

Summary of April 13, 2010 meeting – “Conversations...” a meeting of the Region IV South Adult Mental Health Initiative serving Douglas, Grant, Pope, Stevens, and Traverse Counties.

“A Conversation ...”

April 13, 2010~ Those Attending:

*Janine Anderson		*Caroll Anderson	Pope Co. LAC-Consumer
*Justin E. Anderson	Pope Co. LAC-Consumer	*Kesha Anderson	Reg 4-S Crisis Program
*Rhonda Antrim	Traverse Co. Social Services	*Michele Bankord	PCS
*Sue Boese	Com. Behavioral Health Hosp.-Alex.	*Randy Bouwman	Pope Co. LAC
*Edith Brasel	Pope Co. Consumer	*Earlene Brosh	Pope Co. LAC
*John Cosco	Com. Behavioral Health Hosp.-Alex	*Mark Erickson	Stevens Co. Resident
*Patricia Eggers	Grant Co. Resident	*Judith Fox	Traverse Co Socialization -Consumer
*Al Glaseman	Douglas Co. HRA	*Leanne Harmsen	PCS – Pope LAC
*Dawn Hartman	PCS-Tokawood	*Stacy Hennen	Grant Co. Social Services
*Travis Herdebu	Pope Co. LAC –Consumer	*Liz Hinds	Stevens Co. LAC
*Roxanne Hoskins	Reg 4-S ACT	*Gloria Jahrmann-Johnson	Pope Co Resident
*Kelly Irish	PrimeWest Health	*Michael Irvin	Pope Co Drop-In Center
*Sharon Johnson	REM Central Lakes, Inc.		
*June Kedor	Douglas Co. - Consumer	*Scott Kent	City of Alexandria
*Amy Kiehn	Douglas Co LAC –Consumer	*Bill Klein	Lakeland Mental Health Center
*Kay Lagred	Pope Co. Public Health	*Shelly Leonard	Pope Co.-LAC, Center Coord. -Consumer
*Dennis Lindor	PCS – Traverse Co. LAC	*Claudia Liljegren	Lakeland Mental Health Center
*Char Lundebrek	Pope County Human Services	*Keith Lundsetter	PCS
*Carolyn Mallery	Douglas Co. –Consumer	*Joyce Moen	Pope Co Resident
*Joanie Murphy	Stevens Co. Human Services	*Michaela Niblett	PCS –Castlewood
*Howie Ogaard	PCS – Fleetwood	*Brandon Pearson	Pope Co. Resident
*Marilyn Palm	PCS-Maplewood	*David Pearson	Pope Co. LAC
*Joyce Pesch	Reg 4-S AMHI	*David Peterson	Milestones
*Elaine Peterson	Pope Co. LAC –Consumer	*Mary Petersen	Douglas CO. Social Services
*James Pew	SCMC	*Lorraine Pierce	MN DHS – Mental Health Division
*Daryl Quick	Grant Co - Resident	*Corrina Rost	PCS-Birchwood
*Jody Shaskey-Setright	Lutheran Social Service	*Karen Schulz	Pope Co. LAC –Consumer
*Ronna Severson	Pope Co. Human Services	*Rita R Smith	Douglas Co. Resident
*Julie Sonju	Douglas Co. Resident	*Cheryl Stamer	Grant Co. LAC
*Jed Stump	PCS-Ashwood	*Eva Swensrud	Pope Co. LAC – Consumer
*Lucille Tullis	Pope Co LAC – Consumer	*Ken Volk	Douglas Co.-Consumer
*Mary D. Volk	Douglas Co. –Consumer	*Gloria Wartner	Pope Co LAC
*Emma Westrom	Grant Co. LAC		
*Deb Hengel	Facilitator		

ADDRESS ADDITIONS / CHANGES:

Add: Michael Irvin
*
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Glenwood, MN 56334

Mailing Address for Region IV South AMHI

**Correspondence well as bills and vouchers:
should be mailed to**

Region IV South AMHI
PO Box 222
Elbow Lake, MN 56531

Region IV-S AMHI Administrator:

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**Purpose of Meeting Tuesday, April 13, 2010
Held at Hoffman Community Center**

Welcome & Introductions

1. Approval of Agenda *Additions, *Clarifications, *Changes
2. Work Group Meetings
3. Approval of summary of March 9, 2010 “Conversations...” meeting
4. Meeting Packet Information – Joyce Pesch
 - A. Quarterly Reports
 - B. Financial Report
5. AMHI Administrator’s Report – Joyce Pesch
6. Region 4-South Adult Mental Health Initiative Governing Board Report – Joanie Murphy
7. State Advisory Council Report
8. State Liaison Report - Lorraine Pierce
9. Agenda for May 11, 2010 “Conversations...”
10. Community Based Adult Mental Health Services –updates and reports
 - A. Socialization Projects – Douglas, Pope, Stevens, Traverse
 - B. Employment – *including Douglas Co. Social Services, and Prairie Community Services*
 - C. Housing – *include Bridges-like and Shelter Plus Care*
 - D. Crisis Prevention
 - E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse
 - F. Milestones IRTS (Intensive Residential Treatment Services)
 - G. ACT (Assertive Community Treatment) Team (1) Program Report (2) Board Report
 - H. Community Behavioral Health Hospitals
 - I. Safety Net – including Flexible Funds
 - J. Training and Education
 - K. Day on the Hill
 - L. Douglas County Saturday Transportation
 - M. Warm Line
 - N. Pope County Drop In Center
 - O. Stevens Co Drop In Center
 - P. Traverse County Support Group
 - Q. Web Site – www.r4sconversations.org
 - R. Homeless to Housed Committee
 - S. Public Relations - Anti-Stigma Campaign – www.reallifeconversations.com
 - T. Transportation
 - U. Grant County Drop-In Center
11. Announcements
12. Special Presentation: Doug Seilor – State Operated Services RE: *Executive Summary of the State Operated Services Report to the 2010 Legislature on Transformation of the Chemical and Mental Health Services*

THE SUMMARY:

Introductions... Name and role in the AMHI ...

1. Agenda Approval, Additions: Approved as presented

2. Work Group Meetings – Summary notes:

TRANSPORTATION:

Members: Amy Kiehn, Judith Fox, Mary D. Volk, Ken Volk, Liz Hinds, Rhonda Antrim, Rita R. Smith, Julie Sonju, Stacy Hennen, Emma Westrom

DISCUSSION POINTS:

1. Barriers to socialization – all counties have needs Saturday/evenings/able bodies/expense
 - no load miles / Government reimbursement based on medical appointments / AT requirements (costs)
 - limited hours (accessibility)
 - inter-county connections
2. Resources - Saturday Bus (Douglas)
 - Rainbow Rider (Traverse) (Douglas) (Stevens) (Pope)
 - \$2 five or less miles; \$4 5-10 miles; \$5 10 or more miles.
 - Volunteer drivers \$10 each way plus mileage
 - Alpha (Grant)
 - Morris Transit (Stevens) –
 - \$1 with 2-hour notice (inexpensive)
 - Taxis (Douglas)
3. West Central Community Action – committee working on transportation

ACTION ITEMS:

1. Judith Fox / West Central – will connect with them
2. Rhonda will give Judith’s name to Janet for TAC
3. RR, promotional hours - option for 1 g gathering – Liz/Judith/Patricia/Amy

EMPLOYMENT:

Members: Elaine Peterson, Leanne Harmsen, Carolyn Mallery, Corrina Rost, Dennis Lindor, Joyce Pesch, Mary Petersen, Roxanne Hoskins, June Kedor

DISCUSSION POINTS:

1. Invite VRS to our discussion. Concerns about Vocational Rehab
2. Develop interagency protocol for hiring. Use work experience there for future employment.
3. Disincentives to work – help consumers know the affect of earning money on their benefits so that can make informed decisions.

ACTION ITEMS:

1. Invite person from Voc Rehab to describe their program. ASSIGNED TO: Joyce Pesch
TIMELINE: Next month
2. Group members think of what hiring protocol the interagency should use. What jobs do currently hire for now?

MENTAL HEALTH / PHYSICAL HEALTH

Members: Justin Anderson, Carroll Anderson, Mark Erickson, Kelly Irish, Kay Lagred, Char Lundebrek, Ronna Severson, Jed Stump, Jim Pew, Earlene Brosch, Dawn Hartman, Michaela Niblett, David Pearson, Randy Bouwman, Jody Shasky-Setright, Karen Schulz, Gloria Wartner, Shelly Leonard, Travis Herdebu, Brandon Pearson, Michael Irvin, Howie Ogaard.

DISCUSSION POINTS:

1. Minnesota 10X10 overview /summary given by PrimeWest.
 - No changes to form, leave it as it is for now
 - Can others use the form or only “Health Partners Numbers?”
 - SNBC and other programs to help with case management / PH nurse

Note: These summary notes are a reflection of the discussions held at the April 13, 2010 “Conversations...” Meeting. They are not an approved record of the Region IV South Adult Mental Health Initiative until they are presented for approval at the May 2010 meeting.

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2. Set up screening clinics at Drop-In Centers where people are more likely to go.
3. Dental Clinic or free days in Alexandria for Adults
 - Is there dental program for people without coverage?

4. Make a checklist

ACTION ITEMS:

1. Everyone brainstorm for their unmet needs and bring back list so we can compile list of common goals
ASSIGNED TO: Everyone in the group TIMELINE: Next month's meeting

SERVICES FOR THE HARD TO SERVE:

Members: Marilyn Palm, Daryl Quick, Michele Bankord, Bill Klein, Joanie Murphy, Lorraine Pierce, Cheryl Starner, Al Glaseman, Keith Lundsetter, Sharon Johnson, Lucille Tullis, Eva Swensrud, Dave Peterson, Chad Meyer, Lucille Tullis, Edith Brasel, Scott Kent, Gloria Johnson, Claudia Liljegren, Joyce Moen, Vivian Bjore

DISCUSSION POINTS:

1. How identified – Housing: criminal conviction, compliance (behavior) (with the resources we currently have, they can get served with background. ‘Safety Net’ – support groups – Probation requirements, intense staffing; training for staff.
2. How wide (counties) is problem? What would it take to allow a convicted/violent individual housing? Three levels of clientele {We need evaluations}: 1) unremitting symptoms; 2) borderline; and 3) anti-social – violent history. Levels 1) & 2) need rewards.
3. Biggest problem: Not enough clients to make it a government / financial need. Assessments are done in jail, but not always treatment.
- 4) How can we serve those that are not in the system?

ACTION ITEMS:

1. Supplement / Enhance current staffing
2. Refer to out of county facility
3. Get records (numbers) of counties that have similar clientele.

- [1] Check out facilities that offer intense treatment. ADSSIGNED TO: Lorraine Pierce will check other IRTS
- [2] listen to State's plan for Safety Net. ASSIGNED TO: All
- [3] All continue to brainstorm and bring back to next meeting.
- [4] Talk to other counties to see what numbers we are talking about. ASSIGNED TO: Joanie Murphy will contact other County Directors.

3. Approval of summary of March 9, 2010 “Conversations...” meeting: Approved as presented.

4. Meeting Packet Information – Joyce Pesch

4-A. Information –

[1] One time SFY 2011 Grant Decrease – Letter from Sharon Autio. Initiative will have a \$114,434.00 reduction.

[2] Technical Assistance Flyer – Melinda Shamp, DHS – Tuesday, May 4, 2010 at Hoffman Community Center. The purpose of this session is to promote a common understanding between all ARMHS providers and the county staff in the Initiative area clarifying appropriate ARMHS referrals and services, with specific emphasis on connecting the service to the functional assessment and the statement of medical necessity.

4-B. Program Openings – [1] Prairie Community Services

4-C. Reports including in meeting packet: AMHI Administrator encouraged all to review and read these reports to see what is being done and how many people are being served.

- [1] Administrator's Report
- [2] Pre-petition Screening Coordinator's Report
- [3] Crisis Response Services Manager
- [4] PCS Supportive Employment Program, Jan-March, 2010
- [5] Incentive Program – Jan-March, 2010
- [6] Reach Out for Warmth – Jan-March, 2010

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- [7] Recruitment – Jan-March, 2010
- [8] Initiative Housing – Douglas CO. HRA – YTD April, 2010
- [9] Pope County F.U.N> Bunch – Jan-March, 2010
- [10] Pope County (Community Partners) Drop In Center – Jan – March, 2010
- [11] Pope County Transitional Housing – Jan-March, 2010
- [12] Pope County Flexible Funding – Jan-March, 2010
- [13] Douglas County Socialization (Vikingland0 – Jan-March, 2010
- [14] Douglas County Saturday Transportation – Jan-March, 2010
- [15] Douglas County Transitional Housing – Jan- March, 2010
- [16] Stevens County Social Club – Jan-March, 2010
- [17] Stevens County Drop In Center – Jan-March, 2010
- [18] Traverse County Flexible Funds – Jan-March, 2010
- [19] Traverse County Transitional Housing – Jan-March, 2010
- [20] Traverse County Support Group – Jan –March, 2010
- [21] Traverse County Socialization- Jan-March, 2010
- [22] Stevens County Transitional Housing – Jan-March, 2010
- [23] Stevens County Flexible Funding – Jan-March, 2010
- [24] Assertive Community Treatment – Jan-March, 2010
- [25] Grant County Flexible Funding – Jan-March, 2010

4-D. Financial Statements

[1] Financial Reports for March 2010 – Noted: Change in the format of the report. The front sheet is the base AMHI grant. This grant gives us the flexibility to design what we want to do and decide how to spend the funds. The back side of the sheet includes the targeted money (for example Crisis Response funding which can only be used for Crisis Response) and revenue / income received.

Called to the attention of the group was the line item for IRT – Intensive Residential Treatment. This line item was budgeted at \$6,000.00 based on historic information from the past three years. However, as a result of situations thru the Pre-Petition Screening, we’ve had a series of persons with middle class incomes who have been in the IRTS. The AMHI has been responsible for paying for the IRT services because: (1) an IRT is not included in the benefit set for private insurance, and (2) the VA will not pay for IRT services unless they (the VA) are directly providing the service. It was noted that our AMHI is not just for persons on public pay medical systems but for all individuals.

Also noted was that within our budget, our AMHI will shift unexpended areas into higher needs area – such as the IRTS.

[2] Recommendation from Administrator –

4-E’. Applications/Proposals (ACTION NEEDED)

[1] Douglas County Transitional Housing REQUEST *by Douglas County Social Services requested \$13,100.00 in Transitional Housing dollars for the remainder of 2010.*

Discussion: Question posed as to how much do we have in Transitional Housing?

REPLY: We have two areas of Transitional Housing in our Budget: (1) Transitional Housing/non housing portion for \$18,400 and (2) Transitional Housing /Housing portion for \$18,400 for a total Transitional Housing of \$36,800. However the following funds have been obligated out of this total: \$5,000 (YTD expenses) plus \$10,000 (for Pope and approved 3/9/10) plus \$6,100 (for Stevens and approved on 3/9/10) – for a total of \$21,100 obligated. When this \$21,100 is subtracted from the \$36,800 (total Transitional Housing) we have \$15,700 remaining in Transitional Housing dollars. If we recommend approval of the Douglas County request for \$13,100 that will leave us with \$2,600 in Transitional Housing for the remainder of 2010. Also noted that based on reports from Grant and Traverse Counties we can reasonably assume these two counties will have on request for Transitional Housing dollars in 2010.

ACTION: Motion by Dennis Lindor with second by Bill Klein, to recommend to the AMHI Governing Board to approve Douglas County’s request for \$13,100.00 for transitional housing. MOTION CARRIED by Consensus.

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5. AMHI Administrator’s Report – Written report included in meeting packet.

- Highlighted the fact that our AMHI is “self correcting” when a strategy is not working as smoothly as anticipated. The strategy for the Initiative to be the employer for the consumers providing services through our Consumer Directed Projects (like the drop in centers and the socialization programs) has been put ON HOLD at this time. This will allow us more time to come up with a better strategy.

- Noted that Joyce Pesch will serve as a “tri-chair” for an access workgroup as part of the continuing work on the “Transformation of the Chemical and Mental Services”

6. Region 4-South Adult Mental Health Initiative Governing Board Report – Joanie Murphy

The Governing Board has met with the Joint Powers Board. The AMHI is now the employer of record for the AMHI Administrator, The ACT Team Leader(s), the Crisis Response Manager, and Pre-Petition Screening Coordinator. The Governing Board will meet again on April 20, 2010

7. State Advisory Council Report – None presented

8. State Liaison Report- Lorraine Pierce:

- Updating Rule 47 – “Diagnostic Assessment”
- Improving Rule 36 variance language
- Working on the SOS Redesign – Noted that Doug Seilor – State Operated Services will be presenting more information on this during the afternoon session.

9. Agenda – May 11, 2010 – (1) **Work Groups Meet (significant time allowed)**

- (2) **Recommendations for what will be cut from AMHI Budget to reflect funding cuts in 2011**

“Working Lunch” 11:30 – Noon

10. Community Based Adult Mental Health Services –updates and reports were included in the Meeting Packet as noted in agenda item 4-C “Quarterly Reports”.

11. Announcements – Douglas County LAC will have a Balloon Release in connection to May Mental Health Month on May 20, 2010 at 2:00 p.m.

12. SPECIAL PRESENTATION: Doug Seilor-State Operated Services RE: Executive Summary of the State Operated Services Report to the 2010 Legislature on Transformation of the Chemical and Mental Health Services.

- Comment that more that 1,000 people participated in the 17 input sessions. Priority issues identified at these sessions is included on page 10 of the document: “Legislative Report: Chemical and Mental Health Services Transformation:” This redesign is due to (a) shortfalls from last legislative session and (b) the Governor’s unallotment in the last year, with a result of SOS having a \$17 million shortfall.
- Different levels of care will be put into place for across the State (page 4 of the Legislative Report document):
 - Level 1 psychiatric care centers in each region of the state and a new 24-hour Psychiatric Access Service.
- Question: Will the existing CBHH buildings be use? REPLY: No. In our area of the state sites such as Stanford Merit Care in ND or McKenna Alvera in SD may be used.
- Noted that DHS has 2012-2015 to get all the work done.
- QUESTION: Could the LOCUS rating scale be taught in school? REPLY: Yes, U of MN is a partner in this discussion.

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- PHASE ONE is to respond to the \$17 Million deficit – details of this were laid on page 7 of the Legislative Report document
- Comments on the proposed closing of the Dental Services offices in Fergus Falls, Cambridge, and Fergus Falls.
- Violent and Aggressive persons will now be at Anoka
- QUESTION: Has DHS worked with community partners to ensure community partnerships?
REPLY: The private and community partners were part of the discussion.
- QUESTION: Are all the services mentioned in the Legislative Report document to be SOS?
REPLY: No, if a private provider as interest in a service, SOS will not do it.

AMMENDED AGENDA ITEM: Recommendations from Training and Education Committee:

1. The Training and Education Committee recommends that reimbursement of 1 scholarship (\$500) per county be allowed for the MSSA Conference that was held.
ACTION: Motion made by Vivian Bjore with second by Roxanne Hoskins to approve this recommendation of the Training and Education Committee and pass this recommendation along to the Governing Board for their approval. MOTION CARRIED BY CONSENSUS VOTE
2. The Training and Education Committee recommends that 1 scholarship to the CSN Wellness and Recovery Conference on May 18-19, 2010 be allotted to each county. Scholarship will include: conference registration, hotel lodging, and 2 meals @ \$20 each). To be eligible for this Initiative scholarship a person must first apply for a CSN scholarship and be denied the CSN scholarship
ACTION: Motion made by Joanie Murphy with a second by Hope Kleinwachter to approve this recommendation of the Training and Education Committee and pass this recommendation along to the Governing Board for their approval . MOTION CARRIED BY CONSENSUS VOTE

2010 “Conversations...” Meeting Schedule

	June 8	
July 13	August 10	September 14
October 12	November 9	December 14