

Summary of May 11, 2010 meeting – “Conversations...” a meeting of the Region IV South Adult Mental Health Initiative serving Douglas, Grant, Pope, Stevens, and Traverse Counties.

“A Conversation ...”

May 11, 2010~ Those Attending:

*Janine Anderson		*Caroll Anderson	Pope Co. LAC-Consumer
*Justin E. Anderson	Pope Co. LAC-Consumer	*Keshia Anderson	Reg 4-S Crisis Program
*Rhonda Antrim	Traverse Co. Social Services	*Michele Bankord	PCS
*Vivian Bjore	Grant Co. Social Services	*Randy Bouwman	Pope Co. LAC
*Edith Brasel	Pope Co. Consumer	*Susan Brooks	Stevens County – Consumer
*Earlene Brosh	Pope Co. LAC	*Laurie Burns	Stevens Co. Social Services
*Heather Danner	Reg 4-A ACT Team	*Mark Erickson	Stevens Co. Resident
*Patricia Eggers	Grant Co. Resident	*Jennifer Filgas	Region 4-S AMHI
*Sheri Fish	Douglas Co. Social Services	*Judith Fox	Traverse Co Socialization -Consumer
*Al Glaseman	Douglas Co. HRA	*Leanne Harmsen	PCS – Pope LAC
*Stacy Hennen	Grant Co. Social Services	*Travis Herdebu	Pope Co. LAC –Consumer
*Liz Hinds	Stevens Co. LAC	*Gloria Jahrmann-Johnson	Pope Co Resident
*Michael Irvin	Pope Co Drop-In Center	*Sharon Johnson	REM Central Lakes, Inc.
*June Kedor	Douglas Co. - Consumer	*Amy Kiehn	Douglas Co LAC –Consumer
*Bill Klein	Lakeland Mental Health Center	*Hope Kleinwachter	Douglas Co. – Consumer
*Fonda Knudson	NW 22 CSN	*Kay Lagred	Pope Co. Public Health
*Catie Lee	PrimeWest Health	*Claudia Liljegen	Lakeland Mental Health Center
*Char Lundebrek	Pope County Human Services	*Carolyn Mallery	Douglas Co. –Consumer
*Joanie Murphy	Stevens Co. Human Services	*Michaela Niblett	PCS –Castlewood
*Brandon Pearson	Pope Co. Resident	*Marilyn Palm	PCS-Maplewood
*David Pearson	Pope Co. LAC	*Joyce Pesch	Reg 4-S AMHI
*David Peterson	Milestones	*Elaine Peterson	Pope Co. LAC –Consumer
*Julie Peterscheck	Productive Alternatives	*James Pew	SCMC
*Lorraine Pierce	MN DHS – Mental Health Division	*Yolanda Polman	Vocational Rehab Services – Alexandria
*Daryl Quick	Grant Co - Resident	*JuliAnn Randall	Douglas Co – Resident
*Anita Renstrom	Douglas Co. LAC – Consumer	*Corrina Rost	PCS-Birchwood
*Karen Schulz	Pope Co. LAC –Consumer	*Ronna Severson	Pope Co. Human Services
*Rita R Smith	Douglas Co. Resident	*Julie Sonju	Douglas Co. Resident
*Cheryl Stamer	Grant Co. LAC	*Susanne Strack-Smith	Productive Alternatives
*Dorinda Thielke	PCS	*Lucille Tullis	Pope Co LAC – Consumer
*Gloria Wartner	Pope Co LAC	*Emma Westrom	Grant Co. LAC
*Eric Wittbrodt	Vocational Rehab Services –Fergus Falls	*Bob Johnson	Productive Alternatives
*Deb Hengel	Facilitator		

ADDRESS ADDITIONS / CHANGES:

Change: Travis Herdebu

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~~768 2nd Ave NE~~ 501 5th St. SE #212
 Glenwood, MN 56334

Add: Yolanda Polman
 Vocational Rehab Services
 303 22nd Ave West #107
 Alexandria, MN 56309
yolanda.polman@state.mn.us

Add: Susanne Struck-Smith
 Productive Alternatives
 PO Box 371
 Little Falls, MN 56345
sue.s@paiff.org

Add: Julie Peterscheck
 Productive Alternatives
 PO Box 371
 Little Falls, MN 56345
juliep@paiff.org

Mailing Address for Region IV South AMHI

Correspondence well as bills and vouchers:

should be mailed to

Region IV South AMHI
 PO Box 222
 Elbow Lake, MN 56531

Region IV-S AMHI Administrator:

Joyce Pesch
joyce.pesch@r4south.org
 218-685-8229
 FAX – 218-685-6414

**Purpose of Meeting Tuesday, May 11, 2010
Held at Hoffman Community Center**

Welcome & Introductions

1. Approval of Agenda *Additions, *Clarifications, *Changes

ADDED: Presentation of the www.reallifeconversations.com website by Philip Drown with request for Phase 3 of the interviews with persons with mental illness to be used on the website

2. Work Group Meetings

3. Approval of summary of April 13, 2010 “Conversations...” meeting

4. Meeting Packet Information – Joyce Pesch

A. Financial Report

5. AMHI Administrator’s Report – Joyce Pesch

6. Region 4-South Adult Mental Health Initiative Governing Board Report – Joanie Murphy

7. State Advisory Council Report

8. State Liaison Report - Lorraine Pierce

9. Discussion on Recommendations for AMHI’s budget cuts

10. Community Based Adult Mental Health Services –updates and reports

A. Socialization Projects – Douglas, Pope, Stevens, Traverse

B. Employment – *including Douglas Co. Social Services, and Prairie Community Services*

C. Housing – *include Bridges-like and Shelter Plus Care*

D. Crisis Prevention

E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse

F. Milestones IRTS (Intensive Residential Treatment Services)

G. ACT (Assertive Community Treatment) Team (1) Program Report (2) Board Report

H. Community Behavioral Health Hospitals

I. Safety Net – including Flexible Funds

J. Training and Education

K. Day on the Hill

L. Douglas County Saturday Transportation

M. Warm Line

N. Pope County Drop In Center

O. Stevens Co Drop In Center

P. Traverse County Support Group

Q. Web Site – www.r4sconversations.org

R. Homeless to Housed Committee

S. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com

T. Transportation

U. Grant County Drop-In Center

11. Announcements

12. Agenda for June 8, 2010 “Conversations...”

Note: These summary notes are a reflection of the discussions held at the May 11, 2010 “Conversations...” Meeting. They are not an approved record of the Region IV South Adult Mental Health Initiative until they are presented for approval at the May 2010 meeting.

Summary of May 11, 2010 meeting – “Conversations...” a meeting of the Region IV South Adult Mental Health Initiative serving Douglas, Grant, Pope, Stevens, and Traverse Counties.

Travis Herdebu, Brandon Pearson, Michael Irvin, Catie Lee, Susan Brooks

DISCUSSION POINTS:

1. Review of last month’s discussion. All received handout on Dental Clinics in area. Talked of need to educate about importance of annual physical, especially men. Some barriers to that: transportation, cost, pride, attitude, fear. Possible solutions: “Men’s – Women’s Night Out – Screening tests.” Mobile doctor – improve exam rooms (small, cold, etc.). Volunteer drivers to get people to appointments. Pay to have physicals. Barrier: MA (Federal regulations) do not allow payments like this. How do we change laws? Research on what motivates people to adopt healthy habits? Multi-prong approach with education. Car pool to go to Cities to see dentists that accept MA.

PH-Q screening tool for depression – required for child physicals. (Broadway Medical uses PHQ-9 as part of automatic screening).

ACTION ITEMS:

1. Bring copy of Dental providers to LAC & Drop-In Centers
2. Jim will survey SCMC physicians about barriers / willingness to start to use screening tools.
3. Develop brochure / flyer to educate at LAC & Drop-In Centers.
4. Public Health will look for evidence-based practices to motivate.

SERVICES FOR THE HARD TO SERVE:

Members: Marilyn Palm, Daryl Quick, Bill Klein, Joanie Murphy, Cheryl Starner, Al Glaseman, Sharon Johnson, Lucille Tullis, Dave Peterson, Lucille Tullis, Edith Brasel, Claudia Liljegren, Vivian Bjore, Dorinda Thielke, Laurie Burns, Heather Danner, Hope Kleinwachter

DISCUSSION POINTS:

1. Housing may be an addressable, but there is no money! A rough estimate of the need is for “10 people” in the five counties. Much discussion on how to increase the number; to show the need. Much discussion on how to increase the number – to show the need. Check into “Shelter Plus Care” Grant program.
2. (Housing) Plus Treatment – “Free Clinic” – “Walk-in” for assessment for people that we are unaware of. A lot of people are in denial. Are CBHH’s going to be available in the future for hard to serve (a question for Lorraine). Can we offer “Preventive Services?” Veterans are an example.

ACTION ITEMS:

1. Send out reminder for: “How many and are they hard to serve?” ASSIGNED TO: Joanie Murphy TIMELINE: Need for housing in counties.
2. Shelter Care Plus - recertification? ASSIGNED TO: Al Glaseman TIMELINE:
3. Information from California “Free Clinic / Walk-In” ASSIGNED TO: Hope Kleinwachter TIMELINE:
4. Check with Lorraine Pierce for info on the CBBH’s available for “hard to serve” population?

3. Approval of summary of March 9, 2010 “Conversations...” meeting: Approved with addition of Patricia Eggers on the Work Team listing.

4. Meeting Packet Information – Joyce Pesch

4-A. Information –

[1] Care Connections phone line – Northern Connections

4-B. Program Openings – none

4-C. Reports including in meeting packet: AMHI Administrator encouraged all to review and read these reports to see what is being done and how many people are being served.

[1] Administrator’s Report

[2] Pre-petition Screening Coordinator’s Report

[3] Crisis Response Services Manager

[4] Stevens County Social Club – April, 2010

[5] Housing – Douglas CO HRA – YTD May, 2010

4-D. Financial Statements

[1] Financial Reports for April 2010 – Two items jumped out in the review of the April report:

A. IRTS – historically we haven’t had a big budget because previously the people going into

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the IRTS have had insurance coverage. But lately we’ve had a cluster of people who even with insurance don’t have coverage for IRTS. So do we now need to have the discussion about whether to (a) shut the door to all but public pay; or (b) to “get into the face” of insurance companies to get them to cover the IRT services?

Mental Health Center Administrator commented that this insurance situation is typical. As many private insurance companies don’t cover the services that publicly funded programs cover.

B. Transitional Housing is the other area of notice. It looks like we are spending ahead of our normal spending pattern. However, we have already taken care of three counties.

4-E. Applications/Proposals (ACTION NEEDED)

[1] **REQUEST by Douglas County LAC for \$1,325.00 for their Flex Fund Account..**

Discussion:

ACTION: Motion by Liz Hinds with second by Carolyn Mallery, to recommend to the AMHI Governing Board to approve Douglas County LAC’s request for \$1,325.000 for Flex Funds. MOTION CARRIED by Consensus.

5. AMHI Administrator’s Report – Written report included in meeting packet.

- Announced that the updated Region 4 Service Index for those who attended the last ITV training. Also available were the certificates of attendance

6. Region 4-South Adult Mental Health Initiative Governing Board Report – Joanie Murphy

The Governing Board has meets on the third Tuesday of each month. An RFP has been developed for “employer of record” for the Consumer Directed Projects. The Governing Board voted to approve reimbursement to the counties for staff who attended the MSSA Conference.

7. State Advisory Council Report – None presented

8. State Liaison Report- Lorraine Pierce: None presented

9. Recommendations for what will be cut from AMHI Budget to reflect funding cuts in 2011

The Budget Recommendations reflect the budget reduction of \$114,434.00 which can be split between CY 2010 and CY 2011, or we can split the reductions over 18 months, or we can do all of it from CY 2010 budget, or we can do all from the CY 2011 budget. The AMHI Administrator commented that these budget recommendations were offered as a method for people to react to the suggestions, and that nothing is “set in stone.”

Recommendation was made that we use the \$60,254.00 to buy down part of the 2011 budget reduction of \$114,434.00 this fiscal year, which would leave us with \$54,180.00 to take out of our 2011 budget.

The AMHI Administrator walked the group through the Budget Recommendations sheet item by item. Comment that proposed budget reductions were based on spending patterns from previous years.

Discussion followed which included:

(QUESTION) Is the Crisis Grant separate from the base AMHI?

(REPLY) The only money we can’t touch is the \$10,000 one time direct service delivery.

(Q) Regarding the IRTS payments – Are counties working on the SMRTing (State Medical Review Team process)?

(R) When asked to SMRT they have been so,

(Comment) There may have been a misconception that a person on PrimeWest is on MA. Therefore not all understanding the implications of remaining on GMAC after June 1. After this date those on GAMC will only have access to care through ER care and the limits are \$10,000 per year.

(Comment) The SMRT process takes 90 days. If on GAMC you can ask to apply for MN Care and you can still ask to be SMRTed under MN Care. This does help to ensure coverage while SMRT process is in process.

Suggestion that we hold off on Housing budget cuts until Joyce Pesch and Al Glaseman have had a

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chance to clarify the status of the Housing allotment.

ACTION: Motion made by Bill Klein that we recommend to the AMHI Governing Board that Joyce Pesch and the AMHI Governing Board proceed with the notion that we will use some of this year’s budget to meet the cuts and use the recommendations and guidelines presented today (May 11, 2010); further moved that we recommend that Joyce Pesch and the AMHI Governing Board will make changes as necessary. Motion seconded by Cheryl Starner. Motion Carried by majority vote

10. Community Based Adult Mental Health Services –

- A. Socialization Projects – Douglas, Pope, Stevens, Traverse
- B. Employment – including Douglas Co. Social Services, and Prairie Community Services
- C. Housing – include Bridges-like and Shelter Plus Care
- D. Crisis Prevention
- E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse
- F. Milestones IRTS (Intensive Residential Treatment Services)
- G. ACT (Assertive Community Treatment) Team (1) Program Report (2) Board Report
- H. Community Behavioral Health Hospitals
- I. Safety Net – including Flexible Funds
- J. Training and Education ***Tabled to June***
- K. Day on the Hill
- L. Douglas County Saturday Transportation
- M. Warm Line
- N. Pope County Drop In Center
- O. Stevens Co Drop In Center
- P. Traverse County Support Group
- Q. Web Site – www.r4sconversations.org
- R. Homeless to Housed Committee
- S. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com ***Info sheets available for interview process***
- T. Transportation
- U. Grant County Drop-In Center

11. Announcements –

- Regarding the CSN Conference: 4 people applied for the CSN scholarship with two people receiving the CSN scholarship (Daryl Quick and Rita R Smith). The Training & Education Committee received request to fund two people from Pope County – but it had been agreed that only one person from each county would receive a AMHI Scholarship. Also announced that the Training Committee declined to pay for lodging the night before the Conference.

12. Agenda for June 8, 2010 “Conversations...”

- (1) Work Groups meet
 - (2) Budget Report from Governing Board
 - (3) Education and Training Committee - Report and Input Request
 - (4) Updates from the continuum of Community Based Adult Mental Health Services
- Question posed: “Do we want to travel for “Conversations...” during the summer months?” This would give us the opportunity to see other parts of the Initiative area. Agreed to meet at a different site in June.

2010 “Conversations...” Meeting Schedule

July 13	August 10	September 14
October 12	November 9	December 14

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