: Jan-March N/A)

Total Petitions Filed: 12
Total Hearings Attended: 16

	Petition	Hearings	Stay Of Commitment	Dismissed	Commitment	# With Case Management Prior To Screening	# Without Case Mgmt Prior to Screening
Grant	1	2			1	1	
Pope	7	8	4	1	2	2	5
Stevens	1	0		1			1
Traverse	3	6	2		1		3
Total	12	16	6	2	4	3	9

Please feel free to contact Alicia Davidson if you have any comments, suggestions, or questions regarding these statistics and/or the Prepetition Screening program.

Respectfully Submitted,

Alicia Davidson, BSE, MHPractitioner
Prepetition Screening Coordinator

32 Central Ave S, Suite 8
PO Box 222
Elbow Lake, MN 56531
Cell #~ (218) 401-0337
Office #~ (218) 685-8228
Fax #~ (218) 685-6414
Email ~ alicia.davidson@r4south.org

Region 4 South ~ Adult Mental Health Consortium

PREPETITION SCREENING STATISTICS

NOVEMBER 2011 STATISTICS

Total Petitions Filed: 1
Total Hearings Attended: 2

	Petition	Hearings	Stay Of Commitment	Dismissed	Commitment	# With Case Management Prior To Screening	# Without Case Mgmt Prior to Screening
Grant							
Pope							
Stevens	1	2			1		1
Traverse							
Total	1	2		n/a	1		1

2011 YEAR TO DATE STATISTICS

(Note: Jan-March N/A)

Total Petitions Filed: 13
Total Hearings Attended: 18

	Petition	Hearings	Stay Of Commitment	Dismissed	Commitment	# With Case Management Prior To Screening	# Without Case Mgmt Prior to Screening
Grant	1	2			1	1	
Pope	7	8	4	1	2	2	5
Stevens	2	2		1	1		2
Traverse	3	6	2		1		3
Total	13	18	6	2	5	3	10

Please feel free to contact Alicia Davidson if you have any comments, suggestions, or questions regarding these statistics and/or the Prepetition Screening program.

Respectfully Submitted,

Alicia Davidson, BSE, MHPractitioner
Prepetition Screening Coordinator

32 Central Ave S, Suite 8
PO Box 222
Elbow Lake, MN 56531
Cell #~ (218) 401-0337
Office #~ (218) 685-8228
Fax #~ (218) 685-6414
Email ~ alicia.davidson@r4south.org

**December 1, 2011
Region IV South Consortium Housing Report-
December- 2011**

BRIDGES

January

9 Families assisted; all in Douglas County \$2,766.00

February

9 Families assisted; all in Douglas County \$2,627.00

March

9 Families assisted; all in Douglas County \$2,866.00

April

10 Families assisted; all in Douglas County \$3,206.00

May

10 Families assisted, all in Douglas County \$3,191.00

June

10 Families assisted, all in Douglas County \$3,135.00

July

8 Families assisted, all in Douglas County \$2,937.00

August

7 Families assisted, all in Douglas County \$2,455.00

September

6 Families assisted, 5 in Douglas County, 1 in Pope County \$1,818.00

October

7 Families assisted, 5 in Douglas County, 2 in Pope County \$2,148.00

November

7 Families assisted, 4 in Douglas County, 3 in Pope County \$1,865.00

December

9 Families assisted, 6 in Douglas County, 3 in Pope County \$2,329.00

YTD TOTALS

Security Deposit	\$	-0-
Admin Fee	\$	4,545.00
Rent	\$	30,983.00
Total Expenditures 2011	\$	35,528.00

Consortium – Project #1

January

22 Families assisted; 19 in Douglas County, 3 in Pope County \$7,658.00

February

22 Families assisted; 19 in Douglas County, 3 in Pope County \$7,708.00

March

20 Families assisted; 17 in Douglas County, 3 in Pope County \$6,889.00

April

17 Families assisted, 14 in Douglas County, 3 in Pope County \$5,995.00

May

17 Families assisted, 14 in Douglas County, 3 in Pope County \$5,988.00

June

12 Families assisted, 9 in Douglas County, 3 in Pope County \$4,601.00

July

8 Families assisted; 7 in Douglas County, 1 in Pope County \$3,626.00

August

9 Families assisted, 7 in Douglas County, 2 in Pope County \$3,810.00

September

11 Families assisted, 9 in Douglas County, 2 in Pope County \$3,927.00

October

10 Families assisted, 8 in Douglas County, 2 in Pope County \$2,902.00

November

7 Families assisted, 3 in Douglas County, 4 in Pope County \$2,317.00

December

7 Families assisted, 2 in Douglas County, 5 in Pope County \$1,976.00

YTD TOTAL

Security Deposit	\$	-0-
Admin Fee	\$	7,290.00
Rent	\$	57,397.00
Total Expenditures 2011	\$	64,687.00

Consortium – Project #2

September

4 Families assisted, all in Douglas County \$1,143.00

October

10 Families assisted, 9 in Douglas County, 1 in Pope County \$3,136.00

November

16 Families assisted, 13 in Douglas County, 3 in Pope county \$4,658.00

December

16 Families assisted, 13 in Douglas County, 3 in Pope County \$4,658.00

YTD TOTALS

Admin Fee \$ 2,070.00

Rent \$ 13,595.00

Total Expenditures 2011 \$15,665.00

SHELTER PLUS CARE - Pope & Douglas Counties

January

14 Families assisted; 12 in Douglas County, 2 in Pope County \$5,282.00

February

14 Families assisted; 12 in Douglas County, 2 in Pope County \$5,307.00

March

14 Families assisted; 12 in Douglas County; 2 in Pope County \$5,292.00

April

14 Families assisted; 12 in Douglas County, 2 in Pope County \$5,423.00

May

12 Families assisted; 10 in Douglas County, 2 in Pope County \$4,672.00

June

11 Families assisted; 9 in Douglas County, 2 in Pope County \$4,072.00

July

11 Families assisted; 10 in Douglas County, 1 in Pope County \$4,022.00

August

10 Families assisted, 9 in Douglas county, 1 in Pope County \$3,643.00

September

6 Families assisted, 5 in Douglas County, 1 in Pope County \$2,437.00

October

5 Families assisted, 4 in Douglas County, 1 in Pope County \$2,124.00

November

3 Families assisted, 2 in Douglas County, 1 in Pope County \$1,436.00

December

2 Families assisted, 1 in Douglas County, 1 in Pope County \$ 926.00

YTD TOTALS

Security Deposit	\$	-0-
Utility Deposit	\$	-0-
Utility Reimbursement	\$	991.00
Admin Fee	\$	3,480.00
Rent	\$	44,636.00
Total Expenditures 2011	\$	49,107.00

Section 8 Waiting List

Douglas & Pope Counties	235
Stevens & Traverse Counties (est)	14
Grant County (est)	12

INITIATIVE

SECURITY AND UTILITY DEPOSIT PROGRAM

2011

Balance Forward			\$ 8,442.00
April	Alexandria Light & Power	\$150	\$ 8,292.00
	Lincoln Square Townhomes	\$150	\$ 8,142.00
	Dan Rehousky	\$150	\$ 7,992.00
	Lakes Village Apartments	\$150	\$ 7,842.00
May	The Alexson	\$150	\$ 7,692.00
June	Royal Manor Apts	\$150	\$ 7,542.00
	Alexandria Light & Power	\$150	\$ 7,392.00
	JeffScott2, LLC	\$150	\$ 7,242.00
	MG Properties	\$150	\$ 7,092.00
July	Vans Binsbergen & Associates	\$150	\$ 6,942.00
August	Nicollet Meadows Housing	\$150	\$ 6,792.00
	Callaghan Court-Glenwood Man	\$145	\$ 6,647.00
	Mike Swartz	\$150	\$ 6,497.00
	Mary Sucksdorff	\$150	\$ 6,347.00
September	Alexandria Light & Power	\$150	\$ 6,197.00
	Broadway Apartments	\$150	\$ 6,047.00
	Woodhill Apartments	\$150	\$ 5,897.00
	Lakes Village Apartments	\$150	\$ 5,747.00
	Alexandria Light & Power	\$150	\$ 5,597.00
	Michael Dinsmore	\$150	\$ 5,447.00
October	Jim Larson	\$150	\$ 5,297.00
	Viking Village Apts LLC	\$150	\$ 5,147.00
	Alan Schmitz	\$150	\$ 4,997.00
	Harold Kail Trustee	\$150	\$ 4,847.00
November	Carr Properties	\$150	\$ 4,697.00
	Royal Manor II	\$150	\$ 4,547.00
	Douglas County HRA	\$150	\$ 4,397.00
	JB Management	\$150	\$ 4,247.00
	Douglas County HRA	\$150	\$ 4,097.00

Community Behavioral Health Hospital Legislative Report: Prioritization of Issues

by Dave Schultz, 11/23/11

Background

The Department of Human Services, Chemical and Mental Health Services Administration (CMHSA) is creating a simple way for regional stakeholders to update the priorities they've identified for the CBHH Legislative Report due in the Spring. Right now, we have created a short list of items for each Initiative and other stakeholder groups to review and score with help from their Adult Mental Health Division regional Mental Health Program Consultant.

We would like each Initiative to assign 100 "priority points" to the issues listed below that CMHSA heard from regionally held meetings in 2009. Please do this exercise during individual meetings of the initiatives, attended by their consultants before December 15th.

Assistant Commissioner O'Connell's goals for the CBHH Legislative Report are that:

- 1) we are responsive to the legislative mandate;
- 2) we carry out the mandate in a way that will position us well to address the wider continuum of care issues; and
- 3) we are as respectful as possible of our stakeholders.

ISSUES (not in any priority):

- a. **Access to, and Retention of, Basic needs.** While the patient is at a CBHH, the CBHH works to retain and facilitate access at discharge to all basic needs (such as stable housing, income supports, employment, food assistance, and health care).
- b. **Assessment and co-occurring treatment services at all CBHHs.** Assess and provide co-occurring treatment services while patients who have a mental illness, substance abuse disorder, developmental disability or brain injury are at the CBHH.
- c. **Communicate with the communities the distinction between commitment and CBHH's "Continued Stay" criteria.**
- d. **Culturally competent assessment, planning, and treatment in CBHHs.** CBHH cultural awareness and expertise to provide care for diverse populations.
- e. **Discharge based on joint planning.** A discharge is planned from admissions with the patient, local mental health authority, natural supports, community providers and CBHHs staff.
- f. **Evidence Based Practices (EBP).** The CBHHs use Evidence Based Practices (Assertive Community Treatment, Supported Employment, Integrated Dual Diagnosis Treatment, Permanent Supportive Housing, Dialectical Behavioral Therapy, and Illness Management and Recovery) and align these services with community evidence based services.
- g. **Expedite the transition from emergency departments to CBHH admission.** Ensure that the transportation method used is prompt, respectful, and appropriate.
- h. **Local, reliable, timely, access to a secure facility for people who have exhibit violent or physically aggressive behavior.** May require specialized staff, increased staffing levels, unique facility design or decreased occupancy incorporated at a centralized location to meet regional needs.

- i. **Local/regionalized admissions and screening system.** Communities have direct contact with local admissions people who are knowledgeable about all community resources and consumer/patient information.
- j. **LOCUS is used as one tool for utilization management and not an exclusive discharge tool.** The use of LOCUS needs to be consistent with the community's use of this tool.
- k. **Partnership between CBHH and community providers.** A relationship that facilitates integration of CBHHs and community services, including counties and tribes, that solves problems in admissions, treatment provision, discharge planning and follow-up.
- l. **Physical care, including primary and chronic health care, available and/or provided in an integrated approach at the CBHHs.**
- m. **Physical health care follow up after discharge.** Assure that people being discharged from a CBHH have the level of physical medicine care they need when they are living in the community and integrated with community behavioral services, such as home and community based services (e.g., the CADI Waiver).
- n. **Regional Control of CBHH as a State Operated Service.** Regions should be part of the decision-making process if CBHH's are to be significantly re-configured or if their management/ownership is to change.
- o. **Uniform Information Processes with Community Providers.** Assure that all documentation, communication, data collection, and utilization management information is gathered and shared in a manner consistent with the practices of community providers.
- p. **Use of Certified Peer Specialists at all CBHHs.**

Community Behavioral Health Hospital Legislative Report: Prioritization of Issues

Priority Rating	Recommendations (in alphabetical order): Please assign a total of 100 priority points to these items	Comments
	Access to, and retention of, basic needs. While the patient is at a CBHH, the CBHH works to retain and facilitate access at discharge to all basic needs (such as stable housing, income supports, employment, food assistance, and health care).	
	Assessment and co-occurring treatment services at all CBHHs. Assess and provide co-occurring treatment services while patients who have a mental illness, substance abuse disorder, developmental disability or brain injury are at the CBHH.	
	Communicate with the communities the distinction between commitment and CBHH's "Continued Stay" criteria.	
	Culturally competent assessment, planning, and treatment in CBHHs. CBHH cultural awareness and expertise to provide care for diverse populations.	
	Discharge based on joint planning. A discharge is planned from admissions with the patient, local mental health authority, natural supports, community providers and CBHHs staff.	
	#####	
	Expedite the transition from emergency department to CBHH admission. Ensure that the transportation method used is prompt, respectful, and appropriate.	
	#####	
	Local/regionalized admissions and screening system. Communities have direct contact with local admissions people who are knowledgeable about all community resources and consumer/patient information.	
	LOCUS is used as one tool for utilization management and not an exclusive discharge tool. The use of LOCUS needs to be consistent with established standards for the tools.	
	#####	
	Physical care, including primary and chronic health care, are available and/or provided in an integrated approach at the CBHHs.	
	#####	
	Regional Control of CBHH as a State Operated Service. Regions are integral to decision-making process if CBHH's are to be significantly re-configured or if their management/ownership is to change.	
	Uniform Information Processes with Community Providers. Assume that all documentation, communication, data collection, and utilization management information is gathered and shared in a manner consistent with the practices of community providers.	
	Use of Certified Peer Specialists at all CBHHs.	
	<i>Other: (please title and explain)</i>	
100	TOTAL (should equal 100)	

Summary of the November 8, 2011 "Conversations ..." Meeting of the Region 4- South Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties

"A Conversation ..."

October 11, 2011 ~ Those Attending:

*Iver Aal	Stevens Co. Resident	*Carroll Anderson	Pope Co LAC – Consumer
*Kesha Anderson	Reg 4-S Crisis Program	*Rhonda Antrim	Pope Co Human Services & Traverse Co. Social Services
*Michelle Bankord	PCS-SVCB	*Diane Barduson	Douglas Co. Consumer, Socialization & Drop In Cntr Coord
*Fay Beman	PCS	*Sue Boese	CHBB – Alexandria
*Sarah Boll	PCS	*Sharon Booen	Pope Co. LAC
*Randy Bouwman	Pope Co. LAC	*Edith Brasel	Pope Co. LAC – Consumer
*Laurie Burns	Stevens Co. Human Services	*Noreen Carlson	Douglas CO. Social Services
*Fran Cin	Life Center - SCMC	*Trish Cleek	Fergus Falls Community Dental Clinic (SOS)
*Heather Danner	Reg 4-S AMHC ICRS Team	*Alicia Davidson	Reg 4-S AMHC
*Patricia Eggers	Grant Co. Consumer & Socialization	*Mark Erickson	Stevens Co. Resident
*Jennifer Filgas	Ombudsman for MH/DD	*Judith Fox	Traverse Co. Socialization – Consumer
*Ken Fridgen	Douglas County Consumer	*Al Glaseman	Douglas Co HRA
*Dawn Hartman	PCS-Tokawood	*Stacy Hennen	Grant Co. Social Services
*Liz Hinds	Stevens Co LAC	*Gloria Jahrman-Johnson	Pope Co. Consumer
*Rosemarie Johnson	Grant Co Consumer	*June Kedor	Douglas Co. - Consumer
*Bill Klein	Lakeland Mental Health Center	*Marilyn Kluver	PCS-Alderwood
*Kay Lagred	Pope Co. Public Health	*Shelly Leonard	Pope Co. Consumer, LAC, WCP Drop In Cntr Coord.
*Carolyn Mallery	Douglas Co. Consumer	*Elsa Manning	Douglas Co. Resident
*Kayla Mattocks	PCS	*Chad Meyer	PCS
*Joyce Moen	Pope Co. Resident	*Joanie Murphy	Stevens Co. Human Services
*Beth Nelson	PAI – Crisis Unit	*Kitra Nelson	Wings Family Supportive Services
*Michaela Niblett	PCS – Castlewood	*Jane Nygaard	Douglas Co. Resident
*David Pearson	Pope Co. Consumer	*Joyce Pesch	Reg 4-S AMHC
*David Peterson	Milestones – IRTS	*Elaine Peterson	Pope Co LAC
*James Pew	Life Center – SCMC	*JuliAnn Randall	Douglas Co. Consumer
*Anita Renstrom	Douglas Co. LAC & Consumer	*Corrina Rost	PCS-Glenwood
*Danie St. John	PCS-Maplewood	*Karen Salem	Douglas Co. Resident
*Deb Sater	Douglas Co. Social Services	*Ben Schulz	Grant Co. Social Services
*Karen Schulz	Pope Co Consumer, FUN Bunch Coord.	*Rita Smith	Douglas Co. Consumer
*Deb Stark	Stevens Co. Social Club	*Cheryl Starner	Grant Co. LAC
*Lucille Tullis	Pope Co LAC – Consumer	*Gloria Wartner	Pope Co. Resident
*Emma Westrom	Grant Co. Consumer	*Deb Hengel	Facilitator

ADDRESS ADDITIONS / CHANGES:

ADD: Trish Cleek
 Fergus Falls Community Dental Clinic
 1121 Pebble Lake Rd
 Fergus Falls, MN 56537
 218-739-7444

ADD: Kitra Nelson
 Wings Family Supportive Services
 1417 Broadway Ste 4
 Alexandria, MN 56308
 320-763-6638
Kitra@wingsfamilyservices.com

Change: Diane Barduson
dianebarduson@vikinglandcsp.com

Mailing Address for Region IV S Adult Mental Health Consortium

Correspondence, bills or vouchers
 should be mailed to
 Region 4 South AMHC
 PO Box 222
 Elbow Lake, MN 56531

Region IV-S AMHC Administrator:
 Joyce Pesch
joyce.pesch@r4south.org
 PHONE: 218-685-8229
 FAX: 218-685-6414

*Summary of the November 8, 2011 “Conversations ...” Meeting of the Region 4- South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties*

Purpose of Meeting Tuesday, November 8, 2011 Held at Hoffman Community Center – Hoffman, MN

Welcome & Introductions

1. Approval of Agenda *Additions, *Clarifications, *Changes –
2. Approval of summary of October 11, 2011 “Conversations...” meeting.
3. PRESENTATION: Trish Cleek: *SOS/DHS Fergus Falls Community Dental Clinic*
4. Meeting Packet Information – Joyce Pesch
5. Financial Report – Joyce Pesch
 - A. Monthly Report
 - B. Applications/Proposals (ACTION NEEDED)
6. AMHC Administrator’s Report – Joyce Pesch
7. Update of 2012 AMHC Work Plan and Budget
8. Region 4-South Adult Mental Health Consortium Governing Board Report – Joanie Murphy
9. State Advisory Council Report
10. State Liaison Report –Lorraine Pierce
11. Update on the Wellness Screenings
12. Work Teams and Task Forces Meet
 - A. Transportation
 - B. Training & Education
 - C. Services for Hard-to-Serve
 - D. Integrated Physical and Mental Health
 - E. Housing
 - F. Crisis Response
13. Reports from Work Teams and Task Forces
14. Updates- Community Based Adult Mental Health Services:
 - A. Socialization Projects – Douglas, Pope, Stevens, Traverse
 - B. Employment – *Douglas Co. Social Services, & Prairie Community Services*
 - C. Housing – *include Bridges-like and Shelter Plus Care*
 - D. Crisis Prevention
 - E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse
 - F. Milestones IRTS (Intensive Residential Treatment Services)
 - G. ICRS (Intensive Community Rehabilitative Services) Team (1) Program Report (2) Board Report
 - H. Community Behavioral Health Hospitals
 - I. Safety Net – including Flexible Funds from each county
 - J. Training and Education
 - K. Day on the Hill
 - L. Warm Line
 - M. Pope County Drop In Center
 - N. Stevens Co Drop In Center
 - O. Traverse County Support Group
 - P. Web Site – www.r4sconversations.org
 - Q. Homeless to Housed Committee
 - R. Public Relations - Anti-Stigma Campaign -- www.reallifeconversations.com
 - S. Transportation
 - T. Grant County Socialization
 - U. Health Screenings
15. Announcements
16. Agenda for December 13, 2011 “Conversations...”

*Summary of the November 8, 2011 “Conversations ...” Meeting of the Region 4- South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties*

THE SUMMARY:

Introductions... Name and role in the AMHI ...

1. Agenda Approval, Additions: Approved as presented

2. Approval of October 11, “Conversations...” Summary: Approved as printed

3. PRESENTATION: Trish Cleek: *SOS/DHS Fergus Falls Community Dental Clinic*

Comments included: The Fergus Falls Community Dental Clinic [FFCDC] serves persons with disabilities and those on MN Health Care. There have been 31 referrals since January 1, 2011 from Region 4: 27 have been from BCOW counties and 4 referrals have been from Region 4-South (1 from Stevens, 1 from Traverse and 2 from Douglas.). Brochures for the dental clinic were made available. Noted that the referrals for persons with SPMI are to come through a case worker. The dental clinic requests 6-12 months of the person’s dental records. The initial appointment is scheduled for two hours so that a comprehensive exam and x-rays can be done. Noted that hospital dentistry is available for those who can’t handle in-office care. [Question] Is the Fergus Falls Community Dental Clinic the same as the Apple Tree Dental? [Reply] No, these are two separate clinics. [Q] Is FFCDC a fee for service of managed care? [R] FFCDC is only managed care. [Q] Does FFCDC take care of CBHH patients? [R] Yes. [Q] Does a person have to have a mental illness to access FFCDC? [R] Yes, a person must have some kind of disability. [Q] Does FFCDC make partials? [R] Yes, this covered under MN Health Care. [Q] What if a person is not working with a county case manager? Comment that case management is a voluntary service. [R] The referrals can also be through a financial manager or if a person is in a group home, through a staff member there. [Q] Is there a waiting list? [R] Generally FFCDC can get a patient in within two weeks. [Comment] PrimeWest requires a person to pay out of pocket if they want “gas” during dental procedures. [R] FFCDC partners with Lake Region for general anesthesia if necessary for a dental procedure. [Q] Is the Caring Hands dental clinic in Alexandria for persons with SPMI? [R] Generally Caring Hands sees anyone on MN Care.

4. Meeting Packet Information – Joyce Pesch

Reminder that meeting packet items are available on the r4sconversations.org website the Monday morning prior to the meeting.

4-A. Information –

[1] State Advisory Council Openings – information/application. Comments that Region 4 South has had representation on the State Advisory Council in past years. Interested consumers and/or family member of a consumer were encouraged to apply for appointment. [Q] When are the applications due? [R] The appointment process is on-going, but people were encouraged to apply as soon as possible.

4-B. Program Openings –Prairie Community Services openings. *Reminder given to all provides that programs opening information can be sent to Joyce Pesch to have it included in the “Conversations...” meeting packets.*

4-C. Reports including in meeting packet:

- [1] Administrator’s Report – November 2011
- [2] Adult Crisis Response Program – November 2011
- [3] ICRS - Intensive Community Rehabilitation Services – Program –November 2011
- [4] Prepetition Screening –November 2011
- [5] AMHC Housing Programs – Douglas County HRA – YTD November, 2011
- [6] Douglas County Flexible Funding Report – October, 2011
- [7] Milestones Intensive Residential Treatment – July-September, 2011

4-D. Financial Statements

[1] For Period ending October 31, 2011

4-D. Applications/Proposals (Action Needed)

- [1] Six Week Parenting Education and Skills program – Grant County Social Services - \$9,900.00
- [2] Clinical Supervision Costs – MS, LMFT- from July 1, 2011 – December 31, 2011

4-E. Program Openings

[1] Prairie Community Services

*Summary of the November 8, 2011 “Conversations ...” Meeting of the Region 4- South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties*

5. Financial Report – Joyce Pesch

[A.] Monthly Report – for period ending October 31, 2011. Noted that actions taken at the October “Conversations...” meetings are not reflected on this report, but do not have significant impact. The AMHC Administrator noted that she is monitoring the following areas in relation to their level of spending as the AMHC comes to the end of the year: (A) FUN Bunch – do have a bill in now. (B) Stevens County Socialization – this group does a draw rather than reimbursement. Noted that the staff person is paid directly out of the AMHC. (C) Grant County Drop In Socialization – probably won’t spend out their budget allotment. (D) Training & Education: noted that it would take an extra activity to spend out their budget allotment. (E) Douglas County Employment: noted that because of their mental health concerns some of the individuals were not able to continue this program, so therefore this project will not use the funds requested two months ago. (F) Housing Project #2: won’t need the full amount. Noted that 16 have been leased up and they are working with 10 more, but the project won’t spend out their allotment. (G) IRTS – noted that this budget amount will not be reduced because only one non-public pay individual would take up these dollars. (H) Conversations: we might have some unexpended funds in this budget category. (I) Project Administration with Basic Grant and Project Administration with Crisis Grant – noted that all expenses have been going into one account and have not been split between Basic and Crisis. Overall, keeping in mind what expenses we know are still out there, we will be really close to spending out the grant. Comment that ICRS is working on pulling in former billings. Noted that the budget line items: Douglas County Employment and Housing Project #2 would be potential sources to cover the requests being presented at today’s meeting.

[B] Applications /Proposals (ACTION NEEDED)

[1] Six Week Parenting Education and Skills program – Grant County Social Services - ~~\$9,900.00~~
corrected to a \$9,000.00

Discussion included:

Information provided by the requesting party that for this would be an intensive program for four families where the adult’s mental health issues were interfering with their ability to engage with their child/children and build relationships. [Q] Is this a new program? [R] Yes, we see this as a possible pilot program. [C] This program seems to fill a gap. [R] Grant Co. Social Services doesn’t want a child’s removal (from their home) to be because of the parents’ adult mental issues. [Q] Why was LSS selected over LMHC? [R] LSS was selected because LSS is experienced with in-home services and they could act quickly (which was important because of the short timeline). [Q] How is the proposed program different from standard in-home services? [R] Standard in home services are based on the needs of the child. The new proposed project is based on the adult’s needs. [Q] What will the proposed program consist of? [R] Combine DA with Adult Mental Health with the typical in-home. [Q] Could LSS develop a curriculum as one of the expectations so this pilot program could be used in other counties? [R] One outcome expected is that we have a tangible and replicable program. [C] Research seems to be that mental health is addressed as individual (diagnostic and functional) not as that person in their role as a parent. [C] DHS is looking into this concept of parenting with mental health services. [Q] Has Grant County Social Services decided what data will be collected? [R] Yes. [C] Comments from a number of consumers and family member of a consumer supportive of the proposed program. [C] The four potential families have been contacted and they are enthusiastic about the proposed program. [Q] Will this program spread to other counties? [R] Counties must request based on their need.

ACTION: Recommend to the Governing Board of the Region 4-S Adult Mental Health Consortium to approve the request from Grant County Social Services for \$9,000.00 for a six week parenting education and skills program.

Motion made by Jim Pew, with second by Cheryl Starner.

Vote taken by hand count. 55 “YES” and 0 “NO” Motion Carried unanimously

Summary of the November 8, 2011 "Conversations ..." Meeting of the Region 4- South Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties

[2] Clinical Supervision Costs – MS, LMFT- from July 1, 2011 – December 31, 2011

[1] Stevens Community Medical Center – Behavioral Medicine Department– request of \$5000.00 for providing supervision for a MS, LMFT (Master degree and licensed marriage and family therapist) from July 1, 2011 thru December 31, 2011.

Discussion included: [Q] Who is providing the supervision? [R] A Psy.D., Licensed Psychologist.
[Q] Will you require a 3-year employment term by the person who is receiving this supervision?
[R] Yes.

ACTION: Recommend to the Governing Board of the Region 4-S Adult Mental Health Consortium to approve the request from Stevens Community Medical Center – Behavioral Medicine Department for \$5,000.00 to cover costs of clinical supervision – MS, LMFT from July 1, 2011 – December 31, 2011.

Motion made by Cheryl Starner, with second by Emma Westrom.

Vote taken by hand count. 58 "YES" and 0 "No" Motion Carried unanimously

6. AMHC Administrator's Report – Written report included in meeting packet. Comments included:

- (1) Reminder on the check-in / registration procedures instituted effective September, 2011. Reminder that at the beginning of the meeting, everyone must **check in** on the registration list to get their meeting packet and this also serves as the meal cont. At the end of the meeting people who complete a voucher for mileage and/or per diem must check out with the normal voucher process. Noted that if people forget to do this they can do this as an "after-the-fact", however, it will require more steps to accomplish – one of which is that the AMHC Administrator must recall that the person was actually in attendance at the meeting.
- (2) Special note that our Consortium area is one of the first to enroll people with disabilities into Special Needs Basic Care (SNBC). This is because we have only one plane choice – Prime West. The default (doing nothing) is to move into SNBC managed care. If you want something else you have to request that. [Q] Will this mean that everyone will be enrolled into managed care? [R] If you are on MA because of Mental Illness disability you will be enrolled in PrimeWest Special Needs Basic Care. [Q] A person was denied MA coverage, can they be on PrimeWest? [R] No, because it is only for MA disabled.

7. Update of 2012 AMHC Work Plan and Budget

People were informed that the 2012 Adult Mental Health Consortium Work Plan and Budget are on the r4sconversations.org website. Noted that two budget areas (Douglas County Employment and Pope County Drop-In Center) were lowered to balance the 2012 budget. Noted that every plan and budget can be adapted and/or adjusted as needed throughout 2012.

Clarification on the CY 2012 Adult Mental Health: MNHI-MH1 budget (with BRASS codes): The BRASS Codes totals represent 2 or more AMHC projects. The overall Administration costs are split into more than one BRASS Codes. Joyce has a worksheet that shows which projects are included in each one the BRASS Code totals.

The total amount is the Basic Grant plus the Crisis allocation.

The second page provided is list of the projected service providers/vendors for 2012. These were based on project applications submitted. Noted that the total on the service providers/vendor sheet will not add up to full budget because it doesn't include the AMHC provided services.

Comment that Pre-Petition Screening Program was included in our AMHC work plan and budget the AMHC Governing Board submitted to the State. Noted that at this time it is unknown if the Pre-Petition Screening Program will be approved by the State. But we have no money at risk, because if the Pre-Petition Screening is not approved we will have to resubmit our work plan and budget.

Clarifications requested regarding: (a) The newly approved LSS project with Grant County Social Services – who would be the vendor be: LSS or Grant County? [R] It would depend on who gets the check from the AMHC.

(b) What services does Minnewaska Area Schools provide to the AMHC? [R] They provide staff doe the Crisis Response Team.

*Summary of the November 8, 2011 "Conversations ..." Meeting of the Region 4- South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties*

8. Region 4-South Adult Mental Health Consortium Governing Board Report – Joanie Murphy reported that at the Governing Board’s October 18 meeting they approved all the recommendations from the October 11 “Conversations...” meeting. They also approved the AMHC 2012 Work Plan and Budget. Regarding the Pre-Petition Screening: the Governing Board had received notice from the DHS they we could continue to use AMHC dollars for 2011. The thought was that maybe we couldn’t do the Pre Petition Screening in 2012. However, Pre Petition Screening was listed in the 2012 BRASS Codes. Therefore Pre Petition Screening was put into our 2012 AMHC Work Plan and Budget. Comment from the Governing Board was that this program was working extremely well.

The Governing Board has done a direct submission of the AMHC to be an ARMHS provider

The Governing Board recommended to the Joint Powers Board at the October 12 meeting to approve the Work Plan and Budget.

Noted that the Joint Powers Board will meet four times a year. At their meeting on the second Wednesday in December (December 14) the Joint Powers Board will do their final approval of the Work Plan and Budget.

9. State Advisory Council Report – None

10. State Liaison Report: None provided

11. Update on the Wellness Screenings Events have been held in Pope, Stevens and Douglas. The traverse County event was cancelled. Grant County is coming up, but at this time only one person is signed up. Reported that Pope event was held on the previous Tuesday with nine people. This was more than attended in 2010 (six). Reported that the event went well, people received good information and things ran smoothly. [Q] Were their professionals on site? [R] Yes, the nurses were from Douglas County Public Health. [Q] Were both physical and mental health covered? [R] This event was all about the physical components. Clarification given that the lab tests were for cholesterol, blood pressure, and blood sugar. Comment that people could also get the 2010 results so they could compare their 2011 results to their previous year’s results.

Stevens County reported that the event was both personal and professionally done. People could get results within 15 minutes and receive information on weight control, diabetes care and heart and cardiovascular concerns. Food was served because there was a fasting requirement for the various tests. Stevens County event had five participants, with one no-show and one walk in. Comment that two people of these people were not previously known to the Social Club.

Douglas County reported that their event was held on Wednesday, November 2 with three people signed up and one walk-in for four total participants. Things went smoothly and the refreshments were appreciated.

There has been a request for this Wellness event is combined with the flu shots. Noted that while this was not possible to do in 2011, this arrangement maybe possible in 2012.

12. Work Team and Task Forces Meet:

A. Transportation; B. Training & Education; C. Services for Hard-to-Serve; D. Integrated Physical & Mental Health; E. Housing; and F. Crisis Response.

13. Reports from Work Teams and Task Forces: *Comments presented during large group report are indicated in ITALIC in each Work Group’s report.*

A. Transportation - Note Taker: Liz Hinds Persons in Attendance: Judith Fox, Pat Eggers, Danielle St. John, Liz Hinds, Fay Beman,

AGENDA:

1. Returned surveys. Grant County now doing bus passes, using Rainbow Rider. So is Stevens County, using Morris Transit.
2. Could Rainbow Rider have a more high tech scheduling system? Would it be more efficient for riders?

ACTION ITEMS	PERSON(S) RESPONSIBLE	TIMELINE
[None listed]		

B. Training & Education - Note Taker: Karen Salem Persons in Attendance: Ben Schulz, Karen Salem, Iver Aal, Cheryl Starner, Gloria Johnson, Stacy Hennen, Emma Westrom

AGENDA:

1. Going to have to have meetings outside this one. Will have a meeting at Dew Drop Inn with BCOW

Summary of the November 8, 2011 "Conversations ..." Meeting of the Region 4- South Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties

soon. Start early this year for next year's events.

2. Do not know how to bill BCOW (for Day At Home in Region 4 event) Want to partner more together with them for next year.
3. Do we want to send one person from every county to "Day on the Hill" to promote the legislators coming to "Day at Home?" Perhaps, have a statement form Region 4-South Mental Health Consortium.
4. Do we want to have some basic session(s) or something new for people that have attended the first year? Probably do the same and build more sessions for the third year.
5. Dream big. Can we get Governor Dayton there next year? Where will we have it? Fergus falls? Alexandria?
6. Need to talk more direct contact with the legislators to be sure they are coming.
7. Blessing in disguise of legislators not showing up (at 2011 "Day at Home in Region 4), as this is going to make us work harder.
8. Went over the bills for printing, ballroom, etc.

C. Services for Hard-to-Serve – Note Taker: Alicia Davidson Persons in Attendance: Fran Cin, Lucille Tullis, Dave Peterson, Karen Schulz, Sue Boese, Alicia Davidson, Chad Meyer, Laurie Burns, Michelle Bankord, Ken Fridgen, Noreen Carlson, Trish Cleek, Deb Sater, Rita R. Smith

AGENDA: 1. Think broader: (a) describe, precisely, the person that would need Board and Lodge, (b) felony housing, involve BCOW?

2. Board and Lodge materials (with services) Housing ?!: (a) St. Cloud, Fargo, Marshall, (b) Look into 2013 grant (build a proposal), (c) How many are really homeless, (c) Which counties would need? (d) What would a home provide?
3. On-call person for Milestones crisis bed?
4. Exercise program: (a) different communities facilities? (b) Transportation?
5. Difficult because every client has their own hard to serve qualities.

<u>ACTION ITEMS</u>	<u>PERSON(S) RESPONSIBLE</u>	<u>TIMELINE</u>
---------------------	------------------------------	-----------------

- | | | |
|---|--------|-----------------|
| 1. Email surveys to case managers | Alicia | by next meeting |
| - What do case managers feel they the most difficulty placing or planning services for? | | |
| - What is the resource you can't find and how often is it happening? | | |
| - What are your numbers in the past 6 months for this type of client? | | |
| - Service providers: are there people you can't take one? Why? | | |
| 2. Chad will bring flyers on Board and Lodge. Transition from Milestones or CBHH | | |

D. Integrated Physical & Mental Health- Note Taker: Michaela Niblett Persons in Attendance: Edith Brasel, Randy Bouwman, June Kedor, James Pew, Gloria Wartner, Joyce Moen, Mark Erickson, David Pearson, Carroll Anderson, Sharon M. Booen, Michaela Niblett, Rosemarie Johnson, Kay Lagred, Dawn Hartman

AGENDA:

1. Handout the wellness brochures that have a tracking calendar on them ... Some different groups got them from different counties. Anyone else have them? Listed: Drop-In Centers in five counties. Pope Douglas and Grant Social Services, and CSP in all five counties, PCS and Learning Center in Alexandria.
2. Information from the Drop-In Centers on what worked or didn't work. Glenwood: Wii, cards computers, movies, nutrition class 1 time a month from Extension Service. What didn't work: exercise program (no one stayed committed). One new idea was title it a dance club. Tammy at Minnewaska Wellness has volunteered to come down, but cant' get enough people motivated. How do we get people motivated? Maybe personal awareness how important it is. Not until you get this mental mindset to do it. Ask the question: What made you change? What will make you change? Don't know how to convince people to do it. Maybe invite a partner? June K. was still going to check with her drop-in center.
3. Wellness Screenings: barrier could have been that people were scared they would lose their benefits.

<u>ACTION ITEMS</u>	<u>PERSON(S) RESPONSIBLE</u>	<u>TIMELINE</u>
---------------------	------------------------------	-----------------

- | | | |
|---------------------|----------------|--|
| 1. Walking partners | Edith and Dave | |
|---------------------|----------------|--|

**Summary of the November 8, 2011 "Conversations ..." Meeting of the Region 4- South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties**

2. Gather and report numbers from screenings Joyce

E. Housing – Note Taker: Shelly Leonard Persons in Attendance: Shelly Leonard, Jane Nygaard, Carolyn Mallery, Deb Stark, Diane Barduson, Elza Manning, Al Glaseman, Kitra Nelson

AGENDA:

1. Al talked with Jill at West Central MN Communities Action. Still have no way to serve single males with felony criminal records.
2. Homeless – difficult to qualify. Go back three years – criminal – each situation is different. Homeless – document for one year. Need transitional housing for homeless.
3. Victims of Domestic violence and homeless one night and with one child – housing through Wings Transitional for two years. Do have Father's Advocacy – but not for housing.
4. Bridges - apply for Section 8 and have SMI diagnosis – but not for felons.
5. Step for felons with W/SMI/SPMI

In 2013 there may be extra funding available for single males with felony conviction.

Public Housing – affect felonies only for drug offense or sexual offense (person is required to register as a sexual predator. Felonies such as DUI or forgeries are not a barrier to public housing.

Noted that private landlords do not have to or required to take felons.

ACTION ITEMS

PERSON(S) RESPONSIBLE TIMELINE

1. Looking for a group for housing options for felons.

F. Crisis Response- Note Taker: Marilyn Kluver Persons in Attendance: JuliAnn Randall, Corrina Rost, Joanie Murphy, Marilyn Kluver, Sarah Boll, Anita Renstrom, Kayla Mattocks, Beth Nelson, Rhonda Antrim, Kesha Anderson, Bill Klein, Jennifer Filgas

AGENDA: 1. Kesha did go to Brainerd – set up differently – 5 counties. Bring to ER – “safety.” Interaction of Law Enforcement – CIT trained officers.

2. Region 4 – 2 sessions – 25-30. A week training. When we go through law enforcement training again, go through WACCO. Possibly in February have another training. Round table discussions with law enforcement and crisis team. Two times.
3. Ride alongs with law enforcement for Crisis Staff. Paid time up to 4 hours. Grant and Douglas to start with. Relationship with law enforcement is critical to success. What can we do to guarantee the materials will be at the site? Kesha will hand for individual staff.
4. Discussion about using one county line/number for Crisis calls for different services provided. Stated: “Shouldn't need to call 911 if having a mental health crisis.”

ACTION ITEMS

PERSON(S) RESPONSIBLE TIMELINE

1. Community Based or Programs that have needs?
2. One emergency line number
3. Set up trainings.

14. Updates from Community-based Adult Mental Health Services

A. Socialization Projects – Douglas, Pope, Stevens, Traverse B. Employment – *Douglas Co. Social Services & Prairie Community Services*

C. Housing – *include Bridges-like and Shelter Plus Care* D. Crisis Response

E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse F. Milestones IRTS (Intensive Residential Treatment Services)

G. ICRS (Intensive Community Rehabilitation Services) Team (1) Program Report (2) Board Report

H. Community Behavioral Health Hospitals I. Safety Net – including Flexible Funds –all counties J. Training and Education

K. Day on the Hill L. Warm Line M. Pope County Drop In Center

N. Stevens Co Drop In Center O. Traverse County Support Group P. Web Site – www.r4sconversations.org

Q. Homeless to Housed Committee R. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com

S. Transportation T. Grant County Drop-In Center U. Health Screenings

15. Announcements –

16. Agenda for December 13, 2011 “Conversations...”

- (1) Work Teams for 2012
- (2) Confirm “Conversations...” 2012 Schedule
- (3) Presentation: Kay Brown, West Central Behavioral Health – American Red Cross