

Summary of December 8, 2009 meeting – “Conversations...” a meeting of the Region IV South Adult Mental Health Initiative serving Douglas, Grant, Pope, Stevens, and Traverse Counties.

“A Conversation ...”

December 8, 2009

Those Attending:

*Caroll Anderson	Pope County	*Justin E. Anderson	Pope Co LAC
*Pam Beyer	Community Behavioral Health Hospital	*Vivian Bjore	Grant Co. Social Services
*Christian Boe		*Randy Bouwman	Pope Co LAC
*Earlene Brosh	Pope Co LAC	*Laurie Burns	Stevens Co Human Services
*Noreen Carlson	Douglas Co. Social Services	*Robert Cornelius	Pope Co Human Services
*Heather Danner	ACT Team	*Patricia Eggers	Grant Co. – Consumer
*Mark Erickson		*Sheri Fish	Douglas Co Social Services
*Judith Fox	Traverse Co Socialization	*Al Glaseman	Douglas Co. HRA
*Leanne Harmsen	PCS – Pope LAC	*Liz Hinds	Stevens Co LAC –Consumer
*Roxanne Hoskins	ACT Team	*Gloria Jahrman-Johnson	Pope Co
*Sharon Johnson	REM Central Lakes, Inc.	*June Kedor	
*Amy Kiehn	Douglas Co LAC –Consumer	*Bill Klein	Lakeland Mental Health Center
*Hope Klenwachter	Douglas Co	*Catie Lee	PrimeWest Health
*Dennis Lindor	PCS – Traverse Co LAC	*Jacci Magnuson	Douglas Co.
*Carolyn Mallery	Douglas Co. – Consumer	*Chad Meyer	PCS – Corporate
*Joyce Moen	Pope Co.	*Melody Morgan	Lutheran Social Service
*Joanie Murphy	Stevens Co. Human Services	*Michaela Niblett	
*Jane Nygaard	Douglas Co.	*Marilyn Palm	PCS – Maplewood
*Joyce Pesch	Reg 4-S AMHI	*David Peterson	Milestones
*Elaine Peterson	Pope Co LAC	*James Pew	SCMC
*Joe Pixley		*Daryl Quick	Grant Co.
*Anita Renstrom	Douglas Co LAC – Consumer	*Karen Salem	Douglas Co.
*Deb Sater	Douglas CO. Social Services	*Karen Schulz	Pope Co LAC – Consumer
*Rita R Smith	Douglas Co	*Colleen Snyder	Pope Co LAC
*Debby Stark	Stevens Co. Social Club	*Cheryl Starmer	Grant LAC
*Jed Stump	PCS-Ashwood	*Eva Swensrud	Pope Co. LAC
*Lucille Tullis	Pope Co LAC	*Ken Volk	Douglas Co.
*Mary D. Volk	Douglas Co.	*Emma Westrom	Grant CO LAC – Consumer
*Deb Hengel	Facilitator		

ADDRESS ADDITIONS / CHANGES:

Add: Roxanne Hoskins

Reg 4-S ACT Team
1103 Broadway Suite 101
Alexandria, MN 56308

Change: Heather Danner

~~700 Cedar St. Suite 144~~ 1103 Broadway Suite 101
Alexandria, MN 56308

**Mailing Address for Region IV South AMHI
correspondence as well as bills and vouchers:
should be mailed to**

Region IV South AMHI
PO Box 222
Elbow Lake, MN 56531

Region IV-S AMHI Administrator:

Joyce Pesch
E-mail: joyce.pesch@r4south.org
Phone: 218-685-8229
FAX – 218-685-6414

Summary of December 8, 2009 meeting – “Conversations...” a meeting of the Region IV South Adult Mental Health Initiative serving Douglas, Grant, Pope, Stevens, and Traverse Counties.

**Purpose of Meeting Tuesday, December 8, 2009 –
Held at Hoffman Community Center**

Welcome & Introductions

1. Approval of Agenda *Additions, *Clarifications, *Changes
2. Approval of summary of November 10, 2009 "Conversations..."
3. Work Group Meeting *Did not occur. Replaced with discussion on:*
 - 3-A. *Proposed Work Groups for 2010*
 - 3-B. *Cancellation Policy and Weather-related announcements for “Conversations...”*
4. ACT Board Positions: (1) Mental Health Provider (2) Consumer
5. Budget Review Team’s Recommendations for 2010 Budget
6. Fiscal Host Report – Stacy Hennen
7. Financial Report - Joyce Pesch
8. AMHI Administrator Report - Joyce Pesch
9. State Advisory Council Report
10. State Liaison Report - Lorraine Pierce
11. Reports from Work Group Meetings –
12. Community Based Adult Mental Health Services –updates and reports as needed
 - A. Socialization Projects: *Douglas, Pope, Stevens, Traverse*
 - B. Employment – *including Prairie Partners, Douglas Co. Social Services, Prairie Community Services*
 - C. Housing – *include Bridges-like and Shelter Plus Care*
 - D. Crisis Prevention
 - E. Aftercare Services: (1) Intensive ARMHS (2) Aftercare Nurse
 - F. Milestones IRTS (Intensive Residential Treatment Services)
 - G. ACT (Assertive Community Treatment) Team: (1) Program Report (2) Board Report
 - H. Community Behavioral Health Hospitals
 - I. Safety Net – including Flexible Funds
 - J. Training and Education
 - K. Day on the Hill
 - L. Douglas County Saturday Transportation
 - M. Warm Line
 - N. Pope County Drop In Center
 - O. Stevens Co Drop In Center
 - P. Traverse Co Support Group
 - Q. Web Site – www.r4sconversations.org
 - R. Homeless to Housed Committee
 - S. Public Relations - Anti-Stigma Campaign - www.reallifeconversations.com
 - T. Transportation
 - U. Grant County Drop In Center
13. Announcements
14. Next Agenda – Tuesday, January 12, 2010
Set schedule for 2010:

The Format...

Introductions... Name and role in the AMHI ...

1. Agenda Approval, Additions: Approved as presented

2. Approval of summary of November 10, 2009 “Conversations...” meeting: Approved as presented

PAGE 4:

3. Work Group Meeting: *Work Groups did not occur. Replaced with discussion on:*

3-A. Work Groups for 2010 as proposed by Region 4-S AMHI Administrator, Joyce Pesch:

- (1) Transportation – strategies for getting to socialization events, drop in centers, etc. that will work for small counties as well as large counties, and be affordable.

COMMENTS:

* add transportation to work

* add transportation from ER to Mental Health hospital for family members along with patient/client

- (2) Services for the “hard to serve” population.
- (3) Employment – an overall five county employment strategy, including supported employment and our consumer directed projects as a vehicle for employment opportunities for individuals with a mental illness.
- (4) Mental Health/physical health – Integration strategies and approaches.
 - * “Medical Home” a part of integrated care.
 - * Mental health cares is not a “social problem”, but a health care issue
- (5) Others as needed – For example Training

QUESTION: Would these proposed four work groups replace the existing groups?

REPLY: Other than the Training and Education Work Group, the other current Work Groups could meet on occasional basis to tweak projects.

COMMENT: We are looking to have creative Work Groups that have a meaningful purpose.

ACTION: Consensus of “Conversations...” that the proposed Work Groups be adopted as discussed

3-B Cancellation Policy and Weather-related announcements for “Conversations...” The following methods will be used to let people know about “Conversations...” cancellations: (1) TV: KSAX TV-Alexandria, (2) RADIO: KIK FM – 100.7 FM, KXRA-1490 AM, KMRS-1230 AM, KKOK-95.7 FM, (3) E-mails sent to all on “Conversations...” e-group, (4) Calling the Region 4-S AMHI’s office: 218-685-8229 for a recorded message, (5) Announcement on Region 4-S AMHI’s website: www.r4sconversations.com.

4. ACT (Assertive Community Treatment) Board Positions: Background information provided: The ACT Board meets monthly. Brief meetings are held immediately following the regular monthly “Conversations...” meeting with a longer meeting held once a quarter in Alexandria. Consumers are paid \$50 per diem for the quarterly meetings. The groups selecting an ACT Board representative for the two year term to begin in January, 2010, then caucused with the following selections:(1) Mental Health Provider- Michaela Niblett (2) Consumer – Hope Kleinwachter (with Jacci Magnuson as a close second).

5. Budget Review Team’s Recommendations for 2010 Budget Joanie Murphy presented the recommendations of the Budget Review Committee. Written material distributed. Comments included:

- * Noted that the budget presented was tentative at this time, dependent on the resolution of “independent contractor” vs. “staff” designations. Agreed to work toward consistency across all five counties.
- * Douglas Co. Socialization – discussion needed on the percentage for the Administrative Fee allowable.
- * Community Partners (Pope Co.) Drop In Center: More information needed on “commodities.”
- * Warm Line – the budget listed was a full year’s budget

Summary of December 8, 2009 meeting – “Conversations...” a meeting of the Region IV South Adult Mental Health Initiative serving Douglas, Grant, Pope, Stevens, and Traverse Counties.

* Douglas County Employment – revisit the \$10K additional request when there is an employment strategy for the Initiative.

* Training Committee: Wanted more details of two proposed training sessions. Approved additional media for Real Life Conversations. Need more info on Tutorial DVDs. Day on the Hill: set threshold (quota) of certain number of consumers registered for independent contractors to receive stipend.

* Public Relations Placeholder (www.reallifeconversations.com) : Need work plan

* Lakeland Mental Health Outpatient – Goal is to open up more caseload to improve penetration rate for services to persons with SMI / SPMI.

* Incentive Program – Additional information presented to the “Conversations...” group about the purpose of the Incentive Program. It is for individuals with SPMI living in Foster Homes. The Incentive Program provides the resources to offer incentives to help these individuals achieve their quarterly goals as listed in their individual service plans, to help them obtain their highest level of functioning. Requests for Incentive Program funds to be used for small incentives are made to Michelle Bankord at Prairie Community Services.

>Noted that Joyce Pesch, Region 4-S AMHI’s Administrator will be contacting the various Project Coordinators to follow up on concerns, questions as noted in the Project Review Committee’s Recommendations report.

>Noted that the WarmLine is currently in a transitional period as details are sorted through to ensure that the WarmLine meets the needs of the Region 4-S AMHI and connects with individuals in all counties of our Initiative. Potential change is to have local supervision done by AMHI Crisis Manager, without turning the WarmLine into a Crisis Line. Desire is maintain the WarmLine as a peer-to-peer support resource.

6. Fiscal Host Report – Stacy Hennen, Grant County Social Services: None presented

7. Financial Report & Description of items in the meeting packet (folder) – Joyce Pesch

7-A. Information pieces:

[1] Memo from Roger Schwab

7-B. Program Openings

[1] Prairie Community Services Program Openings

7-C. Reports including in meeting packet: Third Quarter Reports:

[1] Administrator’s Report – November, 2009

[2] Pre-petition Screening Coordinator’s Report – November, 2009

[3] Crisis Response Services Manager – November, 2009

[4] Douglas County HRA – YTD through December, 2009

7-D. Daily Agenda

7-E. Financial Statements

[1] Financial Reports for November, 2009. Noted that December bills are not paid out so these expenses are not reflected in this report. Noted that the CIT will be total spent out at the end of the Trainings. Noted that Pre-petition Screening /Hearing (5 county team development) line item includes Expenses for additional time & costs for the coordinator at the development stage, as well as the current Pre-Petition Screening Coordinator. Noted that the line item for Project Executive-Salary, Fringe and all Support includes Administrator and also expenses related to attorney’s fees for the Joint Powers Agreement and the start-up fees for the chart of accounts.

Announcement- There will be a final run on December 29, 2009 for payment of any bills for expense incurred in 2009. Therefore all outstanding bills should be sent to Joyce Pesch no later than 5:00 p.m. on December 28, 2009 in order for these expenses to be accounted for in the 2009 fiscal year. Noted that our AMHI can carryover up to \$50,000.00.

Noted: Transitional Housing Funds can be requested at any time during the year, but cannot exceed what has been spent the previous 12 months.

Summary of December 8, 2009 meeting – “Conversations...” a meeting of the Region IV South Adult Mental Health Initiative serving Douglas, Grant, Pope, Stevens, and Traverse Counties.

7-D. Applications/Proposals (ACTION NEEDED)

[1] Request for anti-stigma/public education funding – Pope Co Local Advisory Council for \$2,350.00

REQUEST APPROVED by consensus.

[2] Transitional Housing Funds Request – Douglas County Social Services for \$2,000.00

REQUEST APPROVED by consensus

[3] Project Review Committee Recommendations - See Agenda Item #5 for presentation comments and discussion.

Motion made by Deb Sater, with second by Cheryl Starnner to accept the Project Review Committee’s Recommendations

MOTION APPROVED by majority vote.

8. AMHI Administrator’s Report – Written report included in meeting packet Comments included:

- ACT Team – Renee Iverson has moved from the area. Her last day was on Friday, December 4, 2009. Roxanne Hoskins and Heather Danner will serve as interim co-team leaders for the ACT Team in the transition to the ICRS (Intensive Community Rehabilitation Services) format.
- Kesha Anderson has been hired to replace Craig Gagnon as the Manager for the Crisis Response Program. Kesha will be starting on December 14. Craig’s last day with the AMHI will be December 18. He will be continuing his education.
- Regarding the Consumer Directed projects, Joyce will be working with the fiscal hosts and consumers in each of the current consumer directed projects to transition each independent contractors into a staff position. Since the Region 4-S will be an independent agency as of January 1, 2010, we will be able to be the employer of record for the staff with the consumer direct projects. Supervision for the local projects will, however, happen as it currently is happening at the local level. The Attorney for Region4-S recommends that no position be for more that 14 hours per week. It is also important that we don’t do anything to cause a consumer to lose disability benefits.
- ACT will be moving into the ICRS (Intensive Community Rehabilitation Services) format. This will be looked at by the ACT Board.
- Joyce distributed a “Conceptual Overview of the Proposed ACT/ICRS/Case Management /Crisis Response/Crisis Stabilization (or whatever we want to name it)” service delivery approach. Listed proposed changes and benefits of these changes. Pooling funds will allow us to provide a 24-7 response. Proposing to split the ACT/ICRS into East and West teams who would share a psychiatrist. There was discussion on (1) the staffing, (2) location for East and West Teams (needs to have access to T-One Line, which is a super fast Internet connection allowing the speed needed for the ICRS/ACT Team to connect, in addition provides for a secured server that the Crisis Data Base needs), and (3) change in amount of resources needed if proposed service delivery approach is adopted (proposal could share second and third shift coverage)..

Question: If the estimated population base needed for an ICRS is 75-77, how do we know we have enough to meet this number? REPLY: We need to serve the full range of people ... so need to serve those people whose services needs fall between what can be provided through CSP and ARMHS and what is offered through and ICRS or ACT teams.

[Q] Would people have to “sacrifice” their own psychiatrist to be involved with the ICRS? [R] Yes, people will need to switch to the psychiatrist serving the ICRS/ACT because this will allow for better service and team consultation.

Comment: We consumers have had to change psychiatrist on occasion anyway.

9. State Advisory Council Report – None presented

10. State Liaison Report- Lorraine Pierce: None presented

11. Reports from Work Group Sessions None held, therefore no reports.

Summary of December 8, 2009 meeting – “Conversations...” a meeting of the Region IV South Adult Mental Health Initiative serving Douglas, Grant, Pope, Stevens, and Traverse Counties.

12. Community Based Adult Mental Health Services –updates and reports

- A. Socialization Projects’ Activities:** –Stevens: Trivia and Pizza with 14 attending. Taco Lunch with 16 attending. Buddy program had 8 participating. Total unduplicated people = 19 for the month. December activities to include Bingo, Christmas Party, Breakfast at the Drop-In Center. Traverse: Events on 1st and 3rd Mondays. Game activity was popular. Pope: Movie Night with 28 people attending. Christmas Party on December 17 at the Minnewaska House with selected menu. 30 people registered so far. Douglas: Party at Arrowwood had 30 people attending.
- B. Employment** – including *Prairie Partners- Douglas Co. Social Services and Prairie Community Services*:
- C. Housing** – include *Bridges-like and Shelter plus Care*: Written report in meeting packet.
- D. Crisis Prevention** – Crisis Response Services Program will be starting in Douglas on December 7. Right now the time will be from 4:00 p.m. – midnight as the only shift, with plans to move to two shifts and weekends starting January 2010. Glacial Ridge in Pope County will be starting sometime in January. It will have the same coverage as Douglas County will have at that time.
- E. Aftercare Services** – (1) Intensive ARMHS (2) Aftercare Nurse
- F. Milestones IRTS** (Intensive Residential Treatment Services): Currently on respite bed open and I crisis bed open.
- G. ACT** (Assertive Community Treatment)
- H. Community Behavioral Health Hospitals**: Census of 11
- I. Safety Net** – including Flexible Funds:
- J. Training and Education**:
- K. Day on the Hill**: Scheduled for February 16, 2010. Flyers to be available at January “Conversations...” meeting. Sign-up with county contacts. Douglas: Amy Kiehn; Grant: Pat Eggers; Pope: Gloria Johnson; Stevens: Liz Hinds; and Traverse: Judith Fox. Bus will leave on February 16, 2010 at 6:45 a.m. from the upper parking lot at Douglas County Social Services. \$15.00 stipend for food costs.
- L. Douglas County Saturday Transportation**: Recent fire at the bus garage in Barrett did not involve the buses used for Saturday Transportation program.
- M. Warm Line**:
- O. Stevens Co Drop In Center**:
- P. Traverse County Support Group**:
- Q. Web Site** – www.r4sconversations.org - Reminder for people to submit info and dates of events and activities.
- R. Homeless to Housed Committee**:
- S. Public Relations - Anti-Stigma Campaign** – www.reallifeconversations.com
- T. Transportation**:
- U. Grant County Drop In Center** - Hoping to start up in January, 2010. .

13. Announcements - Cake was served in honor of Craig Gagnon and Renee Iverson

14. Agenda – January 12, 2010 (1) Region 4-S AMHI statement for Day on the Hill

2010 Meeting Schedule		
February 9	March 9	
April 13	May 11	June 8
July 13	August 10	September 14
October 12	November 9	December 14