

“A Conversation ...”

June 8, 2010 ~ Those Attending:

*Caroll Anderson	Pope Co. LAC-Consumer	*Justin E. Anderson	Pope Co. LAC-Consumer
*Kesha Anderson	Reg 4-S Crisis Program	*Diane Barduson	Douglas Co. Socialization
*Vivian Bjore	Grant Co. Social Services	*Randy Bouwman	Pope Co. LAC
*Edith Brasel	Pope Co. Consumer	*Susan Brooks	Stevens County – Consumer
*Laurie Burns	Stevens Co. Social Services	*Noreen Carlson	Douglas Co. Social Services
*Fran Cin	Life Center – SCMC	*Robert Cornelius	Pope Co. Human Services
*Pat Ellwanger	PCS-Ashwood	*Mark Erickson	Stevens Co. Resident
*Patricia Eggers	Grant Co Resident	*Judith Fox	Traverse Co Socialization -Consumer
*Al Glaseman	Douglas Co. HRA	*Leanne Harmsen	PCS – Pope LAC
*Stacy Hennen	Grant Co. Social Services	*Travis Herdebu	Pope Co. LAC –Consumer
*Liz Hinds	Stevens Co.	*Todd Holmquist	PCS-Runewood
*Roxanne Hoskins	Reg. 4-S ACT Team	*Gloria Jahrman-Johnson	Pope Co Resident
*June Kedor	Douglas Co. - Consumer	*Amy Kiehn	Douglas Co LAC –Consumer
*Bill Klein	Lakeland Mental Health Center	*Fonda Knudson	NW 22 CSN
*Catie Lee	PrimeWest Health	*Shelly Leonard	Pope Co Consumer, Drop-In Cntr Coord.
*Claudia Liljegren	Lakeland Mental Health Center	*Char Lundebrek	Pope County Human Services
*Keith Lundsetter	PCS	*Carolyn Mallery	Douglas Co. –Consumer
*Chad Meyer	PCS	*Joyce Moen	Pope Co. Resident
*Joanie Murphy	Stevens Co. Human Services	*Michaela Niblett	PCS –Castlewood
*Howie Ogaard	PCS-Fleetwood	*Brandon Pearson	Pope Co. Resident
*Marilyn Palm	PCS-Maplewood	*David Pearson	Pope Co. LAC
*Joyce Pesch	Reg 4-S AMHI	*Elaine Peterson	Pope Co. LAC –Consumer
*James Pew	SCMC	*Lorraine Pierce	MN DHS – Mental Health Division
*Daryl Quick	Grant Co - Resident	*Anita Renstrom	Douglas Co. LAC – Consumer
*Corrina Rost	PCS-Birchwood	*Rita R Smith	Douglas Co. Resident
*Debby Stark	Stevens Co. Social Club	*Jed Stump	PCS
*Eva Swensrud	Pope Co. Consumer	*Lucille Tullis	Pope Co LAC – Consumer
*Ken Volk	Douglas Co. Consumer	*Mary D. Volk	Douglas Co. Consumer
*Gloria Wartner	Pope Co LAC	*Emma Westrom	Grant Co. LAC
*Eric Wittbrodt	Vocational Rehab Services –Fergus Falls	*Sandy Tubbs	Douglas Co. & Stevens Traverse Grant PH
*Deb Hengel	Facilitator		

ADDRESS ADDITIONS / CHANGES:

Change: Pat Ellanger

PCS-Ashwood
1105 Glendale
Alexandria, MN 56308

Change: Jed Stump

~~PCS-Ashwood~~ PCS
PO Box 368
Alexandria, MN 56308
jstump@pcs.sfhs.org

Mailing Address for Region IV South AMHI

Correspondence well as bills and vouchers:
should be mailed to
Region IV South AMHI
PO Box 222
Elbow Lake, MN 56531

Region IV-S AMHI Administrator:

Joyce Pesch
joyce.pesch@r4south.org
218-685-8229
FAX – 218-685-6414

**Purpose of Meeting Tuesday, June 8, 2010
Held at Southside Reception Hall – Morris, MN 56267**

Welcome & Introductions

1. Approval of Agenda *Additions, *Clarifications, *Changes
2. Work Group Meetings
3. Approval of summary of May 11, 2010 “Conversations...” meeting
4. Meeting Packet Information – Joyce Pesch
 - A. Financial Report
5. AMHI Administrator’s Report – Joyce Pesch
6. Region 4-South Adult Mental Health Initiative Governing Board Report – Joanie Murphy
7. State Advisory Council Report
8. State Liaison Report - Lorraine Pierce
9. Education & Training Committee: CSN Conference Reports
10. Community Based Adult Mental Health Services –updates and reports
 - A. Socialization Projects – Douglas, Pope, Stevens, Traverse
 - B. Employment – *including Douglas Co. Social Services, and Prairie Community Services*
 - C. Housing – *include Bridges-like and Shelter Plus Care*
 - D. Crisis Prevention
 - E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse
 - F. Milestones IRTS (Intensive Residential Treatment Services)
 - G. ACT (Assertive Community Treatment) Team (1) Program Report (2) Board Report
 - H. Community Behavioral Health Hospitals
 - I. Safety Net – including Flexible Funds
 - J. Training and Education
 - K. Day on the Hill
 - L. Douglas County Saturday Transportation
 - M. Warm Line
 - N. Pope County Drop In Center
 - O. Stevens Co Drop In Center
 - P. Traverse County Support Group
 - Q. Web Site – www.r4sconversations.org
 - R. Homeless to Housed Committee
 - S. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com
 - T. Transportation
 - U. Grant County Drop-In Center
11. Announcements
12. Agenda for July 13, 2010 “Conversations...”

THE SUMMARY:

Introductions... Name and role in the AMHI ...

1. Agenda Approval, Additions:

2. Work Group Meetings – Summary notes:

TRANSPORTATION:

Members: Amy Kiehn, Judith Fox, Liz Hinds, Rita R. Smith, Stacy Hennen, Emma Westrom, Pat Eggers, Anita Renstrom, Gloria Johnson, Fran Cin, Mary D. Volk, Kenneth Volk

DISCUSSION POINTS:

1. Reviewed previous meeting. Grant County is probably going with Rainbow Rider January 1. Liz did not look up grants yet. This will tie several counties together.
2. We did brainstorming on what might meet our needs in an ideal world for transportation that is not medical needs. Ideas that surfaced: (1) Extended hours – evenings and weekends, as well as daily (2) Call up door-to-door within city (like Morris and Alex Saturday). (3) Monthly passes- call ahead? (4) Every 2 hours between towns. (5) A way to hook up with the Twin Cities transport grid (e.g. to Big Lake). (6) Affordable rates. (7) Build on railroad system. (8) Subsidies. (9) Just those with a mental illness or all the public? (10) Bus drivers in Alex know their clientele – 16 capacity. Social interaction on bus is important. (11) Volunteer drivers – expensive, if not for doctor.

ACTION ITEMS: *None listed*

EMPLOYMENT:

Members: Elaine Peterson, Leanne Harmsen, Carolyn Mallery, Corrina Rost, June Kedor, Fonda Knudson, Eric Wittbrodt, Diane Barduson, Roxanne Hoskins, Todd Holmgren, Howie Ogaard,

DISCUSSION POINTS:

1. Evidenced Based Best Practices – Voc Rehab and the ACT Team – how they work together: ACT does the leg work with consumers and employer and then works with DRS on the plan and funding. Discussion on skills / supports needed for consumers to get ready for employment.

(1) Contact Drop In Centers about coordinated job descriptions for all Initiative jobs. (2) Concrete job descriptions for Initiative funded jobs. (3) Ladder for advancement – training skills that cross over to community employment. Volunteer to Peer Specialist.

ACTION ITEMS:

1. Contact project staff – hold until we get approved list.

ASSIGNED TO:

TIMELINE:

2. Outline of questions of what we want from them for standardized method of gathering input.

ASSIGNED TO: Leanne Harmsen, Corrina Rost, Howie Ogaard

TIMELINE:

3. SAMSHA Best Practices (supported)

ASSIGNED TO: Joyce for copies

TIMELINE:

4. Certified Peer Specialist – update

ASSIGNED TO: Fonda Knudson

TIMELINE:

MENTAL HEALTH / PHYSICAL HEALTH

Members: Justin Anderson, Carroll Anderson, Mark Erickson, Jim Pew, Michaela Niblett, David Pearson, Randy Bouwman, Gloria Wartner, Brandon Pearson, Susan Brooks, Jed Stump, Travis Herdebu, Shelly Leonard

DISCUSSION POINTS:

1. A brochure is being developed that can be left at Drop In Centers and other places - so that it is accessible to individuals – about the importance of getting routine health care check ups and dental checkups to improve mental and physical health, and life longevity.

2. Did not get a chance to check on Stevens Community Medical Center using screening tool.

ACTION ITEMS:

1. Susan Brooks will continue to modify the brochure and add information to it.
2. Brandon Pearson will work on more snappy titles for brochure.
3. Jed Stump will work on design for brochure.
4. Jim Pew will check on using the screening tool with Stevens Community Medical Center physicians at meeting in June.

SERVICES FOR THE HARD TO SERVE:

Members: Marilyn Palm, Daryl Quick, Bill Klein, Joanie Murphy, Al Glaseman, Lucille Tullis, Lucille Tullis, Edith Brasel, Claudia Liljegren, Vivian Bjore, Bob Cornelius, Chad Meyer, Pat Ellwanger, Gloria Wartner, Lorraine Pierce, Deb Stark, Noreen Carlson, Keith Lundsetter, Eva Swensrud

DISCUSSION POINTS:

1. Shelter Plus Care – will see no additional funding in coming grant year. No openings / slots currently available.
2. ACT will likely soon be expanded to include ICRS (Intensive Community Rehab Services). ICRS will be less intense and will be able to serve more clients. ICRS clients will be able to use community psychiatrist.
3. Definition of violent “hard to serve:” definition varies from service to service. Sometimes depends on staffing pattern as to whether a program can serve.

ACTION ITEMS:

1. Draft a letter to DHS identifying specific needs relative to PURT – clarify criteria for access to PURT and general needs for “hard to serve.”

ASSIGNED TO: Joanie Murphy

TIMELINE: July meeting

2. Bring a list of services or programs for placement of “hard to serve” clients

ASSIGNED TO: Lorraine Pierce

TIMELINE:

3. Approval of summary of May 11, 2010 “Conversations...” meeting: Approved as presented. Reminder that if people desired to have “Consumer” listed with their name on the monthly summaries, they needed to complete a “Release of Information” form.

4. Meeting Packet Information – Joyce Pesch

4-A. Information –

[1] Change to LOCUS Implementation for Prior Authorizations –

Comment: moved back from July 1 to October, 2010.

[2] CSN Conference Report from Gloria Johnson

[3] Summary of Laws, 2010 Minnesota Legislative Session, Affecting Children and Adults with Mental Illnesses and their families – Forwarded by Lorraine Pierce

4-B. Program Openings – none

4-C. Reports including in meeting packet:

[1] Administrator’s Report

[2] Pre-petition Screening Coordinator’s Report. Comment that the YTD 2010 is at the same rate as all of 2009.

[3] Crisis Response Services Manager Report

[4] Douglas County Flexible Funding, April, 2010

[5] Stevens Co. Social Club, April 2010

[6] Housing – Douglas CO HRA – YTD June, 2010

4-D. Financial Statements

[1] Financial Reports for month ending May, 2010 . Comments: The recommendations from the “Conversations...” group to the Governing Board have been included in the “Revised Budget” columns. Re-emphasized that the changes in the budget resulting in cuts of \$58,254.00 did not harm any of our programs. Reductions were based on adjustments of under spending. Comment that the State is in the process of readjusting the cuts. Currently we have a budget cut of \$114,000, but it may be less. However, we will continue on with the May recommendations made to the Governing Board.

[Question] Both the Transitional Housing and Flexible Funding line items show 0.00% expended, is this correct?

[Reply] This line items had first requests for the FY 2010 in May – which were not processed until after the May report.

[Q] Line item for Nursing Support/Non MA/ Non Medicare also has 0.00% expended.

[R] No request, yet.

4-E. Applications/Proposals (ACTION NEEDED)

[1] PROPOSAL by Douglas County HRA that current and future housing rental recipients’ portion of the monthly rent be changed from 30% of their gross monthly income to 40% of their gross monthly income.

Discussion:

ACTION: Motion by Al Glaseman with second by Debby Stark to recommend to the AMHI Governing Board to approve this Douglas County HRA’s Proposal to change the percentage of rental recipients’ portion of the monthly rent.

MOTION CARRIED by Consensus.

5. AMHI Administrator’s Report – Written report included in meeting packet.

First part of the report: Psychiatric Transportation Work Group Joyce Pesch is serving as a tri-chair of the Psychiatric Transportation Work Group. Comment that in our area for “step-down” level of care, we have a contract with Pope County’s Sheriff’s Department who utilizes off-duty officers and the Sheriff’s Posse who will transport from emergency room to Crisis Stabilization Bed.

The Psychiatric Transportation Work Group held their first meeting “in person.” Future meetings over the next nine months will be ITV format. ITV sites were strategically selected that will allow people from our groups to hear the discussions and then have a local conversation during the ITV session’s break. Recommendations reflective of our local needs will then be made to the workgroup through our local representative.

Next three meeting dates are: Friday-July 9, Friday-August 13, Friday-September 3. People are encouraged to contact Joyce Pesch if they are interested in attending these ITVs, so she can send them more detailed information. Topics for these months will include: (a) Study the way that emergency psychiatric transportation is currently provided in the state. (b) Identify problems and unmet needs related to emergency psychiatric transportation. (c) Identify best practices and innovations. (d) Identify potential barriers to implementing effective solutions (e.g. funding, regulations). (e) Consider all effective solutions. (f) Develop recommendations to implement system-wide changes. These recommendations will be made to MN Department of Human Services.

A future speaker, either in July or August, will be the policy person for Medical Assistance Transportation on maximizing the three levels of transportation that can pay for loaded miles. Comment that we need to have input from Counties and Law Enforcement. Noted that our access plans can include an adjustment revision to enter into a contract (negotiate) for a “loaded miles” reimbursement.

Impressively there were representatives from Law Enforcement (whose input is critical), Merit Care, and Prairie St. John’s at the table.

Second part of the report: Request for Proposal Being Issued for Consumer Directed Projects - This RFP is in regard to having an entity administer the Consumer Directed Projects.

[Question] What is the history on this RFP? [Reply] Consumer Directed Projects are those where the staffing is covered by a person with SPMI (Serious and Persistent Mental Illness). These projects include: Drop-In Centers, Socialization Projects, WarmLine, and Saturday Transportation. Currently these staff people are treated as “independent contractors.” In they were considered “employees” this status could open up things like Public Retirement Plan to these staff people. Thus the RFP is about finding an entity to take over all Consumer Directed Projects, including hiring, direction and supervision.

[Q] Is there an outline of the RFP? [R] The Governing Board has had a first draft from Joyce Pesch and Justin Anderson, Grant CO. Attorney. At the June 15 meeting the Governing Board will have a second draft of this RFP to consider. At this time the Governing Board is asking for input from the “Conversations...” group.

[Q] Why get another entity involved besides the AMHI? [R] The Governing Board wasn’t sure at this time that the AMHI was in a good position to take on employees. Yet, they wanted to offer benefits to the Consumer Directed Projects staff.

[Comment] Supervision has been localized up to this time and this has been working well. So there is a concern that this new arrangement (as requested by the RFP) would have communication between local staff and the supervisor as identified from the RFP.

6. Region 4-South Adult Mental Health Initiative Governing Board Report – Joanie Murphy

- A letter has been drafted to Sharon Autio regarding Pre-petition Screening to make our case as to why it is a good use of AMHI funds to pay for Jennifer Filgas’ time.
- Personnel – agreed to adopt Grant County’s Personnel Policies for AMHI staff.
- Insurance – flat dollar amount for (_____)
- Haven’t gotten a response to our ICRS application.
- Recommendations from the May “Conversations...” meeting for the Calendar Year Budget were approved by the Governing Board and were submitted to DHS. Additional information provided by the AMHI Administrator regarding the document dated 6-7-10 “Calendar Year Budget Recommendations, Governing Board, Pending Final Information from DHS” -
 - Left hand column indicated line item reductions
 - Right hand column indicates the running total of the reductions
 - Noted that at the Governing Board meeting the following figures were not final: (1) Refund of unused recruitment funds, Douglas County Hospital; (2) Increase of grant based on 2009 expenses paid in 1st quarter 2010; and (3) Refund to AMHI based on “over earnings” in ACT 2009. AMHI Administrator is double-checking on the #2. Clarification on #3: ACT gets to keep the first 5% over costs and the remaining 95% over costs goes back to either (a) public funded MA or (b) the AMHI (approximately \$18,474.19).
 - Based on figures from (1), (2) and (3), we could absorb all of the \$114,000 reduction in CY 2010. However, we will need to keep monitoring the IRTS expenses. We have a strategy for the GAMC population, but the concern is with middle-class persons whose insurance does not have Milestones in their network; or because of their age, their supplemental insurance does not cover Mental Health services. Of note: because IRTS has a costing of approximately \$7,000.00 per month, people have a large spend down right away so they qualify for Medical Assistance. We don’t want to turn people away who don’t have a payment source.

7. State Advisory Council Report – None presented

8. State Liaison Report- Lorraine Pierce:

A. Copies of “Performance Measures” are available by contacting the Social / Human Services Director in your county or by contacting Joyce Pesch, Region 4-S AMHI Administrator. Comment that Region 4-S AMHI is at the same levels or better than all other AMHI’s in the State.

B. Report from NAMI on the 2010 Minnesota Legislative Session are included the Meeting Packet. Comment that Adult Mental Health Grants, for the most part, were left harmless. Highlights noted from the NAMI report:

* Grants for culturally specific treatment eliminated. Funding reduced for housing with support services Crisis intervention team training for police officers eliminated.

* State Operated Services (SOS) reductions were listed. Listed were the items that SOS can use funding for. Noted that in order for SOS to close or lay off they must have MN Legislative approval. Noted that three Planning Groups have been established: (1) Transportation; (2) Access; and (3) Arrangement of Mental Health: three levels of Psychiatric Care – Level 1 – High level – anybody ; Level 2 – CBHH-like; and Level 3 – Psychiatric Rehab Program “longer term” care. [Q] Who are our most local contacts for each of thee Planning Groups? [R] Lorraine Pierce will check on this for us.

* Mental Health Emergencies are College: such as a psychotic episode, suicide attempt, or psychiatric hospitalization – his or her parent can be notified just as they would be if the student experienced any other type of medical emergency.

* Extended Employment for People with a Serious Mental illness (EE-SMI) experienced cuts of \$41,000 in 2010 and cuts of \$48,000 n 2011. In 2011 the program will lose one service provider, but on grants reduced because of previously unspent money. However, in 2012 the program will face a deficit and programs will be cut.

* CADI Waivers will be reduced to 60 available per month – state wide.

* GAMC – General Assistance Medical Care – As of July 1, all people who would have qualified for GAMC will go to a “Coordinated Care Delivery System (CCDS) to receive care, except that their outpatient

prescriptions will be obtained separately. Only 4 hospitals, all metro, have agreed to participate. People can seek help from any hospital until March 1, 2011. These hospitals will have access to an uncompensated care pool. [Q] Is the uncompensated care pool only available to hospitals? [R] Yes.

Comment from “Conversations...” attendee that this uncompensated care pool for rural hospitals is only \$20 million, which will go quickly.

Suggestion from “Conversations...” attendee that counties be contacted to see if they could possibly cover the premiums on MN Health Care programs which would then give people access to both Mental Health, as well as medical care.

Comment from “Conversations...” attendee that expanding Medical Assistance to adults without children would help cover the former GAMC people, if the governor (current or next) applies to the federal government.

State Liaison noted that there is a lot of information included in the NAMI report. She also noted that this report is not an official DHS document, that it was put together by the National Alliance on Mental Illness of Minnesota.

9. Education & Training Committee – Reports from the CSN Conference:

- * Written report by Gloria Johnson included in meeting packet
- * Verbal report given by Rita R. Smith to “Conversations...” group.

10. Community Based Adult Mental Health Services –

- | | | |
|---|---|--|
| A. Socialization Projects – Douglas, Pope, Stevens, Traverse | | |
| B. Employment – including Douglas Co. Social Services, and Prairie Community Services | | |
| C. Housing – include Bridges-like and Shelter Plus Care | D. Crisis Prevention | |
| E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse | F. Milestones IRTS (Intensive Residential Treatment Services) | |
| G. ACT (Assertive Community Treatment) Team (1) Program Report (2) Board Report | H. Community Behavioral Health Hospitals | |
| I. Safety Net – including Flexible Funds | J. Training and Education | K. Day on the Hill |
| L. Douglas County Saturday Transportation | M. Warm Line | N. Pope County Drop In Center |
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| R. Homeless to Housed Committee | S. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com | |
| T. Transportation | U. Grant County Drop-In Center | |

11. Announcements – Lorraine Pierce announced that DHS has an Intern who is doing research on Drop-In Centers.

12. Agenda for July 13, 2010 “Conversations...”

(1) Work Groups meet

Location: To be determined

NOTE: The July 13, 2010 meeting will be held at the American Legion in Wheaton, MN

2010 “Conversations...” Meeting Schedule

August 10 September 14
October 12 November 9 December 14