

**Summary of the August 9, 2011 “Conversations ...” Meeting of the Region IV South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties**

“A Conversation ...”

August 9, 2011 ~ Those Attending:

*Carroll Anderson	Pope Co LAC – Consumer	*Janine Anderson	Pope Co. Consumer
*Kesha Anderson	Reg 4-S Crisis Program	*Michele Bankord	PCS
*Diane Barduson	Douglas Co Socialization Coord. – Consumer	*Randy Bouwman	Pope Co. LAC
*Edith Brasel	Pope Co. LAC – Consumer	*Susan Brooks	Stevens County Resident
*Laurie Burns	Stevens County Human Services	*Fran Cin	Life Center - SCMC
*Heather Danner	Reg 4-S AMHC ICRS Team	*Patricia Eggers	Grant Co. Consumer & Socialization
*Mark Erickson	Stevens Co. Resident	*Ted Estenson	Stevens Co. Resident
*Judith Fox	Traverse Co. Socialization – Consumer	*Ken Fridgen	Douglas Co. Consumer
*Al Glaseaman	HRA of Douglas Co.	*Leanne Harmsen	Pope Co. LAC & PCS
*Elizabeth Hinds	Stevens Co LAC	*Gloria Jahrman-Johnson	Pope Co. Consumer
*Rosemarie Johnson	Grant Co. LAC- Consumer	*June Kedor	Douglas Co. - Consumer
*Amy Kiehn	Douglas Co. Sat. Transportation – Consumer	*Bill Klein	Lakeland Mental Health
*Fonda Knudson	CSN	*Kay Lagred	Pope Co. Public Health
*Catie Lee	PrimeWest Health	*Shelly Leonard	Pope Co. Consumer, LAC, WCP Drop In Cntr Coord.
*Char Lundebrek	Pope Co. Human Services	*Keith Lundsetter	PCS
*Carolyn Mallery	Douglas Co. Consumer	*Chad Meyer	PCS
*DeeAnn Miller	Pope Co. Human Services	*Joyce Moen	Pope Co. Resident
*Jane Nygaard	Douglas Co. Resident	*David Pearson	Pope Co. Consumer
*Joyce Pesch	Reg 4-S AMHC	*Elaine Peterson	Pope Co. LAC
*James Pew	Life Center – SCMC	*Lorraine Pierce	DHS – AMHD
*JuliAnn Randall	Douglas Co. Consumer	*Corrina Rost	PCS-Glenwood
*Danie St. John	PCS-Maplewood	*Karen Salem	Douglas Co. Resident
*Ben Schulz	Grant Co. Social Services	*Karen Schulz	Pope Co. Socialization – Consumer
*Rita Smith	Douglas Co. Consumer	*Deb Stark	Stevens Co. Social Club
*Cheryl Starnier	Grant Co. LAC	*Jed Stump	PCS
*Lucille Tullis	Pope Co LAC – Consumer	*Ken Volk	Douglas Co Consumer
*Mary Volk	Douglas Co. Consumer	*Gloria Wartner	Pope Co. Resident
*Emma Westrom	Grant Co. Consumer	*Deb Hengel	Facilitator

ADDRESS ADDITIONS / CHANGES:

CHANGE: Leanne Harmsen
~~336 Eleanor Ave~~ **511 Oregon Ave.**
 Morris, MN 56267

ADD: Ben Schulz
 Grant Co. Social Services
 PO Box 1006
 Elbow Lake, MN 56531
ben.schulz@co.grant.mn.us
 218-685-8200

Mailing Address for Region IV S Adult Mental Health Consortium

Correspondence well as bills and vouchers:
 should be mailed to
 Region 4 South AMHC
 PO Box 222
 Elbow Lake, MN 56531

Region IV-S AMHC Administrator:
 Joyce Pesch
joyce.pesch@r4south.org
 218-685-8229
 FAX

***Summary of the August 9, 2011 “Conversations ...” Meeting of the Region IV South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties***

Purpose of Meeting Tuesday, August 9, 2011 held at Hoffman Community Center – Hoffman, MN

Welcome & Introductions

1. Approval of Agenda *Additions, *Clarifications, *Changes – ADDED: Pope Co Consumers requested time to speak regarding Per Diems – added to Agenda item #5
2. Approval of summary of June 14, 2011 “Conversations...” meeting.
3. PRESENTATION: West Central MN Communities Action –Housing
4. Packet Information – Joyce Pesch
5. Financial Report – Joyce Pesch
 - A. Monthly Report
 - B. Applications/Proposals (ACTION NEEDED)
6. AMHI Administrator’s Report – Joyce Pesch
7. Region 4-South Adult Mental Health Consortium Governing Board Report – Joanie Murphy
8. State Advisory Council Report
9. State Liaison Report –Lorraine Pierce
10. “Day at Home” Updates
11. Discussion on Per Diem policy and procedures
12. Discussion on Project Applications and Timelines for 2012
13. Work Teams and Task Forces Meet
 - A. Transportation
 - B. Training & Education
 - C. Services for Hard-to-Serve
 - D. Integrated Physical and Mental Health
 - E. Housing
 - F. Crisis Response
14. Reports from Work Teams and Task Forces
15. Updates- Community Based Adult Mental Health Services:
 - A. Socialization Projects – Douglas, Pope, Stevens, Traverse
 - B. Employment – *Douglas Co. Social Services, & Prairie Community Services*
 - C. Housing – *include Bridges-like and Shelter Plus Care*
 - D. Crisis Prevention
 - E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse
 - F. Milestones IRTS (Intensive Residential Treatment Services)
 - G. ICRS (Intensive Community Rehabilitative Services) Team (1) Program Report (2) Board Report
 - H. Community Behavioral Health Hospitals
 - I. Safety Net – including Flexible Funds from each county
 - J. Training and Education
 - K. Day on the Hill
 - L. Douglas County Saturday Transportation
 - M. Warm Line
 - N. Pope County Drop In Center
 - O. Stevens Co Drop In Center
 - P. Traverse County Support Group
 - Q. Web Site – www.r4sconversations.org
 - R. Homeless to Housed Committee
 - S. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com
 - T. Transportation
 - U. Grant County Drop-In Center
 - V. Health Screenings
16. Announcements
17. Agenda for September 13, 2011 “Conversations...”

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THE SUMMARY:

Introductions... Name and role in the AMHI ...

1. Agenda Approval, Additions: Approved as presented

2. Approval of May, 2011 “Conversations...” Summary: Approved as printed

3. PRESENTATION – West Central MN Communities Action – Housing – Jill Anderson

Presentation on the variety of housing related programs offered through West Central MN Communities Agency:

- Foreclosure prevention is for owner-occupied housing. Program helps homeowners through the web of options.
- MURL homes – a MURL house is now available in Breckenridge (3 Bedroom & 1.5 Bath) maximum of 25% of income. MURL homes are “blighted” homes that WCMCA rehabs so that they are fit for living.
- Emergency Housing – this is a pass thru program for rent or mortgage and utilities. Applications are accepted via e-mail, fax, or regular mail. Program serves Douglas, Grant, Pope, Stevens and Traverse Counties.
- Emergency Utilities: (1) Energy Assistance – applications available in September; (2) Emergency Program which people can access once a year. [Question] Do these energy assistance programs also cover the high utilities that a hot summer brings? [REPLY] No. Minnesota is a “cold weather” state so only winter utilities are covered.
- West Central MN Communities Action contact number: 1-800-492-4805
- Applications for these Housing and Energy Assistance programs are available online at [West Central Minnesota Communities Action](http://wcmca.org/applications2.cfm) <http://wcmca.org/applications2.cfm>

3. Meeting Packet Information – Joyce Pesch

3-A. Information –

- [1] State Advisory Council Meeting Agenda for August, Minutes for June, 2011
- [2] Statistics – Suicide in Minnesota 2001-2009 from Lorraine Pierce
- [3] Report from Governing Board Chair – Joanie Murphy

3-B. Program Openings –Prairie Community Services openings. *Reminder given to all provides that programs opening information can be sent to Joyce Pesch to have it included in the “Conversations...” meeting packets.*

3-C. Reports including in meeting packet: (*) indicate written included in meeting packet [=] indicate that this information was included a Summary Report in graph report. Full reports are available on the www.rsconversations.org website. Noted that a limited number of hard copies of all the quarterly reports were available for those people who have absolutely no Web access.

- [1] Administrator’s Report – August 2011 *
- [2] Adult Crisis Response Program – August 2011 =
- [3]ICRS - Intensive Community Rehabilitation Services – Program – August 2011*
- [4] Prepetition Screening – August, 2011 *
- [5] Adult Mobile Crisis Response – April-June, 2011*
- [6] WarmLine – April-June, 2011=
- [7] Incentive Program - April-June, 2011=
- [8] Outpatient Access Improvement - April-June, 2011=
- [9] Region 4 South Housing – YTD through July 2011=
- [10] Milestones IRT - April-June, 2011=
- [11] Douglas County Socialization /Drop In Center - April-June, 2011=
- [12] Douglas County Employment - April-June, 2011=
- [13] Douglas County Flexible Funding - April-June, 2011*
- [14] Douglas County Transitional Housing - April-June, 2011=
- [15] Grant County Socialization / Drop In Center - April-June, 2011=

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- [16] Grant County Flexible Funding - April-June, 2011=
- [17] Pope County F.U.N. Bunch - April-June, 2011=
- [18] Community Partners Drop In Center - April-June, 2011=
- [19] Pope County Flexible Funding - April-June, 2011=
- [20] Pope County Transitional Housing - April-June, 2011=
- [21] Stevens County Socialization - April-June, 2011 *
- [22] Stevens County Drop In Center - April-June, 2011=
- [23] Stevens County Flexible Funding - April-June, 2011=
- [24] Stevens County Transitional Housing - April-June, 2011=
- [25] Stevens County Access Transportation - April-June, 2011=
- [26] Traverse County Socialization - April-June, 2011=
- [27] Traverse County Support Group - April-June, 2011=
- [28] Traverse County Flexible Funding - April-June, 2011=
- [29] Traverse County Transitional Housing - April-June, 2011=
- [30] Traverse County Access Transportation – YTD 2011=

3-D. Financial Reports

- [1] For Period ending July, 2011:

5. Financial Report – Joyce Pesch

[A.] Monthly Report – ending July 31, 2011.

The Administrator noted that there were 3 particular areas of note:

1. Not reflected in July report was that we have received 1st Quarter reimbursement and an additional \$188K came in early August.
2. Of note are the Nursing Support and Intensive Aftercare line items. The Administrator made the recommendation to move \$3,000.00 from Aftercare into Nursing Support because two individuals currently using Nursing Support will continue to use this service through the remainder of 2011.
3. Knowing what bills have been approved, we are right on with Crisis expenditures.

Comments:

- Most under spent area is the Crisis Stabilization Beds.
- There are 2 people who are covered by AMHC payment “on deck” to receive IRTS services, if they meet the IRTS criteria.
- We could potentially increase our AMHC spending by \$80K and redirect to areas of need. One potential area is Housing where there is now a waiting list for Bridges-like program. Noted that housing is fundamental before other needs can successfully be addressed. Also noted that now was the time for any other work group to present a project they would like to yet work on in 2011.

[B.] Applications/Proposals:

(1) Douglas County LAC requests a new allocation to replenish Flex Fund account in the amount of \$1,200.00.

ACTION: Motion made by Cheryl Starner to recommend to the Governing Board to approve this request. Motion seconded by Carolyn Mallery.

Vote conducted with voice vote. Motion APPROVED

(2) Recommendation for a budget change to move \$3,000.00 from the Intensive Aftercare line item to the Nursing Support line item.

ACTION: Motion made by Deb Stark to recommend to the Governing Board to approve this recommendation. Motion seconded by Amy Kiehn.

Vote conducted with voice vote. Motion APPROVED

Clarification requested about what “Dimensions of Wellness” project is. [REPLY] This is the “10 x 10” video program that Philip Drown is working on.

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6. AMHC Administrator’s Report – Written report included in meeting packet. Comments included:

- (1) Administrator will request a special mailing to highlight that those on the “standing reservation” list need to CANCEL their standing reservation if they will not be attending a “Conversations...” meeting. Noted that we had a large number of people on the “standing list” who had not cancelled for the August “Conversations...” meeting, which resulted in too many meeting packets made up and too many meals reserved. It is absolutely imperative that people cancel their “standing reservation” when they are unable to attend a monthly meeting by either e-mailing front@co.grant.mn.us or calling 218-685-8206 to cancel.
- (2) Defer to Lorraine Pierce for the Legislative Report.
- (3) We are past midpoint in our year, so we need to begin the process to determine 2012 budget and work plans. The proposed timeline: (a) September 2, 2011 – Deadline for proposed projects to submit work plans and budgets. (b) September 6-9, 2011- Grant Review Committee meets and prepares recommendation for the September 13th “Conversations...” (c) September 13, 2011 “Conversations...” advisory board considers the Grant Review Committee’s recommendations, make changes as appropriate, and finalize a recommendation to the Region 4 South AMHC Governing Board. (d) September 20, 2011 Governing Board meets, considers the recommendations from “Conversations...” and takes actions, including formulating recommendation to the Joint Powers Board. (e) October 12, 2011 Joint Powers Board meets, considers the Governing Board recommendation and makes the final decision on the projects for 2012.

COMMENTS: Timeline might be hard for some groups to meet.

REPLY: The timeline is based on the Governing Board’s and the Joint Powers Board’s meetings.

[C] The Stevens County Social Club and Socialization groups are looking at combining in 2012, so how do they meet the proposed timelines?

[R] AMHC will work with these Stevens’ County groups to meet the AMHC timeline.

QUESTION: Is there a format to use for submitting the 2012 Budget and Work Plan?

[R] Form will be tweaked from the 2010 format to add place to list unexpended funds. This is needed only for those projects that receive quarterly advances. Noted that any unexpended funds will be applied to the 2012 request.

[R] The 2012 Budget and Work Plan forms will be available by the end of the week.

[Q] What projects need to do a formal request for 2012 funds? For example does the DBT (Dialectical Behavior Therapy) program need to do a special request?

[R] For projects such as the DBT, IRTS (Intensive Residential Services), Crisis Stabilizations Beds, Intensive Aftercare, Nursing Support, Transitional Housing, Flexible Funding, or “Conversations...” these are considering standing things and their budgets will be based on past patterns of utilization and conversations with each of the project’s directors.

[Q] When we submit the application can you change the name of the group (reference to Grant County Socialization)?

[R] The name on the application is what the AMHC calls the project/program. This doesn’t have to be your operational name or what the project is known as in the community. Noted that whatever the name is, we need to make sure SMI or SPMI is part of the name. Noted that these groups are not a center for seniors, nor a center for the DD population, nor a center just for friends.

Also noted that an individual cannot just change the name of a group, any name change needs to be done with the fiscal authority.

7. Region 4-South Adult Mental Health Consortium Governing Board Report – Joanie Murphy

Written report included in the meeting packet.

- Approved change in how we are purchasing psychiatric time for the ICRS. Provider (Lakeland) will now bill third party payer directly.
- Approved Pope and Traverse each have a vote on the Governing Board. Asked the JPB attorney to propose

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changes to our JP agreement to reflect this.

- Region IV ISA – asked the Administrator to contact BCOW to discuss possible collaboration between the two Initiatives for website development and comprehensive service indexes.
- Housing – The proposed management of the waiting list for Region 4- South was discussed. Since we are under spending in the base grant, the Administrator was asked to work with Al Glaseman, Douglas County HRA, to determine what funding it would take to totally eliminate the CURRENT waiting list for the Region 4 South Housing programs.

QUESTION: What is the Region 4 ISA? REPLY: This group consists of mental health policy makers who also provide services. Members include: SOS –Fergus Falls, Lake Region Hospital, Mike Woods, John Dinsmore, and Lakeland Mental Health Center. It is a regional approach to professional services. The Region 4 ISA group discussed how providers, counties and the State can more efficiently provide services without competing. For example, can we share medical records in an easier and more integrated way? One of the Region 4 ISA members mentioned the Region 4-South’s service index and websites. This group was impressed with what Region 4-South has developed. It was noted that we can bring our expertise to BCOW if requested to do so. More discussion will be needed as this topic is further discussed at both the Region 4-South and BCOW Adult Mental Health Initiatives.

8. State Advisory Council Report – A copy of August meeting agenda and the minutes of the June SAC were included in the meeting packet.

9. State Liaison Report: Lorraine Pierce provided a document *2011 Legislative Summary (DRAFT)* to give a brief description of the budget cuts. Originally the cuts were \$34M but are now down to \$15M over the biennium. This will mean a 15-20% cut to most programs (including the AMHC). Highlighted areas included:

- * Medicaid expansion – a single person at 70% poverty level was continued.
- * Maintenance of Effort requirements was reduced (90% of the 2011).
- * Requires disabled to enroll in Managed Care with Opt-Out
- * Increase MA-EPD premium and cost share
- * PCA service modifications and care by relative rate decrease
- * Minnesota Sunset Act – Creates the Sunset Advisory Commission. The commission is required to determine whether a public need exists for the continuation of a state agency or its advisory committees, or for the performance of their functions.

COMMENTS [C] QUESTIONS [Q] from the “Conversations...” participants:

[Q] Did they cap Chemical Dependency? [R] No

[Q] What is the poverty level? [R] \$14,600.00

[Q] Does the 15-20% cut affect our Adult Mental Health Consortium? [R] Yes – the 15-20% cut is to the Adult Mental Health Integrated Fund – which includes the Adult Mental Health Initiatives. The Adult Mental Health Integrated Fund also includes the CSP programs, but CSP will not be affected.

[Q] What is the total dollar amount affected in our AMHC? [R] The amount would be our AMHC’s Base Grant plus the Crisis Grant so a 20% reduction would amount to \$234,000.00

[Q] Are the cuts across the board for all AMHIs? [R] There might be some per capita considerations.

[C] It will be important that State Liaison be our “corporate memory” and recall that when we choose to do ICRS and IRTS our Adult Mental Health Consortium bought the MA share. The State needs to consider the unique situation we are in.

[Q] Why does it cost more in rural areas? [R] This is because: distances are further, sparsity of population and the economy of scale.

[Q] Are the handouts all on the AMHC’s website? [R] Yes

10. “Day at Home” Updates: Will be held on Friday, September 30, 2011 in Alexandria (location is pending either Broadway Ballroom or the Holiday Inn). Legislators have received invitations via Ed Eide. Noted that the BCOW AMHI wants to be a part of this event and share expenses. The planning committee has divided responsibilities.

The agenda for “Day at Home” will include: (1) 10:0 a.m. – Noon: Trainings: Importance of preventative

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measures as a way to reduce costs; (2) Noon – 12:30 p.m.: Meal with a keynote speaker – DHS Commissioner Lucinda Jesson; and (4) 12:30 – 2:30 p.m.: time for constituents to meet with their legislators.

Discussion: [C] Request to have “Conversations...” participants receive listing of which legislators are planning to attend. That way people could contact their legislator to encourage them to attend.

[C] Is there any concern that the specific location has not been secured? [R] At this time committee was unsure of how many people to plan for. So quick poll was then taken of who at the “Conversations...” meeting were planning to attend.

[C] Besides the “Conversations...” group, are others involved with the Adult Mental Health going to be invited?

[C] Include information on the “Day At Home” event in local newspapers.

[Q] Is the Regional “Day at Home” event taking the place of the State “Day on the Hill?” [R] No, it is not. Our regional event is just to make contact with legislators, and sharing the message with them, more accessible to more people.

[C] Larraine will be talking with the BCOW group at their next meeting.

11. Discussion on Per Diem Policy and Procedures: Discussion was held to gather further input and considerations on the Per Diem Policy and Procedures. Comments [C], questions [Q] and responses [R] included: [C] When people have to leave at Noon/12:30 could they still be paid mileage, even if they don’t get the per diem. [Q] What if a person experiences anxiety or if paranoia happens? [C] People need to take responsibility for their actions and not use a mental health issue as an excuse for leaving early. [Q] What about those people who don’t have their mental illness under control? [C] People have professionals to assist them, [C] There are also Support Groups that may help. [C] “Conversations...” meetings are intended for discussions and policy making. [C] “I make a choice to come here, making it a priority to come here and to be here.” [C] Mileage payment would be good because many people are at poverty level. [C] Mental Health issues can happen at any time, as can a physical health issue. [C] It would be appropriate to have people communicate with someone why they are leaving. [C] Recommendation that there is a limit to the number of times that a person could claim an emergency to leave early and still receive the Per Diem. [C] If a person leaves because of an emergency (mental health or physical health) they should still receive mileage.

ACTION: Motion made by Liz Hinds to recommend to the Governing Board to approve the Per Diem Policy: “If a person comes and is here, they would receive mileage. If a person stays for the full 9:00 a.m. – 1:00 p.m. they would receive the full Per Diem. If a person has a mental health or physical health emergency requiring them to leave, they will need to communicate this to a designated person. There will be a cap on the number of times that a person can use the emergency excuse and still receive a Per Diem.” The AMHC Administrator will outline the specific procedures. Motion seconded by Susan Brooks. Vote conducted by raise of hands. Motion CARRIED with 48 “yes” votes and 3 “no” votes.

12. Discussion on Project Application and Timelines for 2012: Repeated the timeline as presented in the Administrator’s Report.

[Q] Do the Work Groups need to present a budget that reflects the 20% cut? [R] Each Work Group should use best judgment and their best wisdom in presenting the budget they will need in order provide their proposed services or supports.

Grant Review Committee will be needed to read and review all the submitted work plans and budgets. This Committee will look to make sure work plans are strong enough and budget requests are appropriate. The Committee can request increased information from the Work Group about either work plans or budgets. The AMHC Administrator will reduce the Grant Review Committee’s recommendations to a written summary to present to the AMHC’s “Conversations...” advisory committee. The full Work Plans and Budgets will be posted on the Region 4-South website for review. It was noted that the full AMHC will make the final decisions.

Volunteers for the Grant Review Committee were called for, with the following members identified:

1. Deb Stark – Stevens County
2. Carolyn Mallery – Douglas County (Consumer)
3. Chad Meyer – Prairie Community Services (serves Douglas, Grant, Pope, Stevens and Traverse Counties)
4. _____ Case Manager (to be determined)
5. _____ County Social/Human Services Director (to be determined)
6. Fonda Knudson – CSN

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12. Work Team and Task Forces Meet:

A. Transportation; B. Training & Education; C. Services for Hard-to-Serve; D. Integrated Physical & Mental Health; E. Housing; and F. Crisis Response.

13. Work Team and Task Forces Report:

14. Reports from Work Teams and Task Forces: *Comments presented during large group report are indicated in ITALIC in each Work Group’s report.*

A. Transportation - Note Taker: Danie St. John **Persons in Attendance:** Judith Fox, Pat Eggers, Danielle St. John, Rita R. Smith, Amy Kiehn, Liz Hinds

AGENDA:

1. Douglas Co. Saturday Transportation is no longer needed. *There were only 13 unduplicated users in 2010. Noted that the current Sat. Transportation coordinator will be moving on to being a Peer Support Specialist.* The Douglas Co. Saturday Transportation was the only program of its kind in the 5-county area.
2. We need fresh input on the Initiative’s transportation needs. Noted that there are only two cabs and one medi-van, and Rainbow Rider Dial-A-Ride. Concern expressed with Rainbow Rider cutting services. {Note: Call was made to Rainbow Rider during the “Conversations...” meeting to clarify changes in services. CLARIFIED: For the month of August there will be no Rainbow Rider on Friday nor on Saturday in any of the 5 counties. There will be no Rainbow Rider services after 5:00 p.m. in any of the 5 counties. After the Rainbow Rider Board meeting on August 16, they will make decision on future services and decide if they will continue the August cuts.}

<u>ACTION ITEMS</u>	<u>PERSON(S) RESPONSIBLE</u>	<u>TIMELINE</u>
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| 1. Recommend discontinuation of Douglas County Saturday Transportation and use resources in other ways. | | |
| 2. <i>A survey will be done to determine needs. Will ask LAC members, consumers and work through providers, the LAC groups and Drop-In Centers to contact individuals.</i> | | |

ACTION: Motion made by Karen S_____ to recommend to the Governing Board to discontinue the Douglas County Saturday Transportation at a date to be determined in consultation with the current Saturday Transportation Coordinator and the AMHC Administrator. Motion seconded by JuliAnn Randall.

Vote conducted by voice vote **Motion CARRIED**

B. Training & Education - Note Taker: Karen Salem **Persons in Attendance:** Cheryl Starner, Keith Lundsetter, Emma Westrom, Ben Schulz, Fonda Knudson, Karen B. Salem

AGENDA:

1. “Day at Home” project *is current priority.*
 - A. Where will we meet for “A Day at Home in Region 4?” Broadway Ballroom? How big a venue for how many people? 200? Will transportation be provided for consumers if transportation by Rainbow Rider is not up on Friday, September 30? *Looking at Rainbow Rider as a transportation option.*
2. Registration is 9:30 – 10:00 a.m. Coffee, juice, muffins
Pre-register? Yes, but separate for BCOW and Region 4-South
Figuring out flyer, microphone, mode for advertising, lunch, and amounts that will be needed.
3. Evaluation afterwards.
This will be the First ANNUAL
4. Talk with Joyce regarding spending money now, not at the end of the year/December. Philip Drown who does *Real Life* stories of consumers has not had consumers to do them lately. Karen Salem volunteered to do one. Probably no more done this year, so no additional dollars spent.
5. Video collection not upgraded, but looking for it.
6. Still doing training with Kesha. Charges for this have been determined.

<u>ACTION ITEMS</u>	<u>PERSON(S) RESPONSIBLE</u>	<u>TIMELINE</u>
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- | | | |
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| 1. Timeline for #1-3 is ASAP since event is Sept.
Will have additional meetings even it all cannot attend because info needs to go out. | | |
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C. Services for Hard-to-Serve – Note Taker: Kay Lagred Persons in Attendance: Heather Danner, Ken Fridgen Fran Cin, Elaine Peterson, Lucille Tullis, Kay Lagred, Karen Schulz, Chad Meyer, Laurie Burns, Deean Miller, Char Lundebrek

AGENDA:

1. "Hardest to Serve" Questionnaire from Month of June - Questions not completed. Alicia was going to contact case managers to see what caseloads they have dealing with sex offenders and mental health issues.
2. What are "Other Hardest to Serve" or "Hardest to Place" clientele – defining: Physically and verbally aggressive. Medically Fragile.
3. Reviewed June's discussion for sex offenders being released back out to the community – What treatment programs for sex offenders are out in the community once released?

ACTION ITEMS PERSON(S) RESPONSIBLE TIMELINE

- | | |
|---|---|
| 1. No data has been gathered from case managers to see what kind of numbers they see with sex offenders and mental health issues. | 1. Heather will talk with Alicia and see where she is at. |
| 2. Check on web address | 2. Heather |

LARGE GROUP REPORT: Distributed questionnaires to define "hard to serve," but not returned. So these will be redone.

D. Integrated Physical & Mental Health - Note Taker: Edith Brasel Persons in Attendance: Edith Brasel, Rosemarie Johnson, Randy Bouwman, June Kedor, Ted Estenson, James Pew, Gloria Wartner, Joyce Moen, Mark Erickson, David Pearson, Carroll Anderson, Susan Brooks

AGENDA:

1. Checklist made up for activities to good health(list for group) Print on colored paper. Pass out oat Drop In Centers and LAC
2. Health Screening done by Douglas Co. Public Health. Approximate cost \$5,000.00 - \$6,000.00 with Public Health costs, food and advertisement. To be done before 12/31/11.
3. Short of staff to assist our group.
4. Suggestion to encourage people to use meditation breaks, positive affirmations. Have materials at Drop In Centers.

ACTION ITEMS PERSON(S) RESPONSIBLE TIMELINE

1. Propose to group for \$5,000.00 - \$6,000.00 for screenings.
2. List of positive thoughts for the day.
3. Contact Public Health for screenings if funding is approved.

ACTION: Motion made by Liz Hinds to recommend to the Governing Board to approve the request of up to \$6,000.00 for the health screenings. Motion seconded by Rosemarie Johnson

Vote conducted by voice vote Motion CARRIED

[Q] Is there any follow-up down after the screening event? [R] Public Health does the follow-up with any significant issues.

[Q] Who will make the contact and legal contract with Douglas County Public Health? [R] Kay Lagred will do.

E. Housing – Note Taker: Deb Stark Persons in Attendance: Shelly Leonard, Jane Nygaard, Carolyn Mallery, Leanne Harmsen, Diane Barduson, Deb Stark

AGENDA:

1. Request \$34,500.00 from Initiative for the 17 families on the Bridges-like waiting list. Estimate housing assistance and administrative fees per month is \$6,900.00 for these 17 households. 5 households are in Pope County and 12 households are from Douglas County. 3 households have children. All households are SMI.

ACTION ITEMS PERSON(S) RESPONSIBLE TIMELINE

- | | | |
|--|-------------------|--------------|
| 1. Request for funds | 1. Shelly Leonard | Today |
| 2. Talk to West Central Regarding single males with major Criminal / felony issues | 2. Deb Stark | Next meeting |

**Summary of the August 9, 2011 “Conversations ...” Meeting of the Region IV South
Adult Mental Health Consortium serving Douglas, Grant, Pope, Stevens and Traverse Counties**

3. What is transitional housing? Would like someone from Human Service to give a light report on what it means and involves. 3. Leanne Harmsen Next meeting

ACTION: Motion made by Amy Kiehn to recommend to the Governing Board to approve the request from the Housing Work Group for \$34,500.00 for Bridges-like program for 17 households through December 31, 2011. Clarified that this is \$6,900.00 per month. Motion seconded by Pat Eggers. Vote conducted by hand vote **Motion CARRIED by majority**

F. Crisis Response- Note Taker: Corrina Rost Persons in Attendance: JuliAnn Randall, Jed Stump, Ken Volk, Corrina Rost, Kesha Anderson, Mary D. Volk, Kesha Anderson, Janine Anderson, Lorraine Pierce

AGENDA:

1. Reminder – Pope County will transport if there is a need for non-hole transport. Back-up option if person doesn’t have a ride. This is a set-up contract with Pope CO. Law Enforcement.
2. Discuss Rainbow Rider options (possible for Stevens County). Is it possible to use Rainbow Riders for Transportation from ER setting to outside facility placement?
3. Reporting to the jail? Discussion

ACTION ITEMS

PERSON(S) RESPONSIBLE TIMELINE

- | | |
|---|----------------|
| 1. Kesha to talk with BCOW to see what their Crisis Team uses as Transportation with their Crisis Team. | Kesha Anderson |
| 2. Discussion / check into seeing if ICRS team already has Liability to be able to transport Crisis Team clients from ER to Specified location because they already transport ICRS clients. | |

ACTION – Do more PR to ERs

15. Updates from Community-based Adult Mental Health Services

- A. Socialization Projects – Douglas, Pope, Stevens, Traverse B. Employment – Douglas Co. Social Services & Prairie Community Services
C. Housing – include Bridges-like and Shelter Plus Care D. Crisis Response
E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse F. Milestones IRTS (Intensive Residential Treatment Services)
G. ICRS (Intensive Community Rehabilitation Services) Team (1) Program Report (2) Board Report
H. Community Behavioral Health Hospitals I. Safety Net – including Flexible Funds –all counties J. Training and Education
K. Day on the Hill L. Douglas County Saturday Transportation M. Warm Line N. Pope County Drop In Center
O. Stevens Co Drop In Center P. Traverse County Support Group Q. Web Site – www.r4sconversations.org
R. Homeless to Housed Committee S. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com
T. Transportation U. Grant County Drop-In Center V. Health Screenings W. Wrap Trainings

16. Announcements -

1. Philip Drown will be present after “Conversations...” today to discuss the “10 x 10” video with a small work group. Other interested persons invited to stay and provide input.
2. Rural and Greater MN Conference – Friday, September 9, 2011. Topic: “Painting a Moving Train – Working with Rural and Other Returning Veterans”
3. Hard copies of Summary [Graph Format] 2nd Quarter reports available for those with NO Internet access.
4. West Central MN Communities Action - Housing information available.

17. Agenda for September 13, 2011 “Conversations...”

- (1) 2012 Work Plans and Budget recommendations from the Grant Review Committee
- (2) Work Teams and Task Forces Meet

**2011 “Conversations...” Meeting Schedule –
September 13
October 11 November 8 December 13**

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